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Sub. 80c

Sunday 17th January 2021

Statement of Archbishop Eamon Martin, Archbishop of Armagh on the Mother and Baby homes report



I welcome the publication of the Mother & Baby Homes Report. As a Church leader today, I accept that the Church was clearly part of that culture in which people were frequently stigmatized, judged and rejected. For that, and for the long-lasting hurt and emotional distress that has resulted, I unreservedly apologise to the survivors and to all those who are personally impacted by the realities it uncovers.

Mindful of the Gospel of Jesus Christ, which calls us to protect life and dignity and to treat everyone – especially little children and all who are vulnerable – with love, compassion and mercy, I believe the Church must continue to acknowledge before the Lord and before others its part in sustaining what the Report describes as a “harsh ... cold and uncaring atmosphere”.

Although it may be distressing, it is important that all of us spend time in the coming days reflecting on this Report which touches on the personal story and experience of many families in Ireland. The Commission’s Report helps to further open to the light what was for many years a hidden part of our shared history and it exposes the culture of isolation, secrecy and social ostracizing which faced “unmarried mothers” and their children in this country.

I ask all those who are in positions of leadership in the Church to study this lengthy report carefully and especially to spend time reflecting on the courageous testimonies of the witnesses to the Commission. Together we must ask “How could this happen?” We must identify, accept and respond to the broader issues which the Report raises about our past, present and future.

Above all we must continue to find ways of reaching out to those whose personal testimonies are central to this Report. They have shown determination in bringing to light this dark chapter in the life of Church and society. We owe it to them to take time to study and reflect on the findings and recommendations of the Report, and commit to doing what we can to help and support them. The Report makes it clear that many are still learning about their personal stories and searching for family members. The rights of all survivors to access personal information about themselves should be fully respected and I again urge the State to ensure that any remaining obstacles to information and tracing should be overcome.

Continued over.....

The Commission believes that there may be people with further information about burial places who have not come forward. I appeal to anyone who can help to do so. All burial grounds should be identified and appropriately marked so that the deceased and their families will be recognized and never be forgotten.

This Report will hopefully speak not just to our past but will also have lessons for today and for future generations. As Church, State and wider society we must ensure together that, in the Ireland of today, all children and their mothers feel wanted, welcomed and loved. We must also continue to ask ourselves where people today might feel similarly rejected, abandoned, forgotten or pushed to the margins.

This report will stir many emotions as it further uncovers disturbing and painful truths about our past. I commend those who have fought to have this story told and I thank those who have already been supporting survivors through various organisations and providing a platform for their voices to be heard.

✠*Eamon Martin*
Archbishop of Armagh
Primate of all Ireland

Lucan Goal Mile

Many thanks to everyone who supported this year's Virtual Mile. To those who organised 'social distanced' or 'family group' miles, or simply made a contribution online.

Special mention to the coaches of Lucan Harriers who organised the 'SD' event as part of their Christmas training. Also to the group of members who maintained the tradition of a 'SD' event on Christmas morning.

Please forward any outstanding contributions to GoalIreland.ie

Looking forward to a packed track this December!!

Gerard Martin 087-2132244



PLEASE NOTE:

We are **NOT** operating from the Newsletter Office at the moment, but leave your ads, queries or notices in the **letter box at St. Mary's Parish Centre, before 10pm on Wednesday night**, and we'll collect and look after them.

Alternately email any of the following:

marylucannewsletter@gmail.com

annalucannewsletter@gmail.com

roselucannewsletter@gmail.com

catherinelucannewsletter@gmail.com

Due to present restrictions, we will continue publishing online only for the next few weeks, when we will review the situation.

Our weekly block and small ads, which are not normally carried online, may be viewed on our **'Community' Page** at www.lucannewsletter.ie

**Don't count the days!
Make the days count!**



Don't let Covid restrictions prevent that New Year's Resolution.

Combat those public speaking fears.

Come join Lucan Toastmasters for

Our club meeting is on
**Thursday 21st
January**

21st January is our annual OPEN MEETING

All Welcome from 7:45pm on Zoom

Learn how to communicate effectively online in a supportive and fun environment.

Email vpmlucantostmasters@gmail.com for your exclusive zoom invitation.



