

Established 1967

www.lucannewsletter.ie

Sub. €1

Sunday 2nd November 2025

Advent Retreat – a time to tune into God in your life!

Advent is a time to make a fresh start and to take stock of life. There are many poems and reflections about Advent, including by our own great poet, Patrick Kavanagh, who spoke of Advent as a time of finding 'the newness that was in every stale thing'!

For the most part we move through life routinely with little time for reflection or time to check if we need to move onto a new track or check the rightness or purpose of the track of current travel. For those of us who walk the path of Christ, we have the gift of the scripture/Bible as our great source of inspiration and wisdom.



Scripture is alive for each of us! It has a personal message and inspiration that is as fresh as each day, nourishing us and guiding us towards our greatest God-given potential. Scripture draws us right into our true purpose in life and shines a light to enable us to safely walk the path of truth, love, justice and hope.

Would you like to take some time in your ordinary daily life to make an Advent retreat using scripture as your source? The Retreat in Daily Life is available for you, if you are interested!

You may or may not be familiar with praying Scripture – this retreat is an opportunity to experience how scripture connects with your life. Each person will have a Spiritual Guide who will be a companion through the retreat.

When is the Retreat in Daily Life?

It begins with a group open session on Sunday evening on 23rd November in St Mary's Parish Centre, Lucan. A time of mutual suitability with Spiritual Guide will be arranged for a 20-30 minute daily meeting Monday – Friday 24th-28th November. (morning, afternoon and evening times will be available taking the reality of retreatants life into consideration). The retreat will close with a group gathering on Friday evening of 28th November to include prayer and refreshments.

What does participating in the retreat involve?

You commit to a half an hour prayer with scripture each day of the retreat and to meeting your spiritual guide on each of the days. If you are interested in participating in the retreat, please complete below/respond to questions. Return it to the parish centre or sacristy or email it to agnesfrankx@gmail.com by 9th November to facilitate the team in organising the retreat.

Name	Circle/Identify the time that best suits you to meet with your Spiritual Guide
	Anytime
Email	Morning
	Afternoon
Phone number	Evening
Address	Advent Retreat Team

Lucan Citizens Information Centre

Our telephone number is **0818 07 5090**

www.citizensinformation.ie

 $Email - \underline{lucan@citinfo.ie}$

Our office is located in the Ballyowen
Castle Youth and Community Centre, Ballyowen,
Lucan

Opening hours

Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am - 12pm and 2pm to 4pm

Reception open

Tuesday: 10am - 1pm and 2pm - 4pm Wednesday: 10am - 1pm and 2pm - 4pm Thursday: 10am - 1pm and 2pm - 4pm We are closed on Mondays and Fridays.

Citizens Information Phone Service (CIPS) is open Monday to Friday 9 am to 8pm on 0818 07 4000

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

TREOIR provides a free, confidential, specialist information service for parents not married to each other, living together or apart, their extended families, and those working with them. Information is available on Legal, Social Welfare, and Parenting and shared parenting issues .Tel. 01 6700120 and email info@treoir.ie

TENANTS' RIGHTS

Am I a tenant?

A tenant is someone who has the right to live in a property under a tenancy agreement in return for paying rent to their landlord. The property must be a self-contained residential unit, unless it is student specific accommodation. You are usually a tenant if you are:

Renting a property, or room in a property from a landlord that you don't live with

Renting a self-contained flat or apartment in your landlord's home

If you are a tenant, you are protected by residential tenancy law which gives you specific rights. Tenants in student accommodation and AHBs (approved housing bodies) have different rights to people renting private accommodation. If you are sub-letting a room, you are not a tenant of the landlord and do not automatically have the same rights as a normal tenant.

What are my rights as a private tenant?

You are entitled to quiet and exclusive enjoyment of your home

You are entitled to certain minimum standards of accommodation and a rent book

You have the right to contact the landlord or their agent at any reasonable time

Your landlord is only allowed to enter your home with your permission

You are entitled to be reimbursed for any repairs that you carry out that are the landlord's responsibility

You are entitled to have visitors to stay overnight or for short periods, unless specifically forbidden in your tenancy agreement

You are entitled to a certain amount of notice if your tenancy is being terminated

You are entitled to at least 90 days' notice if your landlord wants to review the rent, and there are rules about how often they can do this

All homes for rent must have a Building Energy Rating (BER), stating how energy-efficient the home is

You are entitled to refer any disputes to the Residential Tenancies Board (RTB) without being penalised and you have the right to a copy of any register entry the RTB has about your tenancy

I'm having problems with my landlord, who can help me?

If you are having a problem with your landlord, you should try to resolve it with them first. If you cannot resolve it with them, you can contact the Residential Tenancies Board (RTB). The RTB has a confidential dispute resolution service for landlords and tenants that involves mediation or adjudication. You do not need legal representation when you take a case with the RTB. You can also contact Threshold for free, confidential advice about your issue with your landlord.

You can find out more about tenant rights at https://bit.ly/TenantsRightsResponsibilities or call us on 0818 07 4000 (Monday to Friday, 9am to 8pm) or Lucan CIC.



