



Established 1967

[www.lucannewsletter.ie](http://www.lucannewsletter.ie)

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Sunday 18<sup>th</sup> February 2024

## Who Cares!

The topic of caring is very much in the news currently, from a number of aspects. People are now living longer and generally with good health due to better living standards and care of own wellbeing and health. However, most arrive at a point where some level of care is needed. Most, potentially, can live at home with support, retaining independence and quality of life. Many who would previously have been fully institutionalised on account of having physical and/or intellectual needs are now cared for part time or full time at home.

There are now a wide range of aids to support caring for people physically, emotionally and intellectually as many with needs and many who have cared for those with needs, have been instrumental in driving inventions. Our homes can be adapted to accommodate most needs and AI and IT products improve safety and security measures. Caring for people in the home should be much easier now. However, no amount of AI will ever compensate for people and for human contact.



For those who are carers and those for who are availing of care from loved ones, the feelings of guilt and of frustration are often like heavy paniers hanging over every effort. Those being cared for feel guilty for being a 'burden' on those caring and those caring often feel like they are not doing enough.

Frustration by either party can be immovable obstacles in particular encounters with one another and further derive guilt when aware that the best self didn't show up in a particular moment!

Carers spend hours each month listening to Greensleeves having pressed several numbers on

the phone to access services or information only to arrive twenty minutes later to be informed that the phone line is now closed due to lunchtime, or staff handover time, etc and then find that the same process will start all over tomorrow! Almost no one is provided with enough care to respond to basic care needs re morning showering, dressing or evening routine in reverse. On receipt of care hours, it is not unusual for an effort to reduce the hours to be suggested by the suppliers and then for it to occur regardless.

Many carers suffer from some of the following: back injury, torn tendons and muscles, general exhaustion and depression. Carers often neglect care of themselves as there is no alternative if they are to serve the needs of the aged or person with disability.

*If you have not had the experience of being a carer what could you do:*

- 1** LISTEN! Allow the carer to vent, or to be silent, or just be. Don't judge. If advice is not asked for, do not give it.
- 2** Lobby politicians for a response to home care needs so that the package can equal that provided for nursing home care. Ask carers and those needing care what it is that could bridge the gap if the will and resources were provided.
- 3** If you have time, let the carer know when you have time to spare and ask what/if they might like you to do for the carer or the one needing care.
- 4** When you meet the carer and person being cared for socially, give time firstly to the person being cared for as that is the object of the carer's endeavours.

Cathy Burke  
Catechist to the Lucan Partnership of Parishes

## Lucan Citizens Information Centre

Our telephone number is **0818 07 5090**

[www.citizensinformation.ie](http://www.citizensinformation.ie)

Email – [lucan@citinfo.ie](mailto:lucan@citinfo.ie)

Our office is located in the Ballyowen Castle Youth and Community Centre, Ballyowen, Lucan



### Opening hours

#### Walk-ins to see an Information Officer

Tuesday: 10am – 12pm and 2pm to 4 pm

Wednesday: None

Thursday: 10am – 12pm and 2pm to 4 pm

### Reception open

Tuesday: 10am - 1pm and 2pm - 4pm

Wednesday: 10am - 1pm and 2pm - 4pm

Thursday: 10am - 1pm and 2pm - 4pm

We are closed on Mondays and Fridays.

**Citizens Information Phone Service (CIPS)** is open Monday to Friday 9 am to 8pm on 0818 07 4000

**MABS** – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years. MABS phone service is open Monday to Friday 9 am to 8 pm on 0818 07 2000

## The Irish Constitution

The Irish Constitution (or **Bunreacht na hÉireann**) was ratified by the Irish people in 1937. It is the fundamental law of the State.

Every part of the Constitution is set out in both the Irish and English languages. Article 8 states that the Irish language is the first official language and that the English language is recognised as a second official language.

The Constitution establishes the branches or organs of government, it establishes the courts and sets out how those institutions should be run. It also describes the fundamental rights of every Irish citizen.

The Constitution is also part of a wider human rights framework in Ireland. This refers to all legal and other human rights commitments made by Ireland, including treaties under the United Nations, the European Convention on Human Rights and the Charter of Fundamental Rights of the European Union.

**Amending the Constitution:** The consent of the Irish people is needed before the Constitution can be amended. This means that amendments to the Constitution can only be made by way of a constitutional referendum. Up to 2023, 38 constitutional referendums had been held, of which 32 resulted in amendments to the

Constitution. A list of the amending Acts is at the front of the Constitution published on [irishstatutebook.ie](http://irishstatutebook.ie).

If no petition challenging the result is presented to the High Court within 7 days of its publication, the certificate becomes final. The President will then sign the Bill to change the Constitution and the Constitution will be amended.

**Further information:** You can access a full copy of the Constitution on [irishstatutebook.ie](http://irishstatutebook.ie). You may also order a copy from the Government Publications Office and it is available in bookshops nationwide.

## Keep your Child Safe Online

Understanding the risks your child may face online is crucial. Dangers include the loss of privacy, exposure to inappropriate content, cyberbullying and online grooming.