Lucan Citizens Information Centre

www.citizensinformation.ie

COVID-19 has changed the service we offer to the public. Our drop-in service is not currently available, but we are taking phone calls, answering emails, and providing a call back service.



Call us on 0761 07 5090, leave a message with your name and number and an Information Officer will return your call within 2 working days.

Or you can email your query to us at dscis@citinfo.ie and someone will reply.

Citizens Information Phone Service (CIPS)
0761 07 4000 operates on Monday to Friday 9 am to 8 pm.

MABS

The Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over twenty years. MABS Clondalkin, phone 0761 07 2270 or email clondalkin@mabs.ie

Final Report of the Commission of Investigation into Mother and Baby Homes

This report is available on the following website
<https://www.gov.ie/en/publication/d4b3d-final-report-of-the-commission-of-investigation-into-mother-and-baby-homes/>

Commission of Investigation into Mother and Baby Homes Final Report | Frequently Asked Questions

(12 January 2021)

From Department of Children, Equality, Disability, Integration and Youth

Published on 12 January 2021

<https://www.gov.ie/en/publication/ffd02-commission-of-investigation-into-mother-and-baby-homes-final-report-frequently-asked-questions-12-january-2021/>

Your employment rights during Covid 19

The following link has information on employment rights during Covid 19. Including School and childcare closures due to COVID-19. If you left work to care for a child because of school or childcare closures and your employer is no longer paying you, you can apply for PUP.
https://www.citizensinformation.ie/en/employment/employment_rights_during_covid19_restrictions.html

The story of the name Leamhcán, or Lucan

According to P W Joyce, whose set of three volumes on The Origin and History of Irish Names, 1910, is the definitive authority on the subject, the placename Lucan is "land producing marsh mallows", which he says equates more nearly with the sound of old Irish versions of the name. (Vol II page 32). This is also the meaning given by Francis Elrington Ball in A History of the County Dublin, 1902, (Vol IV page 35).

This version has been accepted by the Ordnance Survey, as can be seen on the Logainm website (logainm.ie/en/17131?s=Lucan) as "land abounding in marsh mallows".

The marshmallow is a plant which grows along river banks, and has always been known as having medicinal uses, and which has given its name to the confectionary.

The alternative version of the origin of the name Lucan seems to have been brought into existence in his book Lucania by Rev William Donegan CC, also published in 1902. Donegan, who can hardly be accused of leaving any truth ungilded, says that Lucan is so called because of its elm-wood; "it is the place of elms. Leamhcán = "elm growing place". This version came into common usage by among others, the Automobile Association, which included it in their gazetteers. It has been widely adopted because of the accessibility of the AA's and Donegan's publications.

Joyce also lists locations which are correctly called "a place producing elms", which he translates as Leamhach, which gives us Lavey in Cavan and Lavy in Mayo, an entirely different sound, which should not be confused with Leamhcán.

Enda Lee

St. Thomas' JNS Esker

Admissions 2021

The enrolment process for **Junior Infants** for the school year **September 2021/2022** is now open.

The closing date is 29/1/2021.



The application form can be downloaded on our website at www.stthomasjns.com

For further information please contact 01-6282691 or email info@stthomasjns.com

Parish Notes



St Mary's, Lucan

www.lucanparish.com

During Level 5 Masses will be livestreamed on
www.lucanparish.com

Sunday Masses:

Vigil Saturday: 6.30pm, Sunday: 11am

Weekday Masses:

10am Monday to Saturday

Private Prayer:

The Church will be open daily for private prayer on weekdays from **10.30am to 6pm** (funerals permitting) and on Sundays from **12 noon to 6pm**. Please enter by the Main Porch Door and exit by the side door (near the Nun's Chapel). Please ensure social distancing when visiting the church and use hand sanitizers provided when entering and leaving.

Praying with Scripture:

Praying with scripture has resumed on zoom. If interested please contact Cheryl Murphy at 086 8343754 to register.

Deepest Sympathy to the family and friends of *Mary O'Grady*, Ardeevin and to the husband, family and friends of *Nora Greene*, Willsbrook.
May they rest in peace.



Church Art Calendar:

Available in the Parish Centre. **Parish Office is open:** Mon, Tues, Wed and Fri. From 9.30am to 1pm. Cost €2. **Please ring door bell.**

St. Patrick's Esker/Doddsboro/Adamstown

www.stpatrickslucan.ie

**All Masses are now streamed live on the Parish
Utube channel during Level 5**

Sunday Masses:

Vigil Saturday 7pm,
9am 10.30am Family Mass and 12 noon.

