



Established 1967

[www.lucannewsletter.ie](http://www.lucannewsletter.ie)

Sub. 80c

Sunday 11<sup>th</sup> October 2020

## Deserted cities.....

February seems a long-long time ago now when we first heard rumours of a killer Virus in far away Wuhan, a city most of us had never heard of in our lives. It's a name we won't now easily forget. The Corona virus has cast a shadow that stretches right across our planet bringing normal life to a virtual standstill. The streets of capitals all over the world which are usually thronged by tourists throughout the summer and autumn months have been eerily quiet, and the great concert and theatre venues deserted. Normal celebrations like birthdays and anniversaries as well as weddings, retirement dos etc. have all had to be cancelled, what was once the commonplace and the everyday has become something we can only longingly hope can return when some kind of normality is restored.



The recent Level-3 has now been extended nationwide and once again we find severe restrictions on everything from Discotheques to church services. I don't think I'll ever get used to celebrating Mass in an empty church building to a camera mounted on the wall, but it does at least offer a point of contact for parishioners who can be present in spirit if not in body. In times past such a pandemic would have meant total disconnection from one another – thank God for technology.

Our government need the wisdom of Solomon in these times. On the one hand the medics stress the need for total lockdown once again, while this has to be balanced against the effects on people's livelihoods and futures. It's a delicate balancing act and we can only hope and pray that they have struck the right balance. Politically speaking our government have taken the helm of the ship of state in the midst of a violent storm, and whatever our political allegiances we do well to pray for them and support the course they have charted; a great deal depends on it being the right course.

Many people are facing ongoing financial hardship particularly those in the hospitality and entertainment sectors whose place of work have completely shut shop, and while the Covid payment measures have been of considerable help, what is required is a return to normality.

If we all play our part and observe both the letter and the spirit of the guidelines in force, we stand a good chance of defeating this microscopic enemy. The mantra of NPHET is to limit our contacts and do nothing to give the virus an opportunity to spread. Yes it's difficult, yes it's a pain in the neck, but the alternative is to give free reign to Covid-19 and see more and more people infected and die.

We must keep up the efforts, lives depend on it.

*Philip Curran  
St. Mary's Lucan*

## Lucan Citizens Information Centre

[www.citizensinformation.ie](http://www.citizensinformation.ie)



**The CIC office is closed for personal callers until further notice.**

During the COVID-19 pandemic, you can find comprehensive integrated information online at [citizensinformation.ie/covid19/](http://citizensinformation.ie/covid19/) and you can get daily updates on what's changed on Twitter at @citizensinfo. You can also get information and advice from: The Citizens Information Phone Service: Call 0761 07 4000, Monday to Friday, 9am – 8pm.

**Our national call back service:** Visit [citizensinformation.ie/callback](http://citizensinformation.ie/callback) to request a phone call from an information officer. A limited number of appointments are being made in Citizens Information Centres offices where social distancing can be facilitated.

You can ring 0761 07 5000 and leave a message, and an information officer will return your call, or you can email [Ballyfermot@citinfo.ie](mailto:Ballyfermot@citinfo.ie) and an information officer will reply to your email.

### MABS - Money Advice and Budgeting Service

If you're behind in your mortgage payments, you may be worried about losing your home.

Talk to your lender. If you can't - talk to MABS.

MABS now has a dedicated confidential, free, and independent mortgage arrears service.

MABS is a one-stop-shop for mortgage debt advice and referral.

No matter what your situation is, MABS will help you work out the next steps.

#### **Take control of what happens next.**

Call MABS today on 0761 07 2000 for independent information, advice and referral.

### How to keep your child safe online

If your child spends time online, you should understand the risks that could put them in danger. Online dangers include:

**Loss of privacy:** Sharing information in public that should be kept private (after information is posted online, it is outside your child's control)

**Inappropriate content:** Adult material, hate speech, violence, dangerous dares or challenges

**Cyberbullying:** Bullying in the form of abusive and threatening texts or emails, messages on social media and chat rooms, or the posting of photos or video clips

**Online grooming:** Individuals targeting children through sexual coercion or extortion, usually on social media or gaming platforms

The most important thing is to communicate with your children about what they are doing online. Familiarise yourself with the apps and websites they are using.

Talk to your child about the important features and settings they can use, including:

How to adjust the security and privacy settings

How to block or unfriend someone

How to delete their own profile and account

How to deal with inappropriate content (such as: turn off the screen, use the back button, tell a trusted adult, or report the content to the website or app where they found it)

There are also practical ways to safeguard your child online. These include using:

**Parental controls:** Allowing you to manage your children's use of online services and devices

**Filters:** Restricting access to specific content by using services such as SafeSearch on search engines

**Time tracker tools:** Keeping track of your child's social media use through tools available on social media apps

Learning about the internet is the most effective way for you to protect your child from online dangers. You can get lots of practical information and advice on online safety at:

The Irish Society for the Prevention of Cruelty to Children (ISPCC): Has information on its parenting hub about online safety and children's exposure to inappropriate content

CyberSafeIreland: Works to educate children, parents and teachers in online safety and has a dedicated advice page for parents

Webwise.ie: Gives you access to expert advice, information on the latest apps and social networks, and a how-to guide on setting up parental controls – on its parents' hub

Hotline.ie: Provides safety advice for parents and children using the internet

National Parents Council Primary (NPC Primary): Has a helpline for parents on internet safety issues and also provides online and face-to-face training courses

Safer Internet Day (SID): Is an EU-wide initiative to promote safer internet use for all, and is promoted in Ireland by PDST Technology in Education and Webwise

Spunout.ie: Provides information on online privacy, safety and security – enter 'online safety' in its search box.