### *Learn about the apps they use and discuss:*

- Adjusting security and privacy settings
- Blocking or unfriending unwanted contacts
- Deleting profiles and accounts
- Dealing with inappropriate content

### *Safeguard your child online by using:*

- Parental controls to manage your child's online activities
- Filters to restrict their access to specific content, using tools such as SafeSearch
- Time tracker tools to monitor their social media with available app features

### *Resources for parents*

Get information and advice from:

- Irish Society for the Prevention of Cruelty to Children (ISPCC) parenting hub: information on online safety and exposure to inappropriate content.
- Children's Rights Alliance: have a guide to children's European rights to online privacy and safety.
- CyberSafeIreland: on educating children, parents and teachers in online safety.
- Webwise.ie parental hub: advice on the latest apps and social networks, and how to set up parental controls.
- Hotline.ie: safety advice for parents and children using the internet.
- National Parents Council (NPC) helpline: advice on internet safety and training courses.
- Spunout.ie: information on online privacy, safety, and security.
- European Commission Better Internet for Kids Portal: information on staying safe online and illegal online content.
- Safer Internet Day (SID): an EU-wide initiative for safer internet use.

## A Sticking Plaster on an Open Wound!

Dear Editor,

With reference to Birdie's mention of the fencing at the collapsed Demesne wall, I am livid after seeing workmen patch it up once again.



I could hardly believe it is nearly five years since the wall collapsed – the summer of 2019, and we are still left with a very dangerous situation on what is a Main Road.

I would think that health and safety trumps the cost entailed, regardless of who owns the wall. While SDCC are to be commended on all the facilities they do provide eg landscaped parklands, playgrounds, sports fields etc, surely the likes of this situation should be top of the spend list.

Readers! With local elections coming up soon, please ask any aspiring candidates that knock on your door, about this situation – unless it's settled by then!!!!!!

*(Contact details with Editor)*

## Lucan ICA

**Monday 19<sup>th</sup> February: Craft Group** meet as usual 10am till 12.30pm.

Continuing with Jewellery Class.

**Tea Hostesses:** Miriam Gavin and Marie O'Sullivan.

Thank you to Mary Duffy, Miriam Gavin and Pauline Bligh who represented our Lucan Guild at the Spring Federation Meeting on Saturday last, and came home with a good report.



## Lucan Drama - Bringing Drama to Your Doorstep

**Lucan Drama is moving!**

After spending the last few decades based at the Lucan SPA Hotel we in Lucan Drama are in the process of moving. Due to a change of use in our main performance area at the hotel we are busy confirming new rehearsal/performance spaces in the Lucan area.

We would like to express our sincere gratitude to the staff and management at the Lucan SPA Hotel for all their support and help down through the years and wish them all the very best in the years to come.

We are energised and excited about this new adventure and we will be putting on a number of performances in 2024 and look forward to welcoming you to join us as we continue in our goal of bringing drama to the people of Lucan.



## Lucan Active Retirement Assoc.

We meet in St Andrew's Parish Centre, Main Street, Lucan, on Thursdays at 11.30am. New members always welcome, come and join us in a friendly atmosphere and meet new friends. No charge for your first meeting.

Lots of activities to enjoy. Bowls, scrabble, cards, drama and choir. Coffee break at 1pm. Organised trips in Ireland and abroad

## Minder & Toddler Group

**Thursdays**  
in **St. Mary's Parish Centre**  
from **9.30am to 11.30am.**

*All Welcome!*





## Parish Notes

### St Mary's, Lucan

[www.lucanparish.com](http://www.lucanparish.com)



#### Sunday Mass Times:

Vigil: 6.30pm

Sunday: 10.30am, 12 noon and 7pm.

**Weekday Masses:** Monday to Friday 10am and 7.30pm.

**(NO evening Mass this Monday 19<sup>th</sup> February).**

Saturday 10am.

Masses live-streamed on [www.lucanparish.com](http://www.lucanparish.com)

#### St Mary's Church Car Park – Chapel Hill Barrier Closed:

It has come to our attention that some people are driving, very dangerously through our church car park, taking a short cut to get down Chapel Hill. In the interest of Health and Safety, the barrier at the entrance to the carpark from Chapel Hill is closed permanently now.

Because of the problem with all day parking, and parishioners having difficulty in parking, the parish is currently exploring all options in relation to having the carpark managed and monitored. (including clamping of cars parked after 11am each day i.e. within 30 minutes of daily Mass.)

**Adoration of the Blessed Sacrament:** Adoration of the Blessed Sacrament will be held on Saturdays. (funerals permitting) from 10.30am to 11.30am. *All welcome.*

**Christian Meditation:** We meet every Tuesday night at 8pm in the Parish Bungalow. *All welcome, Sr Geraldine.*

**Divine Mercy Devotion:** Every Wednesday morning in St. Mary's Parish Church after the 10am Mass until 11am (unless there is a funeral), the Divine Mercy Chaplet is prayed during exposition of the Blessed Sacrament. This devotion, revealed to St Faustina by Our Lord, is necessary to defeat evil, for peace in the world and for our journey to eternal life.

**Deepest Sympathy** to the husband, family and friends of **Kathleen O'Kane**, Lucan Heights.

*May she rest in peace.*



**Lectio Divina:** John 14:16 "I am the way, the truth and the life. No one comes to the Father except through me."

Our catechism teaches us our purpose in life is "...to know, love and serve God.....". Note the answer starts off by saying to know, before going on to say to love, to serve. But how can we human beings possibly know God. Fortunately, God has revealed Himself to us in the scriptures, and most importantly in the teachings of his only begotten son, our Lord, Jesus Christ. This is why we should study the Bible; to learn first-hand God's plan for our salvation and how to become followers of Christ by keeping his commandments. Lectio Divina involves setting aside an hour each week to read, meditate, contemplate, and pray about the following Sunday's gospel.

**Lectio Divina meet in the bungalow each Monday evening between 7.30 and 8.30pm.**

**St Vincent de Paul** – Church Collection  
at all Masses **NEXT**

Saturday/Sunday 24<sup>th</sup>/25<sup>th</sup> February.