Weekday Masses:

Monday to Friday at 10am.

Private Prayer: Church is open for private prayer, weekdays 10 am to 12 noon. Access through pastoral door at far side of the Church.

View the following on www.stpatrickslucan.ie

Mass Readings for the week

Morning Prayer – Lauds

Evening Prayer – Vespers

Take five at 10 - Reflections–Weekdays: 10am

Taizé – Watch and Pray

Divine Mercy, Lucan South

www.lucansouthparish.net

All Masses will be livestreamed only on
www.lucansouthparish.net

Sunday Mass:

Sunday 10:30am



Weekday Masses:

Monday to Friday 9:15am

Saturday 10am.

Daily Readings on website:

Under our Welcome menu you will find links for the **Daily Mass Reading** which updates every day as well as **Sunday Mass Reading** for the following Sunday's Mass. It is a great way to be able to read along during Mass if you so wish or take time to reflect on the passages during the week and see what message they have for you. One quick note is that if it is a Sunday and you want to see the Gospel for today then click on the Daily Mass Reading link as the Sunday listing will be for the following week.

Private Prayer:

While the Church is not open to parishioners for Mass, the Faustina Chapel is open for private prayer from **10am to 12 noon Monday to Friday.**

Please remember to sanitise your hands when you enter and wear a face covering if you would like to visit the Church so it can remain a safe space for everyone.

**Please note that the obligation to attend
Sunday Mass is temporarily lifted by Pope
Francis for the duration of the crisis.**

Lucan Heights
Lucan
January 11th 2021

Dear Sir/Madam,

Over fifty years ago I served on the committee of what was then Hill House Estate. Several matters of concern were raised with the developer Timothy O'Shea, before the estate was taken in charge by the local authority. We brought the following items to the attention of Mr. O'Shea:

(a): Our unanimous dis-satisfaction with the name of the estate... a plebiscite was held and the name of the estate was changed to Lucan Heights.

(b): At the same time and by a unanimous vote we demanded that permanent bollards be erected at both ends of the pedestrian exit from Lucan Heights onto the main road. This was deemed necessary because a number of motor-cyclists were using the pedestrian exit, thereby placing at risk the safety of school children and other pedestrians. Permanent bollards were placed in position and have remained in place for over fifty years. They are a permanent feature of the estate and constitute a vital part of the purchase contract of all houses on the estate. Any breach of the pedestrian exit would represent a breach of contract, would lower the value of all house in the estate and would destroy the identity and integrity of the estate. The pedestrian exit must remain intact. The notion that school children, vulnerable adults going to and from the church and residents using the bus should have to cross a line of traffic and be exposed to risk is utterly abhorrent.

Lucan Heights occupies one of the highest sites overlooking the village and on the site of one of the oldest roads in Ireland. It is of immense historical importance, A four-storey building adjacent to one of the busiest road-junctions in Dublin and in the path of hundreds of children should never have been proposed and must be rejected for once and for all.

Lucan residents are extremely sensitive in relation to the preservation of the beauty and amenity of The Strawberry Beds, a route of great beauty and of literary and historical significance. Every development along both sides of this valley has had to adhere to strict environmental guidelines. The proposed building would shatter these guidelines and would be visually obtrusive and environmentally detrimental. We will do everything to preserve the beauty of the Liffey Valley and the value and amenity of our homes.

Signed: *Hugh Mulrooney*

THE TRAIN:

At birth we boarded the train and met our parents, and we believe they will always travel by our side.

As time goes by, other people will board the train; and they will be significant i.e. our siblings, friends, children, strangers and even the love of your life.

However, at some station our parents will step down from the train, leaving us on this journey alone. Others will step down over time and leave a permanent vacuum. Some, however, will go so unnoticed that we don't realize they vacated their seats.

This train ride will be full of joy, sorrow, fantasy, expectations, hellos, goodbyes, and farewells. Success consists of having a good relationship with all passengers requiring that we give the best of ourselves.