More information is available on the Citizens Information website.



### PLEASE NOTE:

We are **NOT** operating from the Newsletter Office at the moment, but leave your ads, queries or notices in the **letter box at St. Mary's Parish Centre, before 10pm on Wednesday night**, and we'll collect and look after them.

Alternately email any of the following:

[marylucannewsletter@gmail.com](mailto:marylucannewsletter@gmail.com)

[annalucannewsletter@gmail.com](mailto:annalucannewsletter@gmail.com)

[roselucannewsletter@gmail.com](mailto:roselucannewsletter@gmail.com)

[catherinelucannewsletter@gmail.com](mailto:catherinelucannewsletter@gmail.com)

## Lucan Community Garden

Are you interested in establishing a community garden in Lucan?

Please email [carolm03@yahoo.com](mailto:carolm03@yahoo.com) with your contact details

*All welcome*



## Saoirse Women's Refuge

Saoirse Women's Refuge Mission is to: Address and combat the crime of domestic abuse by providing a safe, supportive and confidential environment through our refuge accommodation, helpline and outreach service for women and children experiencing this crime every day.

<http://www.saoirsewomensrefuge.ie/>

**24 Hour Helpline 01-463 0000**

## VHI Virtual Women's Mini Marathon

Covid-19 meant that the VHI Women's Mini Marathon had to go 'virtual' this year, and so, Neasa, Jenny, Aisling and mum, Milla, took off around new and old Lucan taking in 10km, and raising much needed funds for Temple Street Hospital, a charity close to their hearts.



*Well done Girls, and good luck to all taking part in this year's Virtual Marathon!*



Come join Lucan Toastmasters for our Annual **Humorous Speech** and **Table Topics Contest** **Thursday 15<sup>th</sup> October from 7:45pm on Zoom**

Email [vpmlucantostmasters@gmail.com](mailto:vpmlucantostmasters@gmail.com) for your exclusive zoom invitation.

# Parish Notes

**St Mary's, Lucan**  
[www.lucanparish.com](http://www.lucanparish.com)

Mass will be available on the webcam at [www.lucanparish.com](http://www.lucanparish.com)

Monday to Saturday: 10am  
Sunday: 11am

## Webcam:

### Two Streaming Services to choose from:

Because of problems in recent times we have decided to offer two streaming services on a trial basis. If you experience problems using one, please switch over to the other. It would greatly assist us if having watched the Mass, you could take the time to complete the feedback form online.



## November Altar List of the Dead

Envelopes for the November Altar List of the Dead are available in the main church porch.  
Envelopes may be returned in the letterbox of the parish centre or in the sacristy.



## Private Prayer:

The church will be open daily from **10.30am to 6pm – Monday to Saturday** (funerals permitting) and **noon to 6pm on Sundays** for private prayer.

Please ensure social distancing when visiting the church and use hand sanitizers provided when entering and leaving.

**St. Patrick's**  
**Esker/Doddsboro/Adamstown**  
[www.stpatrickslucan.ie](http://www.stpatrickslucan.ie)

All masses will be livestreamed only during level 3 measures on [www.stpatrickslucan.ie](http://www.stpatrickslucan.ie)

**Sunday Masses:** Vigil Saturday 7pm, 9am  
10.30am Family Mass and 12 noon.



## Weekday Mass:

Masses on Tuesdays and Fridays at 10am.

View the following on [www.stpatrickslucan.ie](http://www.stpatrickslucan.ie)

Mass Readings for the week

Morning Prayer – Lauds

Evening Prayer – Vespers

Take five at 10 - Daily Reflections–Weekdays:  
10am

Taizé – Watch and Pray

## Divine Mercy, Lucan South

[www.lucansouthparish.net](http://www.lucansouthparish.net)

All Masses will be livestreamed only on [www.lucansouthparish.net](http://www.lucansouthparish.net)

## Sunday Masses:

Saturday Vigil 6.30pm,

Sunday 10:30am and 12.15pm

## Weekday Mass:

Monday to Friday 9:15am

Saturday 10am.

## Private Prayer:

While the Church is not open to parishioners for Mass, the Faustina Chapel is open for private prayer from **10am to 12 noon Monday to Friday.**

Please remember to sanitise your hands when you enter and wear a face covering if you would like to visit the Church so it can remain a safe space for everyone.

## Do Not Be Afraid

Many times, Jesus,  
you urged your friends not to be afraid.

I need to hear these words – indeed  
the whole world needs to hear them –  
as the siege under Covid-19 continues.

We fear a virus we cannot control,  
a virus we cannot see,  
a virus that separates us from one another.

Help us to trust your words and your  
presence

to know in our hearts that  
we need not be afraid.

Amen.

*Fr. Jim Lyons*

## Congratulations

to  
**Rosie and Paisy-Golly G  
Gallagher**

On their 60<sup>th</sup> Wedding Anniversary  
15<sup>th</sup> October 1960 – 2020

### Still in love

*From your children John, Paddy,  
Karen, Tony, (Derek), Lorraine,  
your 15 grandchildren and  
5 greatgrandchildren*



## A Special Word of Thanks

I wish to thank my many neighbours/friends for their continued support and kindness towards me during the past couple of years.

A special thanks to my dear friends Pat and Peadar who have journeyed with me so faithfully during this time.

As a token of my appreciation I am arranging to have a Mass offered for all your intentions. With love and gratitude.