*Mary thanks for your generosity*



**Covering all 3 parishes**

During Lent Weekday Evening Mass will be in St Mary's Church at 7.30pm except on the following dates when there will be **NO** evening Mass: **Monday 19<sup>th</sup>**, **Monday 26<sup>th</sup>** and **Wednesday 28<sup>th</sup> February.** (covering both St Mary's and St Patrick's)

## St. Patrick's Esker/ Dodsboro/Adamstown

[www.stpatrickslucan.ie](http://www.stpatrickslucan.ie)

**Sunday Mass Times:** 9am, 10.30am, 12 noon.

**The 10.30am Family Mass** is aimed at younger parishioners and their families.

**Weekday Masses:** Monday to Saturday at 10am.

All Masses livestreamed at [stpatrickslucan.ie](http://stpatrickslucan.ie)

**Adoration:** Adoration is held every Saturday morning after the 10am Mass from 10.30am to 11.30am. All are welcome.

**St Patrick's Prayer Meeting:** Meeting every Monday night in the Pastoral Centre, (Side of St Patrick's Church) from 7.30pm to 8.15pm.

**Confessions:** Confessions after Saturday 10am Mass and after Thursday 10am Mass.

**Communion for the Homebound:** If any member of your family is sick and housebound, and would like to receive Holy Communion, do please let us know. You can ring the Parish Office on 01 628 1018 and leave you name and address, or email us at: [secretary@stpatrickslucan.ie](mailto:secretary@stpatrickslucan.ie)

**Tea/Coffee:** Every Wednesday Morning 10.30am in the Parish Centre. *All are welcome.*



## Mass of Thanksgiving for the Fruits of

**Medjugorje:** Every Thursday, in the Church of Divine Mercy, Lucan South.

**7.00pm:** Rosary and Confessions. **7.30pm:** Holy Mass. **After Mass:** Adoration, Divine Mercy Chaplet, Benediction. *All welcome*

## Adoration and Holy Hour Exposition of the

**Blessed Sacrament:** **Mon:** 7.30pm: Divine Mercy Adoration. **Fri:** 1.15pm: Adoration MMPH Cenacle. **Fri:** 2-3pm: Divine Mercy Devotion/Adoration.

**Prayers of the Church:** Mon. to Fri.: 8.40am. The Church is open Monday to Friday from **10am to 1pm** for private prayers.

**Sacrament of Reconciliation:** Confessions every Saturday 5.15pm and after the evening Mass.

**Legion of Mary:** The Legion of Mary meets every Tuesday evening at 7.30pm in the Confessional Room in the church. Their works include home visitation and outreach to the poor.

**St Joseph's Young Priests Society:** St Joseph's Young Priests Society has been set up in Divine Mercy Church, Lucan **for all the Lucan parishes.** We meet up on the first Wednesday of each month for one hour at 10.40am.

**Home Visits Holy Communion:** If anyone who cannot come to Mass would like to receive Holy Communion at home from Fr. Aidan or a Minister of Holy Communion, please contact the Parish Office 01-4572900.

**Bingo:** Bingo takes place every Wednesday in the St. John Paul II Room. Doors open at 7.00 for 7.30pm. All welcome to play for big prizes.

**Wednesday tea/coffee morning:** There is a cup of tea/coffee and a slice of cake after 9.15am Mass every Wednesday in the St. John Paul II Room (room with tables and chairs to the right of the porch at the main Church entrance).

## St Vincent De Paul - St Patrick's Conference

Church Gate collection before and after all  
Masses **NEXT**  
**Saturday/Sunday 24<sup>th</sup>/25<sup>th</sup> February**

*Thank you for your generosity.*

## Divine Mercy, Lucan South

[www.lucansouthparish.net](http://www.lucansouthparish.net)

### Sunday Mass Times:

Saturday Vigil: 6pm.

Sunday Masses: 10.30am and 12.00 noon.

### Weekday Masses:

Mon.-Fri. 9:15am. Sat. 10am

All Masses will be livestreamed on [www.lucansouthparish.net](http://www.lucansouthparish.net)



# Acknowledgment

## WILLIAM (JUNIOR) DELANY

1<sup>st</sup> Anniversary - 19<sup>th</sup> February

In loving memory of the late  
William (Junior) Delany of Airlie  
Heights, Lucan.

*Sadly missed by wife Mary,  
daughters Lesley and Stacy, son  
Mark and all the family.*



The family would also like to add  
acknowledgement to all those who offered  
condolences and kindness when Junior passed  
away and a special thanks to Elm Hall Nursing  
Home for the care provided during his last  
months.

To Padraic for his lovely service at Newlands  
Cross Crematorium and to Cunningham's Funeral  
Home for their professionalism and kindness  
while preparing for junior's Funeral.

Thank you all.

*Mary and family*

# Anniversaries

## MICHELLE BRADY

3<sup>rd</sup> Anniversary - 24<sup>th</sup> February

We think of you in silence  
We often speak your name  
But all we have is memories  
And your picture in a frame  
Your resting place we visit  
And put flowers there with care  
But no one knows the heartache  
As we turn and leave you there.  
*Sadly missed by Mam and Dad*



## MICHELLE BRADY

God called your name so softly  
That only you could hear  
And no one heard the footsteps  
Of angels drawing near  
The Golden Gates stood open  
God saw you needed rest  
His garden must be beautiful  
He only takes the best.  
*Sadly missed from David, Karen, Brian, Gary and  
Susanne*

## MAY CONNOLLY (DOWNES)

3<sup>rd</sup> Anniversary - 16<sup>th</sup> February

Forever in our thoughts and prayers.