Lucan Senior Citizens

On Wednesday 29th October, we had two surprise visitors to our Halloween Party – Kevin and Catherine O'Loughlin, of the Tidy Towns group, and Brid and Philomena who also work with Lucan Tidy Towns.



We were delighted to congratulation them on their Gold Medal win – well deserved.



Everyone dressed up. We had an exciting and busy morning.







Wednesday 5th November: Social Morning in St. Mary's Parish Centre, and lunch in the Spa Hotel, 10.30 - 2.15pm.





Parish Notes

St Mary's, Lucan

www.lucanparish.com



Mass Times: Vigil: 6.30pm Sunday: 10.30am, 12 noon and 7pm

The 10.30am Family Mass is aimed at younger

parishioners and their families.

Weekday Masses: Monday to Saturday 10am,

Masses live-streamed onwww.lucanarish.com

Annual Mass of Remembrance

Our Annual Mass for all our departed relatives and friends will take place on

Thursday 13th November at 7.30pm

At this Mass the names of those from our parish community who died in the past 12 months will be especially remembered.

The names of all those on the November list of the dead will automatically be included.

Confessions: Saturday Evening 6.30pm Mass.

Adoration: Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am unless there's at funeral.

All are welcome.

Divine Mercy Devotion: St Faustina made this request of Jesus on the day of her perpetual vows. "Jesus, I plead with You for the souls that are most in need of prayer. I plead for the dying; be merciful to them. I also beg You, Jesus, to free all souls from Purgatory"

We can help in a special way the souls in Purgatory by **obtaining for them a Plenary** Indulgence, one each day from the 1st to 8th November, by visiting a cemetery and praying for the dead, our deceased relatives and friends and souls who have no one to pray for them.

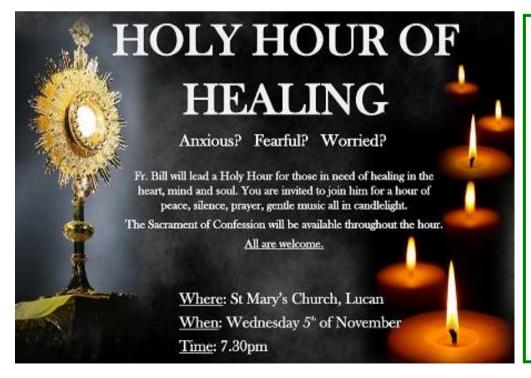
The prayer "Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen" gains a partial indulgence and can be prayed all year even while passing a cemetary.

The conditions for gaining a Plenary Indulgence are:

- Go to Confession within 20 days.
- Receive Holy Communion
- Pray for the Pope's intentions: one Our Father and one Hail Mary are sufficient.
- Detachment from sin: There must be no sin a soul is unwilling to renounce.

Deepest Sympathy to the wife, family and friends of *John Coffey*, Lucan Heights.

May he rest in peace.



Liffey Sound Community Radio Lucan is having a church gate collection in St Mary's

Church
at all
Masses
this coming
Saturday
and Sunday

All donations greatly appreciated

St. Patrick's Esker/ Dodsboro/ Adamstown

www.stpatrickslucan.ie



Sunday Mass Times: 9am, 10.30am, 12 noon. **The 10.30am Family Mass** is aimed at younger parishioners and their families.

Weekday Masses: Monday to Saturday 10am,

Masses livestreamed at www.stpatrickslucan.ie

Annual Mass of Remembrance



Our Annual Mass for all our departed relatives and friends will take place on

Friday November 7th. at 7.00pm.

All those who have passed away in the last twelve months will be especially remembered. November list of the dead automatically included.

All are welcome.

Adoration: Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am unless there's a funeral.

Baptisms in St Patrick's: Procedure for baptisms in the parish. Parents who register their children for baptism are invited and must attend a preparatory meeting in the month before the ceremony. The ceremony of baptism will take place in two parts. The children will be welcomed at a short ceremony during 10.30am Mass, the Family Mass, on the Sunday prior to their actual baptism date. Dates bookable on line.

Confessions: Confessions after Saturday 10am Mass and after Thursday 10am Mass.

St Patrick's Prayer Meeting: Every Monday night in the Pastoral Centre, (Side of St. Patrick's Church) from 7.00pm to 7.45pm.

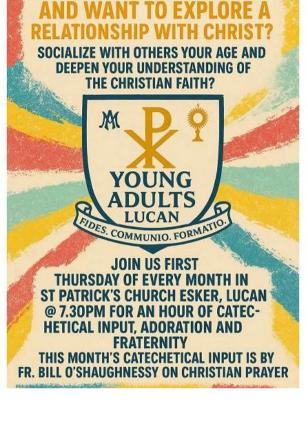
Communion for the Homebound: If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave your name and address, or email us at: secretary@stpatrickslucan.ie

Tea/Coffee: Coffee Morning every Wednesday after the 10am Mass. Do drop in. All welcome.

Medjugorje Mass

St Mary's Church, Lucan.

Monday 10th November Mass at 6.15pm.
(Rosary, Confessions and Prayers 5.45pm)



ARE YOU AGED 18 - 35?

Divine Mercy, Lucan South

www.lucansouthparish.net

Sunday Mass Times: Vigil: 6pm. Sunday Masses: 10.30am and 12 noon.