*Eileen Johnson,  
Beech Park.*



COVID-19/ CORONAVIRUS  
SUPPORTLINE FOR OLDER PEOPLE

**0818 222 024**

TO VOLUNTEER YOUR HELP, VISIT  
**www.alone.ie**

## COVID-19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have

concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

## Look this UP

The word 'UP' – a small word is a common but flexible word in the English language.

How well UP are you in its many uses?

At a meeting many topics come UP.

It's UP to the Secretary to write UP the minutes.

Some people never speak UP, others never shut UP.

To be dressed is one thing, to be dressed UP is another.

He took UP with the wrong crowd, now he's UP the wall.

He always stirs UP trouble.

We call UP our friends, others look them UP.

We queue UP for tickets, do we ever give UP?

We can work UP an appetite.

Think UP an excuse when in trouble.

When a drain is clogged UP, we open it UP.

People go UP for election.

We open UP a store in the morning, and close it UP in the evening.

Can you think UP any more? Are you UP to it?

Don't give UP, things are looking UP.

What are you UP to now?

Look UP 'UP' in the dictionary to be well UP in English.

Don't let 'UP' just yet, it's UP to you, keep it UP.

Hope this leaves you on the UP and UP.

### UP the Dubs!

*Thank you to Brendan Ryan for sending us the above.*

**UP, UP and away  
my beautiful,  
my beautiful balloon.....**



## Anniversaries

### LALLY (MAUREEN)

10<sup>th</sup> Anniversary - 8<sup>th</sup> October

A mother's love is ageless  
A crown that she has won  
Today I mourn and honour her  
For all that she has done  
You felt so very lonely mum  
Ever since dad died  
But you can walk together now  
Forever side by side.

*Greatly missed by your loving daughter, Debbie  
son-in-law Peter and Grandchildren - Niamh,  
Karla and Aine xxx*



### LALLY (MAUREEN)

10<sup>th</sup> Anniversary - 8<sup>th</sup> October

Mom,  
Things I feel most deeply  
Are the hardest things to say  
Dearest Mom I loved you  
In a very special way  
If I could have one lifetime wish  
One dream that could come true  
I'd pray to God with all my heart  
For yesterday with you  
Missing you always.

*Dearly missed by your loving daughter Joyce,  
son-in-law Mark, grandsons, Jonathan, Ciaran  
and Matthew*

### LALLY (MAUREEN)

10<sup>th</sup> Anniversary - 8<sup>th</sup> October

Cherished memories of wonderful Mother and  
Grandmother.

You can only have one Mother  
Patient, kind and true  
No other friend in all the world  
Will be the same as you  
As we look upon her picture  
Sweet memories we recall  
Of a face so full of sunshine  
And a smile for one and all  
Sweet Jesus, take this message  
To our dear Mother up above  
Tell her how much we miss her  
And give her all our love.

*Dearly loved and greatly missed so much, Alison,  
Andy, Ruth, Alisha, Caden and Craig xxxx*



### McMANUS (PHILIP)

3<sup>rd</sup> Anniversary - 10<sup>th</sup> October

You left us beautiful memories  
Although we cannot see you  
You are always by our side  
Forever in our thoughts.

*Sadly missed by your wife Mary, son Declan,  
daughter-in-law Laura and granddaughter Molly*

### O'SULLIVAN (MARY - QUNNIE)

13<sup>th</sup> Anniversary - 11<sup>th</sup> October

Late of Dodsboro.

She never failed to do her best  
Her heart was true and tender  
She cared so much for those she loved  
And those she loved remember.

*Sadly missed by all her family*

## Birthday Remembrance

### GRIFFIN (JOHN - JOHNNY)

82<sup>nd</sup> Birthday - 12<sup>th</sup> September

Fourth away from home

"Those we love don't go away,  
they walk beside us every day,  
unseen, unheard, but always near,  
still loved, still missed and very dear"

**Happy Birthday Da**

*Lots of love always, Lil, Anne, Claire, Ed and  
John.*

**John** still loved and missed

*By your brothers Joe, Eddie and sister Nancy and  
all your nieces and nephews.*

**Happy Birthday Grandad xxx**

*With lots of love especially from your  
grandchildren - Saoirse, Finn and Molly who  
miss their Grandad up in heaven xxx*

Also, a very special date for Saoirse to remember  
as she celebrated her First Holy Communion on  
the day. Thanks for looking after them.

### BAPTISM CANDLES

Available from St. Mary's Parish  
Centre or Sacristy. **Cost €5.**



# Political Notes

## Shane Moynihan – Fianna Fáil

Email: [smovnihnan@cllr.s.dublincoco.ie](mailto:smovnihnan@cllr.s.dublincoco.ie)

Ph: 087 7840898.

[Facebook.com/cllrshanemoynihan](https://www.facebook.com/cllrshanemoynihan)

Twitter: @shanemoynihan

Instagram: cllrshanemoynihan

### Community Enhancement Programme:

South Dublin County Council is offering funding to community and voluntary groups, and not-for-profit organisations in Lucan and across the county. This funding is available for maintenance, improvement and upkeep of community centres and community buildings and other community facilities. Applications can be made until Friday 23<sup>rd</sup> October – contact me for further information.

### Healthcare measures:

I am pleased that residents in Lucan will be able to benefit from affordable healthcare measures announced this week which are to come into effect on 1st November. These include an increase in over 70s medical card thresholds to €550 per week for a single person, and €1050 for a couple a week, a reduction of 50 cent for prescription charges for all medical card holders and an increase in the Drugs Payment Scheme threshold by €10 to €114 per month.