*Loved and missed every day by your children  
Rachel, Martha, David and Sarah. Also by family,  
Veron, Jimmie, Larry, Ann, Celine and Christine*

## JOHN LALLY

24<sup>th</sup> Anniversary away from home

Today recalls the memory  
Of a loved one gone to rest  
And those who think of him today  
Are those who love him best  
The flowers we lay upon his grave  
May wither and decay  
But the love for him who lies beneath  
Will never fade away.

*Greatly missed by your daughter Debbie, son-in-law  
Peter and granddaughters Niamh, Karla and  
Aine xxx*

## JOHN LALLY

I think of things you used to say  
And all that you would do  
At some point, every single day  
My thoughts will turn to you  
To lose you was a bitter wrench  
The pain cut to my core  
I cried until my tears ran out  
And then I cried some more  
This wouldn't be your wish for me  
That I'd be forever sad  
So I try to remind myself  
Of the happy times we had  
I know I can't be with you now  
And you can't be with me  
But safe inside my heart you'll stay  
That's where you'll always be.

*From your loving daughter Joyce and son-in-law  
Mark, grandsons Jonathon, Ciaran, Matthew and  
great grandson Ollie*

## JOHN LALLY

Cherished memories of a wonderful Dad and  
Grandad

A beautiful memory dearer than gold  
Of a Father whose worth can never be told  
There's a place in my heart no one can fill  
I miss you Dad and always will.

*Never forgotten, dearly loved and greatly missed,  
Alison, Andy, Ruth, Alisha, Caden and Craig xxx*

## GERARD CAREY

### 1<sup>st</sup> Anniversary - 19<sup>th</sup> February

First anniversary of our much loved and missed son Gerard (Ger). Late Beever St., Dublin 1 and Beech Park, Lucan.

#### Until We Meet Again

Those special memories of you Ger  
Will always bring a smile  
If only we could have you back  
For just a little while  
Then we could sit and talk again Ger  
Just like we used to do  
You always meant so very much  
And always will do too  
The fact that you're no longer here  
Will always cause us pain  
But you're forever in our hearts  
Until we meet again.  
Missing your phone calls  
And calling out to me each week  
Loving you forever  
A wonderful son with a heart of gold  
That was you Ger.

*Love and miss you forever, your heartbroken  
Mam, Dad, brothers, sisters, nephews, nieces,  
grandnephews and grandnieces xxxxxx*



## WILLIAM (WILLIE) THOMPSON

### 7<sup>th</sup> Anniversary - 20<sup>th</sup> February

Sad was the parting, no one can tell  
So sudden on earth, the sorrow fell  
The blow was hard, the shock severe  
To part with one I loved so dear  
Dearer still as years depart  
His memory lives within my heart  
*Greatly missed and loved dearly by your loving  
wife Betty*

## WILLIAM (WILLIE) THOMPSON

Gone are the days we used to share  
But in our hearts, you are always there  
With tender love and deep regret  
We who love you will never forget.  
*Loved and missed always by Paul, Sharon and  
Katie*

## WILLIAM (WILLIE) THOMPSON

Sadly missed along life's way  
Quietly remembered every day  
No longer in our life to share  
But in our hearts, you're always there  
*Missed every day by David (Billy), Laura, Alicia  
and Ella and Méabh*

## DON DARDIS

### 2<sup>nd</sup> Anniversary - 23<sup>rd</sup> February

We hold you close within our hearts  
And there you shall remain  
To walk with us throughout our lives  
Until we meet again.  
*Much missed, Catherine, Ciara, Una and Eoin*

## MARIE MURRAY

### 7<sup>th</sup> Anniversary - 18<sup>th</sup> February

Memories are forever Marie  
To treasure all life through  
Ours are very special  
Because they are of you  
We can never part from those we love  
No distance can divide us  
With memories dear and love sincere  
You will always walk beside us.  
*Loved and remembered always from your loving  
family and friends*

## Birthday Remembrance

## ANNA HARRISSON

### 82<sup>nd</sup> Birthday - 21<sup>st</sup> February

Late Esker Lawns.  
*Sadly missed but never forgotten by Ruth, Mick  
and Ajay*

A poster for 'Walk and Talk Lucan'. The top half features a photograph of people walking on a path, with a circular logo on the left that says 'WALK & TALK DUBLIN' and 'BRINGING PEOPLE TOGETHER'. Below the photo, the text 'Walk and Talk' is in large black font, with 'Lucan' in a smaller, brown, stylized font. The bottom half of the poster is black with white and yellow text. It says 'Mondays @ 7pm', 'Meeting @ Lucan Harriers Clubhouse', 'For more information contact Liona @ 087 279 5274', and 'Walk, Talk & Connect.' in yellow. At the very bottom, it says 'Proudly supported by' followed by the 'Active' logo.

**Walk and Talk**  
**Lucan**

Mondays @ 7pm  
Meeting @ Lucan Harriers  
Clubhouse

For more information contact  
Liona @ 087 279 5274

**Walk, Talk & Connect.**

Proudly supported by 



## Lucan Senior Citizens

Wednesday 21<sup>st</sup> Feb: Social Morning in St. Mary's Parish Centre, 10.30 – 12.30.  
All Welcome!

Below are some photos from our Valentine Party.



Sisters Rosanne and Anne celebrating Nora's birthday.

Our Bingo Callers, Anne and Catherine.



Below: Some of our ladies dressed for our Valentine Party.