The mystery to everyone is: We do not know at which station we ourselves will step down. So, we must live in the best way, love, forgive, and offer the best of who we are. It is important to do this because when the time comes for us to step down and leave our seat empty we should leave behind beautiful memories for those who will continue to travel on the train of life.

I wish you a joyful journey for the coming years on your train of life.

Reap success, give lots of love and be happy.

More importantly, thank God for the journey!

Lastly, I want to thank you for being one of the passengers on my train!

Author unknown



Confucius was a wise man who lived, they say, about 3,000 years ago.

Here are some of his thoughts:

Man who drive like hell, bound to get there.

Man who sit on tack, bound to get point.

Man who keep feet firmly on ground have trouble putting on pants.

Anniversaries

BIRNIE (NANCY - nee McGRATH)

10th Anniversary - 16th January

"Little robin redbreast
In my garden everyday
Who always seems to stay
As others fly away
Who sings the sweetest song
My ears could ever hear
I know it is a sign
That you are always near."

With love from Billy, Mark, Diane, family and friends



HANLON (MAY - nee CARROLL)

30th Anniversary - 18th January

Late of Lucan Weir View.
"Those we love don't go away
They walk beside us every day."
Remembering you on your 30th Anniversary
away from home.

*Always loved and never forgotten by her
sons Tom and Anthony and all her family*

McDONALD (JOHN F)

7th Anniversary - 23rd January

In loving memory of a wonderful husband, father
and grandad.

Always remembered, never forgotten

McGRATH (MICHAEL)

7th Anniversary - 18th January

Thinking of this wonderful man ever since
We think and pray for him daily
Sending as much love as is possible.

*From all the McGraths and extended
family xxxxxx*



McNALLY (JACK)

29th Anniversary - 17th January

Dad, we think of you every day, especially today
Dad, we miss you every day, especially today
But this year Dad, we take comfort
Knowing there is no social distancing in Heaven
You can hug and kiss whoever you like
And we know who that will be.

Also remembering **Mam**.

Love from all your family

O'BRIEN (VINCENT)

1st Anniversary

First year away from home.
We miss your smile, your joking ways
We miss the things you used to say
And when old times we recall
It's when we miss you most of all.
And **Joyce**.

May they rest in peace.

Love from all the family xxx

ROTHERY (RAY)

4th Anniversary - 16th January

Late of Hillcrest, Lucan.
Your life was a blessing
Your memory a treasure,
You are loved beyond words
And missed beyond measure.
*Loved and missed always by Val, Keith, Ian, Gary
and all family and friends*



NOT EVERYTHING IS CANCELLED!

Sunshine is not cancelled

Love is not cancelled

Relationships are not cancelled

Reading is not cancelled

Naps are not cancelled

Going for a walk is not cancelled

Kindness is not cancelled

Imagination is not cancelled

Conversations are not cancelled

HOPE is not cancelled

My positive outlooks.com





How is it going?

We can only hope and pray that we are in for better days ahead. Most of us are doing our best – picking ourselves up and struggling on. It is not easy for anybody, young or old.

Modern technology is wonderful!

Zoom seems to be playing a big part in school lessons these days. No doubt it is invaluable to secondary school pupils as they prepare for important exams, but even the little ones are familiar with it.



Junior Infant twins Seán and Tadhg were delighted to see Teacher on Zoom this past week.



Tidy Towns Competition back for 2021!

We hear that the annual Tidy Towns competition is back after missing out on 2020 due to Covid. It must be said that even without any competitions, the Lucan group and indeed many local residents have been busy looking after their areas.



You can't beat the old games!

Following our photo of a local Ringboard Team in last week's issue, Maria Murphy sent us a picture of her board which was purchased in Clery's Sports

Department at Christmas 1976, and still in use hanging on the back of her kitchen door today. *The stories this board could tell!*



Some of the first daffodils in Lucan in 2021 – spotted at the Chinese Church. Spring is definitely on the way!

(left) We spotted Simon Connaughton's photo of a frozen-over Grand Canal last weekend, on twitter.



SCHOOL NEWS



St Joseph's College

We hope that everybody had a peaceful Christmas and wish all of our students, parents, staff and community a very Happy New Year.

Unfortunately, we found ourselves again in the situation whereby the school could not reopen as normal, after the Christmas holidays. Remote teaching resumed on Monday, with all of our students receiving class tuition, either by live streaming of lessons or by the provision of teachers' pre-recorded video lessons, in accordance with the Department of Education guidance. We would like to thank all of our students, parents and teachers for engaging with this process.