## Emer Higgins TD, Fine Gael

Ph: 01 4013416 [emer.higgins@oireachtas.ie](mailto:emer.higgins@oireachtas.ie)

The Orchard, Lucan

### Covid Numbers:

Figures released to the end of September show that Covid is increasing in our area. The infection rate per 100,000 people in the Lucan area is now at **137.6** up from **83.8** two weeks ago and confirmed cases are now at **46** up from **28**.

Please continue to follow the Level 3 advice and help to bring down the infection rate in our community.

### Medical Cards:

56,000 more medical cards will be made available for people over 70 by increasing the thresholds. The changes were first introduced in Budget 2020 by the previous Fine Gael government. In addition prescription charges for medical card holders will be reduced to €1.50 per item and €1 for those over 70. The monthly cost of Drugs Payment Scheme has been reduced by €10 to €114.

## Gino Kenny TD – People Before Profit

Phone: 01-6183816.

Email: [gino.kenny@oir.ie](mailto:gino.kenny@oir.ie)

### BusConnects Lucan:

The updated BusConnects plan has been published. Some positive news is that there will be new local services linking Lucan and Clondalkin. However, there is no increase in the frequency of the 25A/B which is urgently needed. Also the 25 bus is gone so there will be no direct bus from Dodsborough to the City centre. The plan is available at [www.busconnects.ie](http://www.busconnects.ie). If you have any questions about this please email me.

### Dying with Dignity Bill:

There will be a vote on the Dying with Dignity Bill this week. Indications are that the government amendment will carry leading to the establishment of a Joint Oireachtas Committee which would report back to the Dáil within 12 months with recommendations.

## Ed O'Brien – Fianna Fáil

Constituency Office, 8A The Village Centre

Ph: 01 6105811. Mob: 087 7997609

E mail: [cobrien@cllr.s.dublincoco.ie](mailto:cobrien@cllr.s.dublincoco.ie)

Mayor of South Dublin County Council

### Covid Volunteers:

It was my great pleasure to meet with volunteers in the City West testing centre and present certificates to them to acknowledge the immense work they are doing. Many many people in our community are volunteering their time to help suppress the virus and we must now re double our efforts to help them and reduce the numbers of people requiring tests.

### Street Lighting:

As the evening grow dark faulty street lights are becoming more noticeable. If a street light in your area is not working please contact me with the lamppost number and I will try to have it repaired ASAP.

**The secret of making dreams come true can be summarised in the four Cs.**

**They are:**

**Curiosity**

**Confidence**

**Courage: and**

**Constancy.**

**The greatest of these is confidence.**

*Walt Disney.*



### **Worrying days ahead!**

It's hard to know what to think, but hopefully we can all pull together, and get over this hump, without going up any further levels.

### **Operation Fánacht** is

underway! If you are going to travel unnecessarily outside your county, the least you can expect is to be sitting in traffic for hours while the Gardaí do their checks! They shouldn't have to do such checks, but such is the nature of people, some will try to do their own thing anyway!

**Wish somebody would explain** why a thousand people can congregate in protest in Grafton Street, while the Gardaí keep a discreet distance! Laws or no laws, they are endangering other people's lives, and what's more, it's been reported that they are planning to do the same thing again this coming Saturday!

**Storm Alex** brought a good downpour last weekend, with a very high and fast flow on the Liffey for the early days of the week.



**And what about the colours?** I doubt there is a paint box in the whole wide world that could supply all the colours needed for those beautiful autumnal scenes in Lucan Demesne.



## **Some thoughts .....**

**Why is a car's windshield so large,** while the rear view mirror is so small?  
Because our past is not as important as our future.  
Keep looking ahead and move on.

**Friendship is like a book.** It takes a few seconds to burn, but it takes years to write.

**All things in life are temporary.** If they are going well, enjoy them; they will not last forever. If they are going wrong, don't worry, they can't last forever either.

### **Old friends are gold!**

New friends are diamonds!  
If you get a diamond, don't forget the gold!  
To hold a diaond, you always need a base of gold!

**Often when we lose hope,** and think this is the end, God smiles from above, and just says "Relax, Sweetheart, its just a bend, not the end!"

**When God solves your problems,** you have faith in his abilities; when God doesn't solve your problems, he has faith in your abilities!

**A blind person asked God:**  
"Can there be anything worse than losing eye sight?"  
He replied: "Yes, losing your vision!"

**When you pray for others,** God listens to you and blesses them, and sometimes when you are safe and happy, remember that somebody has prayed for you!

**Worrying** does not take away tomorrow's troubles; it takes away today's peace.

**The Boys in Green** have a big game on their hands as we go to press, Slovakia being the opposition.

Let's hope they can pull it off, and then there will be only one more hurdle on the way to the Euros!  
"Squeaky bum time" is what the RTE reporter called it!  
Oh for those glory days again!



# SCHOOL NEWS



Investigation Module. Thanks also to Ms Carroll for organising the visit.

TY students are participating in a **Song Writing Workshop** this Friday. We look forward to hearing the results!

School website <https://stjosephslucan.com>

Follow us on Twitter: @STJosephs3

## St Joseph's College

Our **Parents Association AGM** will take place on Monday 9<sup>th</sup> November at 7.30pm. The meeting will be online and is open to all parents. Login details will be provided closer to the date.

Well done to our new **Student Council** who are now up and running. Their first student newsletter 'Joey's Street Journal' was circulated to students on Wednesday.