**Mid-term Break!** We hope all the students have enjoyed their time off, and thankfully, the weather improved greatly these past few days.

As we have no school reports this week, our centre pages are given over to a little bit of nostalgia for days gone by – we hope you enjoy the read.

### Little by Little in Lucan Demesne.....



Some of you may recall an article last summer referring to a sculpture with a verse on it in Lucan Demesne parkland.

*"Little by little,"  
an acorn said,  
As it slowly sank in  
its mossy bed,  
"I am improving  
every day,  
Hidden deep in the  
earth away."*

Since then, several more sculptures have been placed along the way culminating in a work of art with the final verse of the anonymous poem, *Little by Little*.

What a brilliant creative idea! Do watch out for the pieces along the way.

**Pretty Blooms!** The work of our Tidy Towns group is very evident these days as crocuses and other little Spring blooms are popping up in the most unexpected places around Lucan.

**6 Nations!** Another great win on Sunday last for our Boys in Green. Things are looking very promising at this stage.

**On the Dubs front –** after two games coming second best, hopefully our Boys in Blue will see off Roscommon this Sunday!



## Lucan of the 60s!





This photo from 1963, believed to be from The Irish Press, shows Lucan of a different era – when the men met up before we had *Men's Sheds* perhaps!


The scene is just across the road from Courtney's Pub, and the men were L-R: Mick Dowd, Tony Lawless, Willie Storey, Jim Mahady, Jack Murray and Fred Freeman.

Jack Murray was the Village Blacksmith, and his forge was on the Lock / Newcastle Road, part of the present Courtney's Pub. In his book, *Some Lucan Memories*, Kevin Murray, son of Jack, paints an image of the men gathering daily in the forge for a bit of heat and a catch-up, in the days before his father retired from the trade.

The signpost shows distances in miles, and the poster at the end of the wall was advertising a dance to be held in St. Finian's Hall in Newcastle, in aid of Porterstown Scouts.

We've no idea who the young boy is off to the left, but if anyone does know, please drop us a line at Lucan Newsletter, or email: [marylucannewsletter@gmail.com](mailto:marylucannewsletter@gmail.com)

**Home Energy Session**  
**Hands on  
Demonstration of  
the Home Energy  
Saving Kit with  
CODEMA**

**SAVING ENERGY IN YOUR HOME**  
**ALL WELCOME  
WEDNESDAY  
BOOKING ON EVENTBRITE OR AT THE DESK MARCH 6TH 7PM**



Also from the late 1960s, this group of men were enjoying a night out – the ladies must have been at close quarters judging by the handbags and scarves on the window sill behind them. It may well have been in Springfield, a popular venue at the time.

*L-R:* John Kane, Jack Brady, Jack Malone, Sgt Peter Burke, and Johnny Conway.

## The Bluebells of Castletown

What a shame that we can't get to the wonderful Castletown Parklands as handy as we did in the past. Unfortunately, the only way to the site is via Celbridge Village, making parking a huge problem.

*The notice on Castletown Estate website reads:*

"Castletown House is currently closed.

The Courtyard café is closed for the foreseeable future.

The opening hours of Castletown Estate have been reduced due to ongoing issues.

The current opening hours are 09:30 to 16:30"



MARYMOUNT  
CARE CENTRE

## WHAT IS DEMENTIA?

**DEMENTIA CARE**  
INFORMATION & SUPPORT

Our monthly sessions are intended for all people interested in or Affected by Dementia

**THURSDAY**

**7TH MARCH 2024**

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EDUCATION CENTRE  
MARYMOUNT CARE CENTRE  
**7:00 PM TO 9:00 PM**

**BOOK  
NOW**

+353 1 8204500

Westmanstown, Lucan, Co. Dublin

foh@mmcc.ie

Date for your diary .....

## Table Quiz

in aid of

**Nagarhope**

at **Lucan Sarsfields**

**Clubhouse**

**Friday 8th March**



# Political Notes

## Cllr. Shane Moynihan – Fianna Fáil

Email: [smoynihan@cllrs.sdublincoco.ie](mailto:smoynihan@cllrs.sdublincoco.ie)

Web: [www.shanemoynihan.ie](http://www.shanemoynihan.ie)

Facebook: [cllrshanemoynihan](https://www.facebook.com/cllrshanemoynihan)

Instagram: [cllrshanemoynihan](https://www.instagram.com/cllrshanemoynihan)

Twitter: [@shanemoynihan](https://twitter.com/shanemoynihan) Phone: 087-7840898.

**Community Centre Funding:** I am a huge supporter of all our local community centres and one of the things I have campaigned for since being elected has been provision of expanded grant aid to hire staff and assist with running costs. I am delighted that over €70,000 is being made available to Ballyowen, Adamstown and Earlsfort Community Centres.

**Active Travel Schemes:** I welcome the announcement of over €1.2 million for active travel schemes for residents of Lucan, including over 1.1million to begin construction of the Grand Canal to Lucan Urban Greenway. I also look forward to the Council presenting the options for Phase 2 of this project, including connections through Vesey Park.

**Monthly Community Update:** You can view my most recent community update on the work I've been doing at

<https://www.shanemoynihan.ie/february-2024-community-update/>. Email me if you would like to join the subscription list.

## Cllr. Vicki Casserly PC – Fine Gael

Peace Commissioner. Tel: 0858317982.

[vcasserly@cllrs.sdublincoco.ie](mailto:vcasserly@cllrs.sdublincoco.ie)

**National Inclusion Diversity Awards 2024:** I was very proud to represent South Dublin at the National Inclusion Diversity Awards. We were the only local authority nationally to be finalists based on our work towards a more accessible and equal organisation and environment.