2021 Calendar for St. Vincent de Paul

Joey's Tidy Towns' Calendar have made great sales for their fundraiser for St. Vincent de Paul. It is unfortunate that with both our school and the local St. Vincent de Paul shop closed, access to buying the calendar and supporting such a good cause has been curtailed. We still have some lovely calendars available for sale. Calendars are priced at €10.00 with €5.00 from each calendar being donated to the local branch of St. Vincent de Paul. If anyone would like to buy a calendar, please contact Catherine at the school on 01-6281160 or stjosephslucan@gmail.com and we will arrange to get it to you!



School website <https://stjosephslucan.com>

Follow us on Twitter: @STJosephs3

PA Raffle

We would like to express our thanks to our wonderful Parents' Association on their recent Monster Raffle Fundraiser. It was a great success, generously supported by our school community. Thank you to everybody who supported the event. Funds raised will be spent on facilities for our students.

Our Parents' Association are looking for volunteers to speak (online) about any career to our students, as part of a planned '**Careers Education Series**'. The online talks would take place in the evening at a time that suited the speaker, for about 30 minutes. If anybody would be willing to participate, could you please contact our Parents' Association at stjoeyspa@gmail.com for further details. Thank you!

Well done to our five **BT Young Scientists**, who presented their projects at the 2021 'online' Exhibition. It was great experience for the five and they thoroughly enjoyed the event. Leah Dunne and Hannah Gibbs project was 'A comparative analysis of the effectiveness of cleaning products based on their recommended retail price'. Irene Malaykal, Erin Tomney and Aoife Pakenham-Barry's project was 'Investigating the link between reading for pleasure and pursuing a higher education and career'. Well done girls!

Three of our students recently joined Comhairle na nÓg. Isobel Solan, Ellen Staunton and Catherine Killard-Lynch. Comhairle na nÓg are child and youth councils in the 31 local authorities of the country, which give children and young people the opportunity to be involved in the development of local services and policies.



Well done ladies!

Political Notes

Cllr. Derren Ó Brádaigh – Sinn Féin

Email: dobradaigh@cllrs.sdublincoco.ie

Ph: 087-2136345

Illegal Dumping / Graffiti – Adamstown:

In the past week, I have made representations to the council to have rubbish removed from the link road and for graffiti removal from the underside requested that the green gate leading onto the Kishogue lands be secured having been damaged recently.

Covid - Level 5 Restrictions: Reminder that the Council offices, whilst closed to the public, are still open for business by phone and online. For help services and support, you can contact customer care on

<https://buff.ly/2mSzNc8>, by calling 01-4149000 or by emailing info@sdublincoco.ie

Community Group Funding: I was delighted to welcome recent funding toward a number of local groups under the Community Enhancement Programme 2020. Amongst some of the local community groups were the Bellowed Castle Youth & Community Centre in Lucan and the Ronanstown Women's Community Development Project.

Gino Kenny TD - People Before Profit

Phone: 01-6183816. Email: gino.kenny@oir.ie

The Justice and Equality committee have announced that written submissions in regards to the Dying with Dignity Bill have been extended by a week to the 29th January.

Mother and Baby Home Commission of

Investigation Report: This week the government published the three thousand page report on the provision of Mother and Baby Homes in the state from 1920 to 1997. It has made for a profoundly difficult read on the treatment of church and state on how they treated women and children during this period. People Before Profit wish to extend our full solidarity and support to the survivors and hope they find some solace and closure in the report and subsequent state apology.

This morning I saw a neighbour talking to her cat. It was obvious she thought the cat understood. I came home and told my dog we had a good laugh.

Cllr Shane Moynihan - Fianna Fáil

(Palmerstown-Fonthill) Ph: 087 7840898

Email: smoynihan@cllrs.sdublincoco.ie

facebook.com/cllrshanemoynihan

Twitter: @shanemoynihan

Cluain Rí Park on Ballyowen Lane: It was good to see clean-up of Cluain Rí Park on Ballyowen Lane take place over the past few weeks. I requested this at a Local Area Committee before Christmas and am keen to see the potential of this green space used!