We commenced our online 'Zoom' **Assembly Meetings** this week. Normally each year group would have an Assembly once a week, with their Year Head. However this isn't possible with the current distancing restrictions. Each year group will now have an 'online' assembly every few weeks.

Congratulations to Ms Butler who has moved into the role of **Transition Year Coordinator**. We wish Ms Butler and our TYs a successful year!

Our 'Localise' 4<sup>th</sup> year module students were joined by Harry Keogh from **Localise Youth** on Wednesday as they put their finishing touches to artwork which they are donating to the local Lucan Lodge nursing home. A lovely idea, well done all!



*Harry Keogh from Localise Youth and our 'Localise' TY students displaying their artwork.*

Many thanks to Audrey McMorro, a past student of St Joseph's, who called in to give a talk on **Homelessness** to our 4<sup>th</sup> year students on Wednesday as part of their Voluntary Work

## St. Mary's Boys' National School

are now accepting enrolment applications for **Junior Infants for the academic year 2021/2022.**



**The closing date for applications will be Friday 20th November.**

The application forms can be downloaded from the home page of our school website which is [www.stmarysbnslucan.com](http://www.stmarysbnslucan.com)

**For more information**

please contact 01-6281857

or email [info@stmarysbnslucan.com](mailto:info@stmarysbnslucan.com)

## Scoil Mhuire GNS Lucan Enrolment 2021

The application process for **Junior Infants September 2021 is open from 1st October.**



**Please apply by email** for the application form at [smgns.lucan@gmail.com](mailto:smgns.lucan@gmail.com)

Please return the application form by email to [smgns.lucan@gmail.com](mailto:smgns.lucan@gmail.com)

**Due to COVID 19 restrictions we ask you not to call into the school.**

**Thank you.**

## Adamstown Community College



THE  
NAUGHTON  
FOUNDATION

A huge congratulations to Cormac Sharkey (Leaving Certificate Class 2020) who has been awarded a

Naughton Scholarship and will take up a place in Trinity College studying Engineering.

The Naughton Scholarship is a scheme of scholarships to promote the study of engineering, science and technology at third level by students in Ireland and supports a three/four year undergraduate degree.

Principal Mr Dave Anderson and all the staff at Adamstown Community College would like to extend best wishes to Cormac and his family on this achievement and wish him continued success in all future endeavours.



*L to R: Cormac Sharkey (Leaving Certificate Class 2020) and Mr Dave Anderson (Principal Adamstown CC).*

**Do good for others. It will come back in unexpected ways!**

*Karma*

**OUR CHILDREN CAN BE OUR GREATEST TEACHERS**

**if we are humble enough to receive their lessons.**

*Bryant McGill*

## Coláiste Phádraig CBS

**New enrolments:**

### **1st Year Enrolment in September 2021**

Enrolment to 1st Year in Coláiste Phadraig in **September 2021** was completed this time last year when students were in 5th class. All places have been allocated and students who were allocated a place have been notified. We will be in contact with the Parents/Guardians of these students over the next couple of weeks to discuss the next steps in preparation for students starting in Coláiste Phádraig next September.

### **1st Year Enrolment in September 2022**

Unfortunately, due to the Covid-19 pandemic, we are not in a position to have an Open Night for prospective 1st Year Students this October. As a result of the new school admissions bill introduced in February of this year, students can only enrol in Coláiste Phádraig (or any other post-primary school) one calendar year in advance of entry to the school. This means that we can no longer invite applications for entry to Coláiste Phádraig while students are in fifth class in primary school. Application forms for entry to 1st Year in Coláiste Phádraig in September 2022 can only be distributed from 1st October 2021 when students will be in sixth class. As usual, in September 2021, we will visit our main feeder schools to distribute the application forms to students who wish to come to Coláiste Phádraig in September 2022. The application forms will also be available from our school office from 1st October 2021 onwards. For further information about our school, please visit the school website [www.colaiestephadraiglucan.ie](http://www.colaiestephadraiglucan.ie) or contact the school office by phone at (01) 6282299 or by emailing [admin@colaiestephadraig.com](mailto:admin@colaiestephadraig.com).

**Awards:** Well done to **Killian Costello** from 1 Shaw who won the Mark O' Neill Student of the Month Award for September in recognition of his impeccable manners, diligence and co-operation in all of his classes. Killian has impressed all of his teachers with his attentiveness, enthusiasm and positivity since joining us last month and he is a worthy winner of this prestigious monthly award.

Congratulations to 2<sup>nd</sup> yr **Tim Harney** who won the Sports Star of the Month Award. In PE class all students must do a circular run that starts at the school gate and is almost a mile in length. The students run past our GAA and soccer pitches out onto Esker Lane, then onto the Lucan road and back to the school via Ballydowd and Roselawn.

**Cont'd over.....**

Tim broke the long standing record of 5mins 3 secs by clocking a time of 4mins 58 secs, a remarkable effort for a 2<sup>nd</sup> yr, and he has impressed Mr. Phelan and Mr. O' Brien with his outstanding fitness levels and passion for all sporting activities in PE this year.

Comhghairdeas freisin le **Brendan Naughton** ón rang 2 Summer a bhuaigh an gradam Gaeilgeoir na Míosa mar gheall ar an sár-iarracht a dhéanann sé an Ghaeilge a labhairt agus an sár-obair atá déanta aige sa rang Gaeilge.