Weekday Masses: Mon.-Fri.9:15am. Sat.10am

Masses livestreamed www.lucansouthparish.net

Sacrament of Reconciliation: Confessions every Saturday 5.15pm and after the evening Mass.

Prayers of the Church: Mon. to Fri.: 8.40am. The Church is open Monday to Friday from 10am to 1pm for private prayers.

Adoration and Holy Hour Exposition of the Blessed Sacrament:

Mon: 7.30pm: Divine Mercy Adoration.

Fri: 1.15pm: Adoration MMPH Cenacle.

Fri: 2-3pm: Divine Mercy Devotion/Adoration.

Mass of Thanksgiving for the Fruits of Medjugorje: Every Thursday.

7.00pm: Rosary and Confessions.

7.30pm: Holy Mass. **After Mass:** Adoration, Divine Mercy Chaplet, Benediction. **8.15pm** Adoration and Confessions **8.50m** Benediction.

Anniversary

Brendan Quinn 1st Anniversary, 5th November

Brendan is fondly remembered by his loving wife Mary, his children Emer, Brian, Maeve, Dermot and Aileen, daughters in law Tina and Debbie, sons in law Fergus, Mark and Damien and his grandchildren Eva, Jason, Orla, Senan, Ciara, Dylan, Liam, Brendan, Isobel and Niamh.

Brendan's family would like to extend their gratitude to the Garda Ceremonial Unit, the Garda Band, members of the GSRMA West Branch for their participation at his funeral and also to Westmanstown Lawn Bowling Club for their Guard of Honour and to all those who attended his funeral in person or online or who sent Mass cards, flowers and messages of sympathy. We were overwhelmed by the generosity of our neighbours and friends.

As a gesture of our appreciation a Mass will be offered for your intentions.

Ar dheis go raibh a h-ainm dilis

Woodview & Woodview Heights

Our deceased residents will be remembered at the 12 noon Mass in **St Patrick's Church, Lucan on Sunday** 2nd **November 2025.**





Anam Cara, the organisation that supports bereaved parents, will hold its monthly Parent

Support Evening on **Monday 10th November at 7.30pm** in the Maldron Hotel, Whitestown Way, Tallaght.

This event is free and open to all bereaved parents regardless of the age your child died, the circumstances of their death, or how recent their death was. You do not need to register in advance.

We also offer an online support group meeting. To find out more call 01 4045378 or email info@anamcara.ie





HUGG is the national suicide bereavement organisation dedicated to supporting adults bereaved by suicide.

We provide FREE practical information and emotional support after a suicide occurs through our website, telephone support line, events, webinars and nationwide suicide bereavement support groups.

We are pleased to announce the launch of a new dedicated suicide bereavement support group in Blanchardstown, North-West Dublin. HUGG Support Groups provide a free, welcoming, non-judgemental space where people bereaved by suicide can connect with others with a shared understanding of suicide loss. Those who attend are given time and space to tell their story, where challenges being faced can be shared as well as precious memories of loved ones, and coping strategies exchanged. All HUGG support groups are led by trained volunteers with lived experience of suicide loss. Being among others who understand this grief can bring comfort, support, and hope.

HUGG Blanchardstown is ideally located in North-West Dublin within walking distance to several bus routes and Coolmine station, serving the local community and surrounding areas such as Swords, Castleknock, Ballymun, Clondalkin and parts of Meath, and Kildare"

To register for a HUGG Support Group complete the form at http://www.HUGG.ie/ or email support@HUGG.ie or call 01 513 4048 (monitored answering machine) and a member of the HUGG team will contact you. Once registered, you can attend a support group as often or as little as you wish.

Lucan Active Retirement Assoc.

New Members always welcome. Why not come and join us. We would love to see you there, Lots of activities to enjoy. Bowls, Scrabble, Cards, and the chat. Most importantly we have Coffee & Cake at 1pm.

We meet in St. Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am.

Set Dance/Ceili Class



in

Palmerstown Parish

Centre

every Monday night
at 8:30pm.

Admission is €5 with

tea & biscuits incl.

Lucan Red Cross Christmas Old Folk's Party

Our Annual Old Folk's Christmas Party will be held on **Sunday 30th November** in the **Spa Hotel Lucan**.

If you would like to attend our party as a new member you have to be 66 years of age, and collect your pension in the Lucan area.

You can contact Mary Cullen on 6245076 between the hours of 6pm / 7pm or contact Liam Cullen by text or phone on 0872488743 between the hours of 6pm/7pm

Closing date for any **New Members** wishing to attend is **Monday 3rd November**. Any names we receive after the 3rd November will be put on our list for next year.

Happy Halloween Birthday to our two pumpkins, Seán and Tadhg who celebrate their 10th Birthday this Friday!



from all their family and friends



It's hard to believe we are already halfway through our final term of 2025!

Classes are in full swing. The Ladies are learning some new skills in our DIY Class, and they also came up with a 3 Act play in our Creative Writing. Wednesday in Ballyowen is full of calm and relaxation in our yoga classes while others get creative in Adamstown doing mixed crafts. We are excited for STEM Passport for inclusion starting this month with some places still available, details below.