County Council meeting: We had the first remote meeting of the County Council this week on an online platform, in light of the current COVID-19 restrictions. Among the items covered was a decision to proceed with the development of Integrated Constructed Wetlands at Griffeen Valley Park. This will present positive results in the protection and enhancement of biodiversity.

Website: I have launched a new website at www.shanemoynihan.ie which I will use for news and information update. Please visit it and I would welcome your feedback.

Palmerstown Camera Club

Palmerstown Camera Club

welcomes all adults to our Zoom meetings. They take place every Wednesday at 8 pm.



Whether you are a beginner or an experienced photographer you will be made very welcome. Palmerstown Camera Club is a very friendly, encouraging and successful photography club.

You can join us on Zoom and start off the New Year, by benefiting and improving your great hobby, right from your own computer.

To get more details please email

secpcc@mail.com

See you on Wednesday.

South Dublin Co. Co. on Dumping

Household Waste Collection

Services are operating and Civic Amenity sites are open.



If you witness dumping contact

014149000/wasteregulation@sdublincoco.ie



Lucan Sarsfields Healthy Club “Every Step Counts Challenge”

The Every Step Counts Challenge is a virtual challenge, this is the ideal challenge for our club, our members and the wider community to get involved with during the current level of restrictions. The challenge begins on Wednesday, 13th January.



Volunteers needed - Lucan Sarsfields Healthy Club in association with SuperValu Lucan are offering a volunteer led shopping delivery services to assist the elderly and the most vulnerable within our community. If you can help please email lucanhealthyclub@gmail.com with your name, mobile number and team.

Dark Blue by Shane Carthy. An inspiration every way... Between winning All Irelands with Dublin and battling through the depths of depression, Shane Carthy's is a fascinating story. Our Healthy Club group organised him to give a talk in the club in 2019 and for those who didn't make it on the night, he has a book coming out next month. He writes about his mental illness and his journey over the last 5 years. And don't forget pieta.ie or jigsaw.ie if you or a friend are struggling. “A trouble shared is a trouble halved”.

Free Online Resilience and Mindfulness

Webinars. Sligo Libraries, as part of the Healthy Ireland at Your Libraries programme, are delighted to present a Free Online Webinar series with Shane Martin, Psychologist C.Psychol. Ps.S.I. beginning on the 7th of January and continuing every Thursday in January.

For further details and information on how to attend please follow the following link: <https://sligolibrary.ie/free-online-resilience-and-mindfulness-webinars-with-psychologist-shane-martin/>

Youth Mental Health First Aid

The Youth Mental Health First Aid (Youth MHFA) programme is designed for adults who work with, live with or care for young people aged between 12 to 18. The Youth MHFA training programme is particularly suited to parents/guardians, school staff, sports coaches, community group leaders and youth workers. Participants who undertake Youth MHFA training will learn how to assist a young person who may be experiencing a mental health problem or a mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence-based action plan. This course is ideally suited to those who have not attended Mental Health First Aid training before. This training is fully funded by the HSE and will be delivered via Zoom by MHFA Ireland accredited instructors. Training will take place online from 9am to 4pm each day and attendance for the full duration is required.

Registration is via the booking links below:

- ☐ Youth MHFA training 27-28 January 2021: <https://mymhfacourse.as.me/YMHFA-27th28thJan21>
- ☐ Youth MHFA training 03-04 February 2021: <https://mymhfacourse.as.me/YMHFA-3rd4thFeb21>

Royal College of Surgeons in Ireland: The Science of Happiness webinar How to be happy: RCSI psychologists guide to figuring out what you want and making it happen. Join them on 19 January: <https://t.co/WgLdNdcBxL?amp=1>

IMPORTANT Notice from Children's Officer.

There has been a change in the mentor vetting requirements for our Gaelic Games associations. Anyone previously vetted prior to 1/1/2019 must now reapply to be re-vetted. This must be completed before 30 June 2021. This came in to force on January 1 2021. Vetting now has a 3 year recognition period. Link to online vetting <https://gaa.flowforma.com/Lists/Forms/NewForm.aspx?FlowId=7>

Lucan Sarsfields GAA Cont'd,

Membership. It is important Membership. It is important to note that when it is safe for Gaelic Games to resume, all participants need to be members of the club and registered with the games associations. You can renew your membership using the ClubForce app or online via the Lucan Sarsfields GAA Club website. www.lucansarsfields.ie

Our condolences to Kieran Murphy (Jnr A Hurling coach) and his family on the death of his father, John. May he rest in peace.