**Senior Alert Pendant Alarm:** If you are 65 or over, and feel this could be of assistance to you, please don't hesitate to get in touch and I can make a referral through the Healthy Age Friendly Home Programme.

**Grants Available: SDCC Community Grant,** available until 31<sup>st</sup> October, **Local Enhancement Funding** for repairs/improvements/equipment, including dedicated funding for women's groups; open until 6<sup>th</sup> March **The Community Climate Action Programme** until 6<sup>th</sup> March.

## Gino Kenny TD- People Before Profit

Phone: 085-7211574. Email: [ginokenny@oir.ie](mailto:ginokenny@oir.ie)

### Joint Committee on Assisted Dying:

This week was the last public meeting of the JCAD. The committee was established in June

last year. It will issue a report and make recommendations to the government by the 20<sup>th</sup> of March. The committee has thoroughly examined the issue and invited many witnesses in from a broad spectrum of the debate. As a member of the committee, I will be making several recommendations on the substantial issue of making assisted dying available in specific circumstances. The committee has been informative not only for its members but those that have engaged in the committee's deliberations.

## Cllr. Paul Gogarty P.C.

"Not just at election time" Tel: 087-2752489

Web: [www.paulgogarty.com](http://www.paulgogarty.com)

**Swimming Pool Update:** At last Monday's full Council meeting we heard of some further progress in terms of the moveable floor being installed and further works being completed. Councillors have been promised photographs of the site and we are due to meet with the appointed management company, Aura Leisure, this coming Tuesday 20<sup>th</sup> February. I will have a further update on my website towards the end of this week. Look up 'pool feb 24' in search bar.

**Wall Breach Opposite Maxol:** We are due to have final confirmation of the agreed sale of Lucan House shortly. On a related note there is expected to be progress on the damaged wall, which has been left untouched for five years. In the meantime, I've brought the precarious state of the protective fencing opposite the Maxol to SDCC's attention.

## Caroline Brady - Fine Gael – P.C.

- 085 2551602 [info@CarolineBrady.com](mailto:info@CarolineBrady.com)

**Esker Lane/Woodville:** Residents raised with me and Emer Higgins TD issues relating to water ponding at the entrance to Esker Lane. I am pleased to update that following representations SDCC cleared the drains causing the blockage and monitored the area. This issue is now resolved. You also raised that the yellow box on the main road at the entrance needs to be repainted. This matter will be examined and discussed at the next Traffic meeting in February.

**Child Benefit Extension to 18 year olds:** With many children now starting school at age 5 and more students completing transition year, there has been an increase in the number of 18 year olds still in secondary school. Benefit for children up to their 19th birthday where they are in full-time education (including third level) or who have a disability can now avail of Child Benefit payments from May 2024.



## Cllr Derren Ó Brádaigh – Sinn Féin

Email: [dobradaigh@cllrs.sdbublincoco.ie](mailto:dobradaigh@cllrs.sdbublincoco.ie)  
Ph: 087-2136345

**Hansted – Paths & Accessibility:** Delighted that works I requested to install dishd tactile paving were recently completed at the entrance to Hansted on the Crescent. This will help to meet the needs of local wheelchair users.

**Elm / Griffeen Glen / Moy Glas– Estate Entrance Concerns:** Estate entrances off Griffeen Road continue to cause upset to residents following cycle track upgrade works, that have remained largely unsatisfactory and incomplete. I visited with residents in Elm and delivered the latest update on during the week, an issue that also relates to Moy Glas and Griffeen Glen.

**Ash Park – Resident Engagement:** This week I continued our door knock and listened to residents on a number of local issues – With the team we have been covering Ash park and surrounds. If I can be of any assistance on anything important to you, please contact me.

## Cllr. Joanna Tuffy, Labour Party Representative.

Phone 087 392 0931

Email [jtuffy@cllrs.sdbublincoco.ie](mailto:jtuffy@cllrs.sdbublincoco.ie)

All social media links at [linktr.ee/joannatuffy](http://linktr.ee/joannatuffy)

South Dublin County LCDC are now accepting applications for funding under the **Local Enhancement Programme (LEP) 2024 and the Local Enhancement Programme (LEP) 2024 ring-fenced for Women's Groups**. Applications must be submitted online **before noon, 8<sup>th</sup> March 2024**. This capital fund will support necessary repairs and improvements to facilities, purchase equipment such as tables and chairs, tools and signage, laptops and printers, lawnmowers, canopies and training equipment etc. and will be administered through the LCDC on behalf of the Department of Rural Community and Development.

## Cllr. Liona O'Toole – Independent

0872795274. [lotoole@cllrs.sdbublincoco.ie](mailto:lotoole@cllrs.sdbublincoco.ie)  
[www.lotoole.com](http://www.lotoole.com)

**Road Resurfacing Update:** In response to my persistent requests, the council has initiated the resurfacing of the Newcastle Road at the Finnstown/Adamstown Junction. I will continue to advocate for both the road to be resurfaced and the repair of dipped manholes.

**Community Funding:** Discover funding opportunities with South Dublin County Council's Community Grants Programme, open until October 31st, 2024. This initiative provides financial support for Community and Voluntary Groups addressing local needs. Access the

Community Grants Booklet and Online Application form on the council's website. For additional information and guidance, reach out to the Community Services Dept at Tel 01-4149270 or the Community Development Team at Tel 01-4149156. Email inquiries can be directed to [communitygrants@sdbublincoco.ie](mailto:communitygrants@sdbublincoco.ie). Act now to enhance your community projects and make a positive impact with the support of the Community Grants Programme. For more details, visit the SDCC website.