New for the month of November we have 2 Christmas Art & Craft Workshops they will be held over 4 weeks in Balgaddy Community Centre (new venue) and Ballyowen Community Centre, details below.

STEM Passport for Inclusion (Level 6, NUI Maynooth) FREE

 $\begin{array}{l} Information \ Session \ on \ Tuesday, \ 11th \ Nov. \ 2025 \\ 10:00am-12:00pm \end{array}$

Ballyowen Community Centre

Christmas Arts & Craft Workshop 1

Starts Wednesday Evening, 5th November 2025 6.45pm-8.45pm. Ballyowen Community Centre

Christmas Arts & Craft Workshop 2 Thursday 6th November 2025, 10:00am – 12:00pm. Balgaddy Community Centre

Get in Touch

Ballyowen Community Centre, Ballyowen Ln, Lucan, Co. Dublin, K78 N263 Tel: 083 860 7947

<u>lucan@womenscollective.ie</u> www.womenscollective.ie

Women supporting women, always



Gold for Lucan Tidy Towns!

Big Congratulations to our local Tidy Towns crew on winning Gold in this year's event. We really hadn't expected anything given the state of the village these days.

And we hear that they were out again on Saturday last still sprucing up the place. Now that's dedication! Well done to all!

Our new President, Catherine Connolly, will be settling into her new abode shortly. In what was a lack-lustre campaign, the number of spoiled votes in our area is food for thought.......

Halloween Childhood Memories

As a child of the 1950's, I, together with my late brother, sisters and friends looked



forward to Halloween. It was an exciting time for us bringing adventure and fun into our lives before the dark of winter had taken hold. Quoting the late Manchán Magan, "At its heart Halloween is an Irish feast". Irish folklore suggests that spirits and fairies were able to cross the boundaries into our world.

A vivid recollection of my mind is how slow the clock ticked to 5.30pm when my father opened the hall door, meaning Daddy was home from work and the fun would begin. The dinner table was set and the colcannon ready to serve, we just had to wait till Daddy washed his hands before taking his seat at the table. I love colcannon, I can savour its aroma as I write! Curly Kale, potatoes and onions mashed together with milk and hidden within small treats. After Grace before meals, Mammy would always advise to take our time eating so we wouldn't choke!!!



Needless to say we had come to the table dressed for the occasion, my brother was normally an Auld fellow of the roads, my sisters and I varied from fairies, to Auld Ones to

Red Riding Hood even to Contrary Mary.

Once dinner was eaten we children began the rounds of our neighbours chanting "Help the Halloween Party", apples, oranges, pears, bananas and monkey nuts were de rigueur for our bounty. Arriving back to our house, generally with a friend or two in tow, we then began the Halloween games. Blind Man's Buff was a favourite game when one person was blindfolded and tried to

catch a victim who then became the chaser rather than a chased. Fortunes were told by placing an array of saucers on the table each with a different message. The saucers displayed water, soil, a ring, a rag, rosary beads and one or two other items. Daddy fixed a blindfold on us and gave us a couple of turns before we chose a saucer, our choice would reveal our future!!!! I wonder, can you guess what my fate might have been!!!!

Bob the Apple, Snap Apple, Pin the Tail on the Donkey, guessing games of all descriptions, from going into Woolworths to buy something to miming an activity. Our evening culminated in spinning a yarn or two or till my youngest sister Carmel had fallen asleep, my next sister Veronica was busy rubbing her eyes and my brother Joseph and I were trying to hide our yawns, while my elder sisters Imelda and Colette were still watching which of the hazelnuts on the outside grate would crack first. Maybe all of us Kennys and our friends the McEvoy's and the Byrnes were all cracked, but we did enjoy our Halloween Celebrations.

P.S: I've just learned some new information about Halloween that I thought I would share with you. Wearing a mask or covering yourself in a bedsheet was believed to trick the spirits. The Celts believed that if you did meet a spirit, they would not recognize you due to the disguise and let you go free. This is where the tradition of dressing up comes from. To this day, witches, goblins, and ghosts remain popular choices for Halloween

mgm

costumes.





On Friday morning last, Election Day, three of us headed off to Croke Park to hear the results of the 2025 National Tidy Towns competition. For the past 5 or more years, we achieved Bronze Medal status. We were concerned that our Bronze Medal was at risk due to the ongoing works in Lucan. As the results flashed up on the screen on stage, there was no bronze medal for Lucan. Next, the silver medal winners were displayed. Nothing for Lucan here either. At this stage we lost hope. Finally, the gold medal winners appeared.....and there we were!



L-R: Kevin O'Loughlin, Minister for Rural and Community Development, Dara Calleary, Cathrine O'Loughlin, and Luke Hanlon of SuperValu.

For the first time in our history, LUCAN WON A GOLD MEDAL!

We increased our overall marks significantly from 365 in 2024 to 380 this year.