*Student of the Month **Killian Costello**, and Sports Star of the Month **Tim Harney***

**Science:** Our Transition Year students were out and about doing a habitat study of the playing fields of Coláiste Phádraig last week with Ms. Reilly when they met Helen Farrell, a local member of the Society for Old Lucan. This is a group that works to conserve, research and promote Lucan's local history, heritage, archaeology and folklore. The students were doing a plant survey and they were delighted that Helen took the time to show them the benefits of LeafSnap, a free plant identification app from the Play Store. The app gives the most likely plant ID from a leaf or flower photo plus a few extra possibilities. Helen also referenced the website <http://www.wildflowersofireland.net/> to the students as it is very good at highlighting what plants are flowering each month, as well as giving the Irish for many of them.

Our impromptu guest speaker also identified many plants in the school playing pitches in May and promised to send on a spreadsheet with all the

photos attached. Apparently there was an explosion of cowslips, one of the best known cup-shaped yellow Spring flowers, during Lockdown which the students found interesting. Helen also confirmed that she witnessed foxes, pygmy shrews and even bats on our pitches at various time throughout the year. The students of 3 Connacht were out doing the habitat study the following day and they all downloaded the app and immediately got to work identifying the diverse plant life growing on our school grounds. Ms. Reilly and the students would like to thank

Helen for her interesting and educational guide to the rich habitat growing in our own school.



**Tráth na gCeist:** This year's Tráth na gCeist Boird Feachtas will be a digital affair this year in order to comply with the COVID-19 regulations. Our school have done very well in this National Competition in recent years, winning the Craobh (National Final) outright in 2015, 2017 and 2018 while our teams came 1<sup>st</sup> and 2<sup>nd</sup> in the Dublin Regional round last year. This year the school will again enter three teams of four, consisting of two students from Junior Cycle and two from Senior Cycle.

The Dublin round will be held on Thursday 19<sup>th</sup> November at 4pm in the school with the three teams set up in the canteen (socially distanced of course!) competing against numerous other schools via Zoom. The top two performing schools (the highest scores out of 60 questions) will advance to the Craobh to be held in March 2021 where they will represent their school and county.



## They sing Zoë, Zoë, Zoë

*The Irish charity bringing fresh water and more to Malawi*  
Tori Floyd Editor Yahoo News UK18  
September 2020



*Members of a community in Northern Malawi gather around a water pump installed with assistance from the Wells for Zoë charity.*

When John and Mary Coyne were invited by a friend to visit a charity project in Malawi 15 years ago, they didn't know it would change the rest of their lives.

In 2005, the Coynes spent time in local villages over 10 days and saw first-hand the challenges that residents faced when it came to getting clean water; most of the water was obtained from boreholes, and the pumps that had been installed by other organisations had long been abandoned and fallen into disrepair.

“On our first visit there, I think that was the saddest thing, I found,” Mary Coyne said. “You come to this state-of-the-art pump, a fine looking one that whatever organisation or evangelists put it in, and it wouldn't work. And nobody could remember when it worked — maybe four or five years, nobody knew.”

On the plane ride back to their home in Lucan, Ireland, John made a list of the people he thought could help him address the problems they had seen first-hand. When the couple reunited with their five kids, they sat them down for a frank discussion.

“We're going to spend your inheritance, we're going to go to Malawi, and we're going to do something about the water situation,” he told them.

From that idea was born Wells for Zoë: an organisation that connects local Malawians with the tools needed to access clean water

permanently. It operates with a 100 per cent donation mode, meaning the Coynes have ensured all donations made to the charity go to the work in Malawi, and pay for all administrative and travel expenses themselves.

### A better source for water

The Coynes found an inexpensive but efficient water pump made by Richard Cansdale in England. For €100, the pump could be provided to a village and ensure clean water for up to 500 people. Cansdale's daughter Zoë, who had been killed in a motorcycle accident, was the source of inspiration for the charity's name.

Upon returning to Malawi, the Coynes worked with local villages to set up pumps. They used local labour and resources, and worked with designated “pump managers” who would ensure the pumps wouldn't see the same fate as the old ones.

With new wells dug and new pumps in place, the Coynes established a system to keep them in good working order: on a monthly basis, Wells for Zoë places calls to the pump managers at each of the sites and ask if the pump is working. If it's not, they'll send one of their team members — local Malawians — to go and fix it.

“For a chunk of time, we were relying on the fact that people would ring us and tell us if their pump wasn't working,” said Éamonn Coyne, John and Mary's son who now runs much of the day-to-day operation of the charity. “Of course people forget who to ring, and don't know who put the pump in in the first place, they forget about it. It actually lives up to Dad's ideal — if you can put it in and walk away, then it works.”

Since those first pumps were installed 15 years ago, Wells for Zoë has updated them, including engraving the contact information for the charity on the pumps so they can be contacted if support is required. The GPS locations of pumps are also recorded, and used to locate on satellite maps.

As the Coynes started establishing these water pumps and spoke to the women of these communities, other opportunities that Wells for Zoë could support arose.

“Once people got water, they said ‘well, we'd love to have preschools’, and I was a teacher in my first life, and it was easy to do something there as well, just to help them to get organised,” Mary said. “It all happened. They made it happen.”

**Over.....**

**Opportunities for education:** With the preschools built and teachers recruited and trained, the discrepancy between the education that boys and girls were receiving was brought to the attention of John and Mary. Families would generally send their sons to school, but daughters often saw high drop-out rates because families were unable to afford secondary school fees.

It inspired the start of the Girl Child Student program, through which secondary school fees would be paid for girls ranging in age from 13 to 22. To be enrolled, the girls must pass their secondary school entrance exams and agree not to get married or pregnant for the duration of their participation in the four-year program. Since the program launched seven years ago, more than 250 girls annually have had their fees paid for by the organisation, and some have gone on to university with the charity's assistance, too. Women have entered training to become nurses, teachers, lawyers and scientists thanks to the support of donors for Wells for Zoë.