## Banning Cars Going Through Dublin City Centre

This is useless if public transport is not in place. At the moment it is very difficult to get through the city centre at peak times by car. They have already pushed the car problem to other streets, to the M50, if they push out anymore, the M50 will be choked with high risks of hold ups, delays or accidents etc. Let public transport work with a simple solution, the Quay Bus Contraflow Loop.



Contraflow is the most effective bus lane of all, its self-policies, it will operate better on the Quays as there are no shops, stores, or other activities on the Quayside, with synchronised traffic lights it will work even better creating the train track effect, no delay. This system gives priority to cycling, makes cycling safe with no blind spots due to buses turning right. This plan reduces too many buses crossing Luas lines. Their plan will increase bus numbers on the Quays and on the Luas line in Nassau St by almost one thousand buses per day for no extra passengers, this will only choke the city with public transport vehicles. Cutting off the city centre for through traffic will have little effect. Many of them provide essential services that public transport is not ideal, such as Nurses, Doctors, Gardaí, Bus drivers., emergencies (you can't always wait on an ambulance) and caring for people with disabilities. It will divide Dublin North and South.

Don't forget people in Dublin have cars too. Most of these movements are outside peak and are not a big problem. At the moment after all these years there is no solution for public transport in the city centre. Let's get together and solve these problems with this simple solution, Bus Contraflow on the Quays with other ideas for the benefit of all.

*Tom Newton Transport Officer A.C.R.A.*



## Cumann na Sáirséalaigh Leamhcáin



### Notice

Lucan Sarsfields has recently moved from ClubForce to ClubZap. Going forward it can be used for club communications, to pay and renew membership and to play the lotto. It will also provide our members with both match fixtures and results. We encourage all our members to download ClubZap. It can be downloaded through your app store on your phone and make sure to turn on the notifications in your phone settings.

### Football

We are looking for a management team for the Junior A Footballers. If you or anyone you know might be interested in helping in any capacity, please contact Gerry McAndrew (0851744627) or David Herlihy (0873416702)

The senior footballers have their first league match of this season this Sunday the 18<sup>th</sup> of February against Castleknock. The match is throwing in at 10:15am in Somerton Park. 05

### Juvenile

Congrats to the U15A Camogie who received their 2023 Camogie Feile Medals last night, presented by our Chairperson Mary Flannery. A very enjoyable evening was had by all. Congrats to the team and their mentors on their success and wishing them the best as they progress into U16 Camogie this year.



### Social

The club has recently introduced Honorary Life Membership. Club Members over the age of 70, who have been members of the club for at least 20 years, can be nominated for approval by the Executive for this Membership of the club. Such nominations can be made by any full member of the club by emailing

[lucan.sarsfields.registrar@gmail.com](mailto:lucan.sarsfields.registrar@gmail.com)

**Our Annual Awards Night** will take place on Saturday the 24<sup>th</sup> of February at 8pm in the clubhouse. We look forward to seeing you all there. We are taking recommendations for club person of the year. Please email any nominations to [secretary.lucansarsfields.dublin@gaa.ie](mailto:secretary.lucansarsfields.dublin@gaa.ie) by Sunday 18<sup>th</sup> February.

**The GAA national draw** tickets are being distributed to teams to sell and they can also be purchased on ClubZap. The club has decided to add an extra prize for ticket sales. The adult and juvenile teams who sell the most tickets can earn up to €1,000 for their team.

**The Cúpla Focal Club** started on Monday the 15<sup>th</sup> of January from 8-9pm and will continue every Monday. This is a great opportunity to learn Irish. All welcome.

### Healthy Club

We are taking part in the Irish Life 'Every Step Counts' Challenge again this year. We encourage all our members to sign up via the Irish life app. This is a great opportunity to exercise and with the change of winning some money for the club.

### Lotto

No Winner of last week's lotto jackpot of €4,200.

The Numbers were **7, 8, 22, 25.**

**The lucky dip prizes go to**



Geraldine Coogan, Carole Hickey, Eddie Keogh, Catherine Dardis & Helen Nix.

This week's Lotto will be for a jackpot of €4,600. The draw is sponsored by Diamon & Gem Jewellers and will be led Shay Hurson.

**Thank You for supporting Lucan Sarsfields GAA Club.**



### Academy

Our Academy is on every Saturday morning from 9-11am and provides a great opportunity to get involved in Gaelic, Hurling and Camogie. It is

# SPORTS

## LUCAN HARRIERS A.C.

### Trim 10 Mile Road Race Feb 4th

A dull overcast day, made slightly interesting by a blustery wind! In other words, it was a nice 11 degrees with a 34 km wind with us for the first few kilometres that turned into a gentle misery as we ran into the wind for the middle sections, and the Wind Tunnel at the end of the race.

A large turnout of 1688, runners, gathered at the start line, some up from most in the middle and some die hard at the back, there were several pacers mixed in with us, and the pacers balloons were easy to see! A fantastic 33 Lucan Harriers arrived full of ambition for the race with a fantastic effort put in by one and all.