We gained 2 extra marks in each of 7 categories as follows: Community Involvement, Streetscape and Public Places, Green Spaces and Landscaping, Nature and Biodiversity, Sustainability, Residential areas, Approach Roads. We gained just 1 mark for Tidiness and Litter Control. The link to the adjudicator's report, who visited in July, can be found here: https://tidytowns.s3.eu-west-

1.amazonaws.com/u reports/2025/dublin/2025-Dublin-Lucan-173.pdf Some positive quotes from our report:

- Newly planted beds, shrubberies and trees in numerous locations around the town utilizing plants 'rescued' prior to the start of public realm works by SDCC are a credit to all volunteers involved!
- The Tidy Towns group has successfully worked to engage with all stakeholders in the wellbeing and future development of the community and has ensured that Lucan is well on the way to being a truly inclusive community.
- The variety of additional actions taken for biodiversity is impressive ranging from the installation of Bug Motels, the creation of Pocket Forests, the extension of the apple orchard the continuation of pollinator friendly planting and the commitment of volunteers to continuing education on biodiversity by attendance at courses.
- Lucan Tidy Towns group appear to be well poised to achieve sustainable planting with their composting initiative, leaf cages, loam banks, and the salvaging of plants; the installation of water butts at points close to landscaped areas is noteworthy also as is the water refill station at Sarsfield Park.
- It is laudable that litter blackspots have been identified and appropriate action taken; it is notable that a number of dedicated people undertake regular litter patrols who are not part of the Tidy Towns group; we are indebted to the students of St Joseph's College and An Chora for their role in maintaining Lucan litter free and to the dedicated graffiti control person.
- One of Lucan's most attractive features is the retention of a good stock of private dwellings within the core of the village in addition to the many new residential developments in the wider area. The diverse range of house styles, types and periods is an interesting aspect also. Sarsfield Terrace was admired for its fine architectural features whilst the new terrace of residential that makes up Sarsfield Park was equally attractive in a different way.

• Entrances to Lucan from approach roads are nicely presented in all respects some with nicely maintained grassed areas, wildlife corridors, trees and all featuring attractive identification; the road in past St Andrews School was admired for its lovely roadside gardens and maturing trees.

The adjudicator's concluding remarks were: Lucan is a beautiful large 21st century town with its village core offering significant old-world charm. Its two rivers combined with stands of mature trees and green areas maintained for both people and pollinators present a plethora of opportunities to engage with the natural world.

One week on we are still pinching ourselves that Lucan has reached the lofty heights of Gold Medal winner. It's been a difficult year for everyone with the upheaval around the upgrade works in and around the village. We trust that these works are entering the final stage. Come 2026 Lucan will have a different look and feel which will present us all with what some may see as challenges, but we prefer to think as opportunities for further projects to enhance our overall environment. More important still is the exciting prospect of the opening up of Lucan House and grounds which we know will prove to be a wonderful resource for all of us in the years ahead.

South Dublin County Council, Lucan Spring Clean group, Society for Old Lucan, Lucan Festival, Lucan Newsletter, Lucan Library and of course our own volunteers, both long standing and newer volunteers who have brought a new energy and enthusiasm to the group.

So take a bow all!

Kevin O'Loughlin Lucan Tidy Towns



FREE ADMISSION to Heritage Sites on the First Wednesday of the Month

Don't forget, next Wednesday, the first Wednesday of August, you can visit participating Heritage Sites all over Ireland for free!

The sites around Dublin are:

- The Casino, Marino
- Farmleigh House and Gardens
- Rathfarnham Castle
- Custom House Visitor Centre

For more sites around Ireland, visit www.heritageireland.ie



Happy Birthday to Róisín,

in Melbourne, who will celebrate her 9th Birthday on 7th November.

From all her friends in Lucan



We want to thank everyone for your support, schools, residents' groups, community groups, businesses, including SuperValu and a special thank you to Donal and staff in Carroll's and Hugh and staff in Courtney's, local councillors,

Carers & Toddlers Group

Thursdays, in St. Mary's Parish Centre, from 9.30 to 11.30am. All Welcome!



The Tariffs Man

His name is synonymous, all over the world. He is almost eighty and still on the go. His name lingers, perched on the tip of your tongues,

since he introduced his new tariffs and upset everyone.

it was by hook or by crook he set out on the trail,

to live in the white house, one day, was his aim.

he's now our new nightmare, he'll bring misery to all

his dangerous new tariffs will cripple us all. He needs to fill the coppers, and he'll do his best

To Bring in new tariffs, at his country's request.

They needed someone big, who would make a stand.

To bring in the new tariffs, and to build border walls.

To stop all the foreigners encroaching their land.

For, too long they have lived off our weak border laws

Free trade should work both ways you agree

So you'd better start buying more cars from me,

Your computers and tablets will stay on the shelves

If the tariffs are not paid, at the percentage he's set.

The tariffs, may have been his biggest blunder yet

Because the Nobel peace prize is not coming to him,

His name it was mentioned, but only in jest. they gave it to an activist, out of jealousy and hate

His new tariffs will make him the best president yet,

He needs to change the constitution, As he has only three years left,

The people have spoken, they need him to stay on,

Because his new tariffs, has pleased everyone,

They think it's time, they made him their king.

Bring royalty, to the states, let the contest begin.

Joseph Anthony Lucan Writers new members welcome



Maynooth Road, Celbridge (beside Salesian College)

The ACRE Gardening Club Returns!