In addition to the school fees, Wells for Zoë buses the girls in for additional classes on Saturdays at their facility outside Northern Malawi's capital of Mzuzu. At the facility, the girls have access to showers, toilets and a hot meal, as well as counselling services by a qualified teacher/counsellor, and talks from and access to the local police Victims Support Unit. "If we have any girls with any issues, they're free to walk in, push the door in, and talk to those people," John said. "We support the police that follow up on any cases. It makes me cry sometimes, but it's a lovely thing to have. And it works — it works extremely well."

*Mary Coyne works with a student in Malawi.*

When schools closed in March due to the pandemic, a new problem was identified that had been cropping up in one of the local villages.

"A member of our staff had to send help to another area where, because girls were out of school at the moment, there was a huge amount of girls pregnant", said Mary. "Young girls, even in primary school. So we had to intervene there very quickly, but we have the people on the ground,



and we were able to put money into it, and send help to put a plan in place."

**Growing together:** As the Coynes' work in Malawi has continued with locals through the years, they've had more proposals brought to them through self-help clusters, which sees villages develop action plans and come to the charity with requests for funding. Through these proposals, Wells for Zoë has developed different programs to meet those needs, including teaching local women how to make rocket stoves.

The latest project, and the passion of the Coynes' son Éamonn, is the planting of indigenous trees to rebuild the forests around villages and provide easier access to fuel for cooking.

When Wells for Zoë first got requests for trees, they followed the national forestry service's guidelines and provided pine and blue gum trees. While both are suitable for roofing materials and can prove a profitable commodity, they were an invasive species, and didn't necessarily meet all the needs of the residents.

"People from other countries came in and grew big forests [of pine and blue gum trees]...Around the world, people tend to go for planting what they know," Éamonn said. "When we went to Dad and said 'we don't want to plant pines and blue gums anymore, they're not very good for where we're working...we're going to have to research and find out what trees.' Dad immediately said 'yep, that's fair enough. You talk to the people and ask the people and see what they would like, what they have.'"

Working with local and international botany experts, the Wells for Zoë team are researching indigenous tree species at their facility outside Mzuzu, through breeding and grafting programs. Four months into the new indigenous trees program, the team has come up with lots of different varieties that have been suggested by Malawi residents.

**A lasting legacy:** With the global pandemic continuing to limit travel, the Coynes aren't able to make their usual four or five trips to Malawi this year, much to their disappointment. However work continues in the region, and continues to be celebrated in the name of the girl who inspired the organization's early days. "[In Malawi], they sing about Zoë, Zoë Zoë Zoë," Éamonn said. "They don't sing about Wells for Zoë, they sing about Zoë at all of the [events]. They call it just Zoë, 'when is Zoë coming?' It's like the ultimate accolade or remembrance for someone."



Cumann na Sáirséalaigh Leamhcáin



### **The GAA, Camogie Association and LGFA**

Management Committees have endorsed the decision to suspend all Club games at all levels with immediate effect and until further notice. Training will continue to be permitted as per the guidelines outlined for the relevant levels in the Government's National Framework for Living with Covid19.

Of the games that took place last week, the Ladies Football Juniors completed their league cup campaign with a win in dreadful conditions away to Fingal Ravens on Sunday last, giving them 18 points out of the maximum 21. Normally this would guarantee a semi-final spot, but with games suspended for the time being, we shall wait and see. Both the Men's and Ladies intermediate footballers suffered defeats.

### **The Dermot Earley Youth Leadership**

**Initiative** is coming to Lucan! DEYLI has seen over 600 young GAA members (aged 15-18) complete the yearlong programme, gaining from NUIG a FETAC level 6 third level qualification in Youth Leadership and Community Action for their efforts.

This unique programme evokes and honours the values Dermot Earley epitomised and is designed to foster them in a new generation of young Irish leaders. The programme comprises of three modules, two of which are facilitated, and one is undertaken by the young people independently.

*'Your attitude is more important than your ability, your motives are more important than your methods, your courage is more than your cleverness and always have your heart in the right place' - Dermot Earley Snr.*

The Dermot Earley Youth Leadership Initiative (DEYLI) takes its name from one of Ireland's most inspirational leaders and one of Gaelic games most iconic proponents, Dermot Earley (1948- 2010). The initiative, a tribute to Dermot's lifetime of sporting and professional achievements and his commitment to community service, is brought to life through a partnership between GAA, Foróige, and NUI Galway. The programme empowers young people to enhance their leadership capabilities to better enable them to reach their full potential and have a positive impact on the world around them.

There is a limit of 20 places available on this programme.

Please register your interest at the link below.  
<https://forms.gle/2PRhCdNcNpYJuz3p9>  
Closing date for applications is Friday 9/10.  
Any queries please contact Eoghan Gately 0830759975.

**Sport Ireland** and the network of 29 Local Sports Partnerships (LSPs) in the country have developed a 4-week physical activity plan for older adults as part of **Positive Ageing Week**.

The resource will support people to reach the minimum of 30 minutes of daily physical



activity, as recommended in Ireland's National Physical Activity Plan.

This will help an individual's strength and confidence in their body, supporting them to be more physically active as well as developing transferable skills for everyday life.

This resource has been developed by Sport Ireland and a working group of LSP Community Sport Development Officers in conjunction with Age & Opportunity.