Our condolences also to Fearghal O'Flaherty (U14 Hurling) and family on the death of his father, Patrick. Ar dheis Dé go raibh a anam

Wanted: The Club are seeking volunteers from our club membership that have specific skills to provide advice and assistance, in particular those with knowledge and training in Video Recording/Editing, Statistical Sports Analysis, Public Relations. This may be of interest and benefit to those on relevant undergraduate programs. Please apply in confidence to: pro.lucansarsfields.dublin@gaa.ie

Lucan Sarsfields GAA Club Lotto Jackpot €6200.

There was no winner of the €5800 jackpot of the draw held on Thursday 7th January sponsored by Dual Printing Ltd. The numbers drawn were

6, 20, 22 and 27.



Lucky Dip winners of €30 each: Paul Heneghan, Aoife Doyle, Michael Claffey, Keith Hannon and Caroline Belton. The Jackpot for the next draw on Thursday 14th January 2021 is €6200, sponsor: D.J. Engineering. The draw will be held behind closed doors at 9pm and live streamed on our Facebook page. Make sure your entry is submitted before 6pm to be included in the draw, tickets can be purchased online at the following link: <http://bit.ly/LucanSarsfieldsClubLotto>.

Thank You for supporting Lucan Sarsfields GAA Club

Homily - Pope Francis

You can have flaws, be anxious, and even be angry, but do not forget that your life is the greatest enterprise in the world. Only you can stop it from going bust. Many appreciate you, admire you and love you. Remember that to be happy is not to have a sky without a storm, a road without accidents, work without fatigue, relationships without disappointments. To be happy is to find strength in forgiveness, hope in battles, security in the stage of fear, love in discord. It is not only to enjoy the smile, but also to reflect on the sadness. It is not only to celebrate the successes, but to learn lessons from the failures. It is not only to feel happy with the applause, but to be happy in anonymity. Being happy is not a fatality of destiny, but an achievement for those who can travel within themselves. To be happy is to stop feeling like a victim and become your destiny's author. It is to cross deserts, yet to be able to find an oasis in the depths of our soul. It is to thank God for every morning, for the miracle of life. Being happy is not being afraid of your own feelings. It's to be able to talk about you. It is having the courage to hear a "no". It is confidence in the face of criticism, even when unjustified. It is to kiss your children, pamper your parents, to live poetic moments with friends, even when they hurt us. To be happy is to let live the creature that lives in each of us, free, joyful and simple. It is to have the maturity to be able to say: "I made mistakes". It is to have the courage to say "I am sorry". It is to have the sensitivity to say "I need you". It is to have the ability to say "I love you". May your life become a garden of opportunities for happiness, that in spring may it be a lover of joy. In winter a lover of wisdom. And when you make a mistake, start all over again. For only then will you be in love with life. You will find that to be happy is not to have a perfect life. But use the tears to irrigate tolerance. Use your losses to train patience. Use your mistakes to sculptor serenity. Use pain to plaster pleasure. Use obstacles to open windows of intelligence. Never give up up....Never give up on people who love you. Never give up on happiness, for life is an incredible show.

January

Lucan Library

All events and activities are free of charge.



Baby Reflexology Classes with The Relaxation Room Leixlip

Starts Friday 22nd January, 10:30am - 11:30am
Continues Friday 29th January, 5th and 12th February
A four-week course of Reflexology for babies and toddlers aged up to 4 years.

Reflexology can help with sleeping, digestive issues, teething pain while also helping a parent bond with their child. Susan McTernan of the Relaxation Room Leixlip is a registered member of National Register of Reflexologists Ireland. A model baby foot will be provided to those taking part so that classes can take place if baby is sleeping; this model foot will be posted to participants as the library is currently closed due to Level 5 Restrictions. **Priority will be given to those living within South Dublin County. All four sessions must be attended.**

Please note: It is important to note reflexology is not a substitute for medical care and you should always consult your GP or public health nurse if you are concerned about your child.