We're delighted to announce that the ACRE Gardening Club is back after a short summer break. Meetings on the first Friday of each month: Friday, 7th November

Filday, 7th November

Friday, 5th December

If you'd like to register your interest, please get in touch. Frances@acreproject.com





Simply the Best!

Bringing on back the good times!

Social Club for over 50s meets every Saturday night.

Activities include social nights out and day trips.

Phone 083 3434480



Please Note:

All events and activities are free of charge. All events are subject to change, but we will try to keep changes to a minimum.

To register for events via Eventbrite, a valid email address is required.

ADULT EVENTS



No booking is required for the below events - all are welcome to attend!

Knitting Group - meets every Monday from 10am to 12pm.

Poet's Perch – Poetry Group meeting Tuesday 4th November at 6.30pm.

Chess Monthly Meetup - First Wednesday of the month, 3.30pm to 5.30pm. All levels welcome!

Lucan Library Creative Writing Group Thursdays 13th and 27th November at 10am.

Classic Film Club - Tuesday 18th November. Tea & coffee from 5.30pm, film starting at 6pm.



Additional Adult Events

Cyber Security Talk - Tuesday 4th November at 12pm. We will be joined by Jerome of Ekco Security who will talk attendees through how to stay safe online. Booking essential through Eventbrite. Yoga with Anne - A 6-week course starting

Wednesday 5th November 6.30pm.

Join Anne from Quiet Space Yoga & Retreats for a series of free yoga classes at Lucan Library. These classes combine gentle strength-building exercises, stretches to improve flexibility, and guided relaxation to leave you feeling calm and refreshed. Suitable for all levels – beginners welcome. Please bring your own yoga mat and a bottle of water. Booking essential through Eventbrite.

Makerspace Drop-In Session – Friday 7th
November 2-4pm. Curious about 3D printing or
never seen a laser cutter? Come along to our Drop-In
Makerspace session with our Maker in residence
William. No need to book, drop in on the day!
Changing Gears - for over 50s - A 6-week course
starting Thursday 6th November at 12.30pm.
Changing Gears A FREE initiative for over 50s to
reflect on life experience to date, lessons learned and

planning your next steps. How does it work?

Changing Gears provides time to reflect on your personal life experience, the challenges you have faced, and the skills and resources you have developed. You will learn strategies for building resilience and managing change, helping to lay the foundations for a positive and fulfilling future. Booking essential - email engage@ageandopportunity.ie or phone (01) 913 3922.

Battle of the Somme' Film Screening - Tuesday 11th November at 4.30pm. On November the 11th. Lucan Library will present 'Battle of the Somme' a landmark silent documentary filmed during the early weeks of the infamous 1916 battle. This screening offers a rare opportunity to witness authentic footage that was viewed by over 20 million viewers in its first six weeks—more than half the population of Britain and Ireland at the time. Originally created to bolster support for the war effort, the film captures the faces of real soldiers, the immense logistical scale of the campaign and the grim realities of trench warfare, with only one scene believed to be staged. The presentation features the fully remastered film courtesy of the Imperial War Museum in London. It is accompanied by a haunting new score from composer Laura Rossi, allowing audiences to experience this historic piece in its entirety as it was meant to be seen. No booking required – all welcome!

Table Quiz – Tuesday 2nd December, 2pm. Booking essential. Staff will be taking bookings from Monday 24th November – ask at the desk **to** book your place, or contact us by phoning (01) 621 6422 or emailing lucanlibrary@sdublincoco.ie.

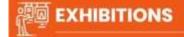
CHILDREN'S EVENTS

Events for Young Children: Reflexology for Babies and Parents. Wednesday 12th November at 10am

Little Wriggles Discovery Playtime. Thursday 18th November at 10am.

Musical Tots with Karen – Saturdays 8th & 29th November at10.30am.

Events for Older Children: Crafts with Elena for ages 9-12. Thursday 20th November at 3pm STEAM Saturday 22nd November at 2pm. Neurodiverse Events: Sensory Play for Pre-School Wednesday 5th November at 11am Booking all above via Eventbrite.



Exhibition by Society of Old Lucan. Soldier's Commemoration exhibition – all month. Exhibition of artworks by Local Lucan Art Club.

The Church

I'm on my own but I'm not alone, my friend is with me every day.

I go to church for I need a crutch, to help me on my way.

It's hard to choose which one to take, there are so many different makes.

Some have arms that hold you close, and some reach out to be your host.

Some will see you're not too sick and they'll provide you with a walking stick.

The think some find so hard to see, is what's going on inside of thee
But all have hearts that want to do the very best to help you through.
So no matter what our crutch is like, it will help you through each winter's night.

The Physician, He is there each day, and wants to help you on your way.

For He can see inside our heart and has walked with you from the very start.

He knows your every silent prayer, and wants to tell you how much he cares.

Listen carefully to what He says. He'll talk
to you as you sit and pray
And in your heart, you are bound to hear
His gentle voices as He holds you near.
We're on a journey heading home and we
need each other in case we roam

So come along and join the folk who help each other to carry their yoke.