This resource is fully adaptive for people of all abilities and ages and includes an activity planner to help individuals track their progress throughout the 4 weeks.

Simply print out the resource or display it on a phone and be active. For more details please see [www.sportireland.ie](http://www.sportireland.ie) for more details.

Please find here the latest edition of the **GAA Club Newsletter**. It contains news, information and updates for club officers and club members and we'd ask that you circulate it widely.

Correspondence can be sent to

[clubnewsletter@gaa.ie](mailto:clubnewsletter@gaa.ie)

<https://www.gaa.ie/news/read-the-latest-club->

**The Lucan District Credit Union Academy** for girls and boys born in 2013, 2014 and 2015 only, continues on Saturday. To register your child for a place, contact David Moran, Club GPO, on 0879267607. Pre-registration with David is essential.

**Club Shop** opening hours: Thursday, 7:30-8.30pm and Saturdays 10am-1pm.

*Cont'd over.....*

**The 12th Lock Café** opening hours 6-9pm Monday to Friday and 9:30am to 1:30pm on Saturday. These times may change in line with Covid-19 guidelines.

### **Lucan Sarsfields GAA Club Lotto Jackpot**

**€5400:** There was no winner of the €5000 Lotto Jackpot sponsored by Newcastle Golf Centre held on 1st October.

The numbers drawn were **14, 18, 21, and 27.**

### **The lucky dip winners of €30 each are:**

P & O Benson, Mark Redmond, Sinead O'Neill, Martina McGilloway and Jackie Foley.

The jackpot for the next draw is €5400, sponsored by O'Gradys Hearing Care Services, managed by Diarmuid Dawson, and will be held on Thursday 8th October live on Facebook, behind closed doors.



## **Lucan Library**

### **Irish Language Classes for Adults Wednesday 14<sup>th</sup> October – Wednesday 2<sup>nd</sup>**

December – 7pm – 8pm.

(Re) Start Irish with our 8 week class for adults! Whether you learned in school and would like to get back to the basics or you're a total beginner, our fun online class will get you (re) started! Learn Irish now – Foghlaim Gaeilge anois.

**Please Note:** 1 ticket for all 8 classes.

1 participant per device

A valid email address is required

Zoom links to the event will be emailed to the supplied address by the facilitator.

**Menopause Talk** with Catherine O'Keeffe, the Wellness Warrior

How to prepare and what to expect from the menopause. 45 minute talk followed by 15 minute Q & A.

**Wednesday 22<sup>nd</sup> October at 7pm.**

Book on [lucanlibrarydublin.eventbrite.ie](http://lucanlibrarydublin.eventbrite.ie)

October is World Menopause month.

Hosted by Catherine O'Keeffe

[www.wellnesswarrior.ie](http://www.wellnesswarrior.ie) this webinar will consist of an introduction to perimenopause and menopause, what to expect, how to prepare, how to ease symptoms and more importantly what you can do to thrive through this chapter of your life.

**Please Note:** A valid email address is required.

Zoom links to the event will be emailed to the supplied address by the facilitator.

Only one ticket per device.

## **Covert Feelings**

Feelings are such a part and parcel of everyone's life, I say this because I believe I'm no different to anyone else, I am an ordinary person, woman to be precise, with thoughts, emotions and feelings. I empathise with the young man who said, "Inside I'm dancing", that is how it is for me.

But what dance, some days it's a slow waltz or foxtrot, particularly when I'm in a mellow mood, relaxed and wafting away in a haze of connectedness with a slumbering environment laicising me into a tranquil serenity.

Other times it is a dance of wanton joy, a jive or jitter bug or jig, when the world and I are dancing to the tune of unbridled joy. Let loose, foot loose. The world and I gyrating to the lively and erstwhile hectic music that allows no resting but is



energy driven. Energy that erupts from within and escapes through your every pore to clash and create sparks so that fireworks are lit.

The fireworks then sparkle as I twist and turn, hop and skip in tune with a myriad of noise, action, laughter round and round in the feel good atmosphere of that happy space.



Then there are other times when the dance knows no name, when it's jumbled and mixed as in a knot waiting to be unravelled. Reef knots, circles with a circumference that have no escape, it simply goes round and round and round. Headless chicken comes to mind. That's it, a headless chicken circulating and circulating, round and round she goes where she stops nobody knows. Does this dance have a name; can it be claimed by anyone? It is in turmoil, wrestling with itself, shaken and stirred. It drones on and on and on, it waits in expectation for release from itself.

Go girl go, but the girl won't go; she seems to be waiting for permission or the right time so that the lock is released and the hinge, now no longer creaky, glides as the door opens. What dance is this? No name springs to mind, it resonates of limbo a place that no one is sure of; no one can verify its existence, yet by that very nature of uncertainty creates turmoil, it creates a space in limbo land, where persons circulate the dance floor in a meaningless movement, no sidestepping, no minding the dresser, just a continuous tizzy of movement nudged unwittingly on and on waiting for that soul-less music to "give you a break" and let you get off the merry go round to continue with life.



MGM.

In these restricted times we appreciate being fit and able to be out in the fresh air and doing with a purpose while still being careful of our movements.



The joy of seeing the continuous fruits of our work such as the sunflower bed on the main road into Lucan and the hydrangea bed opposite the demesne is very uplifting.



And what about the young ladies of Transition Year in St Joseph's? We are really delighted that they have established 'Joey's TY Tidy Towns Committee'. We wish them well and look forward to supporting them in their endeavours.



*Wildflowers section created by Fingal CC along the path made around the fenced in tree.  
Ní neart go cur le chéile*