The race started in the Oak Park business park across from Fresh today. We left the industrial estate, down a gentle hill, and turned right on to R154, heading east. With the wind behind us, we flew along, to the second turn taking us North along Black Friary, the L4023. We passed the finishing chute, and thankfully no one made that mistake! Instead, we veered off to the right heading down towards Dunderry. At approximately the 6km mark, the course started to come out of the trough, and we started to climb! At Dunderry we headed north, after a sharp left, and the water station there was a welcome sight! We carried on up long hills, that we were only offered short relief, for the rest of our run. We carried on from Dunderry, heading through Meadstown, and just before we left Meadstown, we took another left, heading southerly back towards Kilbride, where we passed the national school to notes of Old MacDonald blasting out as encouragement to us, along with a much needed water station. We kept on moving toward the finish line, heading through Steepletown, and we turn back into the Oak Park industrial estate, where suddenly the wind breaks we had, disappeared, and we faced running uphill to the finish line, into a 34km wind, into the finish chute which LH now fondly refer to as the Wind Tunnel with a final burst across the finish line!

Congrats to Will Byrne who came first in his age category M50 in 1:00:27 and Anne Whelan who came second in F55 1:16:05.

Great results from our amazing running teams! The Men finished 8th from 89 teams and the women finished 25th from 77 teams!



*The Trim Group*

Thank You: Trim Athletic Club the race organisers. But more importantly, a big thanks to everyone who stood on the sidelines to cheer on their clubmates also it is very much appreciated by all of us runners.

### Dungarvan 10 Mile 4th Feb

Dungarvan was sunny and calm for the annual John Tracey 10 miler around the wonderful West Waterford Town.

Nearly 3000 took to the line and meandered before heading out of the town and the lovely local countryside. Uphill downhill all part of a lovely course. Great fun and support all along the course. Not too many familiar faces as it attracts lots of Munster runners, but definitely worth a Bank Holiday Sunday morning spin.



*Colin O Gara and Lhyne Ganadin*

5 Lucan Harriers made the Road trip, Mary Browne, Lhyne Ganadin, Tricia Gough, Henry Langton and Colin O Gara. Mary as always was very strong and was first in her category. Well done everyone and thank you to West Waterford AC and the people of the area for turning out in such big numbers and supporting the runners.



## LUCAN PITCH & PUTT CLUB

**Winter League:** Week five of the Winter League was played in cold but dry weather conditions. The weekend was all about who would qualify out of the different sections for the quarter finals. First up in Group A was as expected the Murphys taking the winners spot and then New Faces taking second place beating the Oddballs by one point. Group B saw Flynn's Flyers leading the qualifiers with the Poppys taking second place again beating the McCann Canns by one point. Group C saw the Dream Team leading the qualifiers by one point from the Philipos. Group D saw a play off for winners and runners up between Coogan's Bluff and the Tractormen. Jay Condron for the Tractormen took on Alan Doyle for Coogan's Bluff playing over nine holes with Jay winning on the last hole.

### The quarter finals are as follows:

9am - The Murphys v Philipos

9.30am - Flynn's Fliers v Coogan's Bluff

11.00am - Dream Team v New Faces

11.30am - Tractormen v Poppys

**Best of luck to all teams** – please come along and support the teams. The ladies secured one scalp this week with Eileen Loakman keeping the flag flying when she beat Pete Anderson on the last hole. At least three of the men escaped on the final hole from having their names in the newsletter.

**Thank you** to Halpenny Golf for continuing their sponsoring of this competition

**Membership Fees:** Fees can be paid on a Sunday morning at the club house to any committee member or you can pay on line ensuring you quote your name and registration number.

### New Members Welcome – Adults and

**Juveniles:** Our Club is now open for membership. If you would like to join our Club please download an application form from the website and fill in the relevant details and return same – or email the secretary at [info@lucanpitchandputt.com](mailto:info@lucanpitchandputt.com).

**Full Zip Tops / Jackets / T-Shirts:** Members please note that Dora Keane is the contact for the stock of our club zip tops / jackets and t-shirts.

**Music:** We have music on Saturday 17<sup>th</sup> February to celebrate Valentine's night – commencing at circa 9.30pm. Come along and support your club and celebrate a special Valentine's party.



Thank you to all who were out working last Saturday. A great morning's work

was done, including a clean-up of the dreaded black spot behind the bus stop opposite Circle K. Also cut back and tidied in the Village Green, worked at Sarsfield bed and wall opposite. We had a great crew of workers including new members.



As you can see we collected 9 bags of rubbish. Also many other discarded items such as a scooter and furniture were collected.



As you can imagine, we were surprised and disappointed to see litter begin to appear again after the weekend. We wonder have you any suggestions as to how we can resolve this?



## St. Mary's Camera Soirée

The Camera Soirée's photographic exhibition continues in Lucan Library until the end of February so if you are visiting the library don't miss it.

More of our members have been abroad in recent weeks and have submitted some very interesting photos. Two photos from Rome caught my attention particularly. The first is of the copula in the church of St. Agnes in Agone which faces onto the Piazza Navone. The church is on the site where St. Agnes was martyred at the age of 12 or 13 around 304AD. The word "Agone" in the name of the church does not refer to the martyrdom. "Piazza in Agone" was the ancient name of Piazza Navone and comes from the Greek meaning "in the site of the Competitions".



Another photograph comes from the Vatican Museums and is of the sculpture entitled "Sphere within Sphere" designed by Arnaldo Pomodoro for the Vatican and installed in 1996. The piece is one of a series of similar works across the world, including one located in the grounds of Trinity College. Still in Rome and in keeping with our theme for the month we have an ancient building and a new mode of transport.



Moving to France we have a couple of great sunsets as well as the interior of the cathedral of St. John the Baptist, Perpignan, which was begun in 1324 and finished in 1509. It is described as a national monument of France but I have been unable to find a reference to it on the website of the Centre des Monuments Nationaux, the French government body responsible for such sites. That does not take away from its beauty!

*Until next week stay safe!*