Our burden is lighter when shared with a friend,

And I know God is with us right to the end.

R.D.



GAEILGE

Would you like to improve your conversation Irish?

A small group of people meet in the Parish Centre every Wednesday morning at 10.30am for one hour. **Beidh Fáilte Romhat!**

Spending time with Patrick Kavanagh.....



Another of Josie's photos – courtesy St. Mary's Camera Soiree.



Positive Habits of Mindful People Curiosity Habit:

Approach everyday things with curiosity – and sayour them.

Forgiveness Habit: Forgive their mistakes – big or small. We have all made mistakes for which we want to be forgiven.

Gratitude Habit: Show gratitude for good moments – and grace for bad ones – and gratitude for good moments – and grace for bad ones – and gratitude that we are alive for both.

Compassion Habit: Practice compassion and nurture connections and relatedness with all living creatures.

Peace Habit: Make peace with imperfection – inside and out.
Vulnerability Habit: Embrace vulnerability by trusting others – and ourselves.

Acceptance Habit: Accept – and appreciate – that things come and go – like the breath.



LUCAN HARRIERS A.C.

Dublin City Marathon 2025



34 ABSOLUTE LEGENDS ran the Dublin

City Marathon. First home for Lucan was Ciaran Hughes, 135th place, with a time of 2:39:33, followed by Enda Connolly, 631st place, in a time of 2:55:59, Jacek Latala, 925th place - 2:59:03, Brian Heneghan, 991st place - 2:58:35, Will Byrne, 1306th place - 3:04:30, Garreth Bayle, 1525th place - 3:06:26, Niall Mc Master, 5223rd place - 3:39:49, Colin O' Gara, 6145th place -3:43:48, Damien O' Sullivan, 6549th place -3:45:50. Declan Mc Manus, 6732nd place -3:47:42, Tony Keaney, 7243rd place - 3:49:18, Sile Mc Intyre, 7774th place - 3:53:22, Gary Farrell, 7781st place - 3:53:42, Roger Griffin, 8242nd place - 3:55:22, David Jones, 9650th place - 4:01:39, Derval Fitzgerald, 9673rd place -4:03:09, Gavin Nolan, 9840th place - 4:04:48, Kaylee Crowley 4:04:48, Edel Smyth Graham, 9975th place - 4:03:15.

Jennifer Murphy, 10503rd place - 4:08:58, Irene Foley, 11471st place - 4:13:29, Caroline Doocey, 11938th place - 4:19:04, Diane Argaud, 13493rd place - 4:29:36, Eleanor O' Neill, 13635th place -4:31:25, Jason Barrett, 13796th place - 4:30:28, Noirin Feighery, 14185th place - 4:38:07, Ciaran Deery, 14905th place - 4:43:41, Orla Moroney, 14968th place - 4:44:38, Eileen O' Brien (2nd in category!!!), 15269th place - 4:50:52, Lhyne Ganadin, 15378th place - 4:51:14, Colm Maguire, 16048th place - 5:00:10, Mary Lynch, 16123rd place - 5:01:34, Rosemary Gaine, 17047th place -5:23:11, Sinead Farrell, 17086th place - 5:24:16, Paul Mc Garvey, 17735th place - 5:47:56. Associate member Mary Browne finished 4th in her category - 3:58:44.

Well done!



Colin O'Gara





"At mile 20, I thought I was dead. At mile 22, I wished I was dead. At mile 24, I knew I was dead. At mile 26.2, I realized I had become too tough to kill!"

Unknown

POLITICAL NOTES

Cllr. Caroline Brady - Fine Gael - P.C. (085)2551602

CBrady@Cllrs.SDublinCoCo.ie

Tidy Towns Success:

Congratulations to Lucan and Adamstown Tidy Towns on their achievements in the 2025 SuperValu Tidy Towns competition. Adamstown achieved an excellent result of 245 points in their first year of participation. Lucan achieved a major milestone with a score of 380, earning a Gold Medal and the highest mark in South Dublin. A sincere thank you to the volunteers who make this happen – your dedication, community leadership, and commitment to improving our local environment is deeply appreciated.

Leaves:

Following resident requests, road sweeps are organised for Hillcrest, Dodsboro, Airlie, Woodview, and Woodview Heights.
Biodegradable bags were provided for local cleanups in Hillcrest. Bags are available from Tallaght or Clondalkin offices or contact me directly. Road sweeps and bag collections may be requested by emailing

publicrealm@sdublincoco.ie.

Check when your road is due for sweeping at: https://oxigen.ie/table/sdcc/

Cllr. Liona O'Toole - Independent

Ph: 0872795274

Email: lotoole@cllrs.sdublincoco.ie www.lotoole.com NTA to Meet Local Cllrs:

At this week's Area Committee meeting my motion was passed requesting that the National Transport Authority (NTA) attend a future meeting to allow for direct discussion on the bus network serving our area.

Following discussions the NTA has now agreed to meet with local councillors to examine these issues in detail. This is great progress and something I have been advocating for on behalf of the people I represent.

There will be two meetings (1) initial meeting (2) more technical session where we will have the opportunity to go through the key challenges and future plans for the local bus network.