Only one ticket needs to be booked to attend all 4 classes. A valid email address is required to register for this event as the Zoom links to each class will be emailed to the supplied address by the facilitator. Booking now open,

Via <https://www.eventbrite.ie/e/baby-reflexology-classes-tickets-135706276125>



Irish Classes for Beginners

Starts Wednesday 20th January, 7:00pm - 8:00pm
Continues Wednesday 27th January, 3rd, 10th, 17th, 24th February, 3rd and 10th March
(Re)Start Irish with our 8 week class for adults! Whether you learned in school and would like to get back to the basics or you're a total beginner, our fun online class will get you (re)started! Learn Irish now! Foghlaim Gaeilge anois! These classes will be delivered online via Zoom.

Please note: Only one ticket needs to be booked to attend all 8 classes. One participant per device. A valid email address is required to register for this event as the Zoom links to each class will be emailed to the supplied address by the facilitator. Waitlist only

via <https://www.eventbrite.ie/e/beginners-irish-classes-for-adults-tickets-135295671997>



French Classes for Beginners

Starts Thursday 21st January, 7:00pm - 8:00pm
Continues Thursday 28th January, 4th, 11th, 18th and 25th February

The perfect short course for adults who might be planning a trip away when normality returns. This 6 week course will be delivered online via Zoom. **Please note: Only one ticket needs to be booked to attend all 6 classes. One participant per device. A valid email address is required to register for this event as the Zoom links to each class will be emailed to the supplied address by the facilitator.**

Booking via <https://www.eventbrite.ie/e/french-classes-for-beginners-tickets-135687616313>

The Irish Rebellion of 1641 with Dr. Jarlath Killeen

Thursday 21st January, 7:00pm - 8:00pm

This talk will examine the way the 1641 rebellion was represented as a kind of horror story in the immediate aftermath of the events.

It will also look at a number of pamphlets and histories of the rebellion published in the 1640s and focus on the images and language of horror and terror in these texts.

This talk will be delivered online via Zoom.

Please note: A valid email address is required to register for this event as the Zoom links to this event will be emailed to the supplied address by the facilitator.

Only one ticket is required per device.

Booking via <https://www.eventbrite.ie/e/the-irish-rebellion-of-1641-with-dr-jarlath-killeen-tickets-135968689009>

Thomas Jefferson and the Contradictions within American Democracy with Cecelia Hartsell

Thursday 28th January, 7:00pm -

8:00pm In light of the recent events in the United States, this talk will examine the role of politics, constitutional authority and the power of language in relation to Thomas Jefferson's presidency. Politics and the Presidency: Jefferson's politics, his victory in the election of 1800 and the role of Congress in the election.

Presidential Power: Jefferson, the Louisiana Purchase and the Constitution.

The Power of Language in the Presidency: Before he was president, Jefferson authored the Declaration of Independence in 1776. He was also a slave-owner. Hear how he reconciled the two. This talk will be delivered online via Zoom.

Please note: A valid email address is required to register for this event as the Zoom links to this event will be emailed to the supplied address by the facilitator.

Only one ticket is required per device.

Booking via <https://www.eventbrite.ie/e/thomas-jefferson-and-the-contradictions-of-american-democracy-tickets-135969350989>

St. Mary's Camera Soirée

It is unfortunate that the Newsletter has had to revert to on-line publication in the current circumstances. However, one benefit of that is that photographs look stunning in the on line edition.



You will recall that last week on the re-introduction of the 5km limit a member of our group wished for some snow to give our photographs a different perspective and that he got his wish when one morning there was a light coating on the ground.



He got his wish a second time when there was a further fall of snow which resulted in a fascinating exchange of photos within the group but unfortunately too late to be put in the hat for publication in last weekend's newsletter.

Some of them would make beautiful “Victorian” Christmas cards so maybe for next Christmas the group will produce its own cards! Conor’s robin has turned up in photos regularly and at this stage Conor says that the bird is almost eating out of his hand. We might consider making robin an honorary member.



One thing is certain - neither COVID 19 nor the restrictions on movement that have resulted have dampened the enthusiasm of members of the group for their hobby.

Some of them have been up and out at ungodly hours in the recent cold spell to take beautiful shots around the Lucan area. Let them at it - I’m afraid that I have to admit that at these times I am turning over in my nice warm bed for my second sleep!

Until the next time stay safe.