In advance of these meetings, I'll be reaching out to residents to gather your feedback. Please send in your issues/experiences so I can compile a full list to bring forward to the NTA.

Helen Farrell, Independent

Working with Paul Gogarty, TD, Independent Email: hfarrell@cllrs.sdublincoco.ie

Tel: 087-2794936.

Facebook: http://bit.ly/4jHwrjR

New Recycling Bin at Schoolmaster's House:

A bin with recycling compartments will be installed (pilot scheme in Lucan village) in 2026.

Bus Service Concerns for Adamstown Corridor / Lucan Area:

My motion calling on SDCC to write to Dublin Bus and National Transport Authority (NTA) regarding capacity issues on bus services was passed. Capacity issues from Adamstown and down-route, particularly during peak times, etc. are impacting confidence in services. The discussion highlighted concerns raised by residents with me, including:

- Overcrowding on Adamstown buses
- Ghost buses / poor customer service on some routes, especially L51/52
- Loss of #25 bus & impact
- Failure to plan sufficient services before major city events

SDCC will write to Dublin Bus / NTA to request a meeting; councillors will present a list of constituent issues to be addressed.

Minister Emer Higgins TD - Fine Gael

01 618 3013. Insta: @emerhigginstd Emer.Higgins@oireachtas.ie

Annual Budget leaflet:

I will be distributing this year's Know Where You Stand Budget 2026 leaflet over the coming weeks. It outlines key measures announced in the Budget, including entitlements and supports that may apply to you and your family. For an extra copy, please contact me and I will arrange to send one to you.

Congrats Lucan Tidy Towns:

Huge congrats to Lucan Tidy Towns on achieving Gold at this year's National Tidy Towns competition. This is a fantastic achievement and reflects the ongoing hard work and commitment of the volunteers who work year-round to keep Lucan looking its best.



Metro Dart

A simple overground rail solution.

If people are to use public transport, it must suit the user, be reliable and dependable. It was ok in the past for all of it to go via the centre, but the city has expanded multiple times since and still the planners want



most public transport via the centre. Now that so many people are working outside the centre, it makes no sense by insisting that all rails should also go via the centre. This makes public transport more difficult to use for many working outside the city centre.

Bus Connects not much better, too many buses in the wrong place. Their orbital routes are not much better it makes travel day long and even longer for country users. The solutions are a choice between rail, longer bus use or costly motor travel to access areas outside the city centre. Traffic congestion is already bad despite so many working from home, can we wait another ten or more years before seriously address these problems.

The rail solution is simple due to what the great rail planners of the past did, all we need now is to link them up, this will give direct access to most areas around Dublin and All Ireland. It all can be done for less than half the cost of the one Metro link that serves such a small area. The big flaw with Metro Link, it induces all rail lines into city centre, this undermines the principle of movement which is direct.

I continue to ask you to look at Metro Dart rail alternative that addresses most of these problems, on acratu.com and make up your own mine.

Tom Newton 086 3127364 ACRA.

There is always, always something to be thankful for.





Be Open to the Possibility of Miracles. What is a Miracle?

Miracles happen everyday, change your perception of what a miracle is and you'll see them all around vou.

Something wonderful and surprising that is unaccepted and unanticipated.

In a world where everything is expected and anticipated because we already know how it will go,

There is no room for miracles to occur.

Life is full of miracles:

It is we who stop them.

We pretend we know it already,

Or simply don't accept it.

There are two ways to live:

You can live as if nothing is a miracle: You can live as if everything is a miracle.

Albert Einstein.

Older people need your support!



ALONE is recruiting volunteers to provide companionship and support through their Telephone Support &

Befriending service for older people.

ALONE asks that interested volunteers commit to one set shift of 2 hours per week for a minimum of 6 months.

Visit alone, ie/volunteers for more information.



Urgently require donations of Clothes, Household, Shoes, Bric-a-Brac etc.

> 5/6, The Village Centre, Lucan Open: 10am to 5.30pm, Monday to Saturday



St. Mary's Camera Soirée



This week our photographs have been supplied by Rose, Anna and Josie.

Rose got a beautiful autumnal shot of the steps down to Sarsfield Park.

Anna found a representation of St. Bridget crafted from willow, hazel and oak by artists Aidan Crotty and Naomi Rogers in the grounds of the Museum of Country Life outside Castlebar.







Josie sent in one she calls Scary Boy as it is Halloween related. However, most of Josie's photographs were taken in Wilton Place and the newly developed Wilton Park. I particularly liked "Dipping the Other Wing" a mirror-polished stainless-steel sculpture by Eilís O'Connell which was commissioned by IPUT and installed in Mary Lavin Place.

The stained-glass ceiling in the walkway is spectacular.

Mary Lavin was an American-born Irish author of short stories and novels who is now regarded as a pioneer in the field of women's writing. She was born in Massachusetts in 1912 to parents who were Irish emigrants. When Mary was nine her mother decided to come back to Ireland. IPUT Real Estate reopened Wilton Park in Dublin in October 2024 and named its centrepiece Mary Lavin Place, a public plaza to commemorate the short story writer who lived for many years on the adjacent Lad Lane with her three daughters.



Stay safe till next week!