



Established 1967

www.lucannewsletter.ie

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Sunday 13th February 2022

Stay Positive



February, is such a beautiful month, brighter evenings and earlier mornings, awakens within us, a new energy. Winter has passed and thankfully the darkness of a dreadful pandemic also is behind us. This is a powerful time, to embrace hope, simply, to begin again and embrace a positivity that allows us to live life to the full. I sense, this is going to be a powerful spring.

A motivational speaker walked confidently around the room holding a glass of water while leading a seminar on stress management. Everyone guessed she was going to ask the ultimate question, ‘Half empty or half full?’ She fooled them all. “How heavy is this glass of water?” she inquired with a smile. Answers called out ranged from 8 oz. to 20 oz. She replied, “The absolute weight doesn’t matter. It depends on how long I hold it. If I hold it for a minute, that’s not a problem. If I hold it for an hour, I’ll have an ache in my right arm. If I hold it for a day, you’ll have to call an ambulance. In each case it’s the same weight, but the longer I hold it, the heavier it becomes.”

She continued, “And that’s the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won’t be able to carry on.” As with the glass of water, you have to put it down for a while and rest before holding it again. When we’re refreshed, we can carry on with the burden – holding stress longer and better each time practiced.

So, as early in the evening as you can, put all your burdens down. Don’t carry them through the evening and into the night. Pick them up again tomorrow if you must.

And remember:

1. Accept the fact that some days you’re the pigeon, and some days you’re the statue!
2. Always keep your words soft and sweet, just in case you have to eat them.
3. Always read stuff that will make you look good if you die in the middle of it.
4. Drive carefully... It’s not only cars that can be recalled by their Maker
5. If you can’t be kind at least have the decency to be vague.
6. If you lend someone €20 and never see that person again, it was probably worth it.
7. It may be that your sole purpose in life is simply to serve as a warning to others.
8. Never buy a car you can’t push.
9. Never put both feet in your mouth at the same time, because then you won’t have a leg to stand on.
10. Nobody cares if you can’t dance well. Just get up and dance.

Continued over

11. Since it's the early worm that gets eaten by the bird – sleep late.
12. The second mouse gets the cheese.
13. When everything's coming your way, you're in the wrong lane.
14. Birthdays are good for you. The more you have, the longer you live.
16. Some mistakes are too much fun to make only once.
17. We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names and all are different colours, but they all have to live in the same box.
18. A truly happy person is one who can enjoy the scenery on a detour.
19. Save the earth..... It's the only planet with chocolate!

We all know that life is the best educator. Simply it's never too late to begin again. Every day the challenge is for us all to see the glass half full.... The more we grow in our inner journey the greater we will notice the beauty and gift that is this moment. So be positive, calm and mindful.... enjoy the beauty of this springtime. May the month of February be a healthy and happy one for us all.

Fr. Paddy Byrne
P.P. Abbeyleix



The tapestry above, which was once behind the altar in St Mary's has found a new home, and now has pride of place in St. Mary's Parish Centre.

A 'Reredos' is the correct term for this work of art – a decorative screen placed behind an altar.

It was recently replaced in the church with a crucifix gifted from the convent, and we must say it is looking very well in its new home!



Lucan ICA

Tuesday 15th February: Craft Group meet at 10am to 12.30pm in the Coffee Dock, St Mary's Parish Centre.



It was wonderful to see so many ladies who came along on Tuesday last to resume their crafting after the lockdowns. They were all in great form, delighted to be back.

Looking forward to seeing even more ladies next week

LUCAN FESTIVAL

At long last we were able to hold a committee meeting.

We have now agreed that this year's Festival Week will be from **Monday 5th to Sunday 11th September**.

We will be working hard to ensure that the festival will be bigger than ever this year.

Further details will be published as they are agreed.

To make sure everything goes well we would welcome anyone who would like to volunteer help during the week.

Anyone interested can email us at lucanfestival@gmail.com

Joe Byrne, Chairman



Thank You

Many thanks to the Lady and Gentleman who came to my assistance when I had a fall on Main Street (Near Credit Union), on the evening of Sunday 30th of Jan, their help is much appreciated.

(Name withheld)

CATU – Lucan & Palmerstown

We are the Lucan & Palmerstown Branch of Community Action Tenants Union (CATU). Our union provides support to communities and tenants through collective action and collective bargaining.

- ▲ Are you having difficulties with your landlord and feel unsure on how to react?
- ▲ Have you been threatened with eviction or rent increases?
- ▲ Do you feel helpless struggling alone in precarious living conditions?

If you've been affected by the housing crisis, and you're not a landlord, go to <https://catuireland.org/> to join today

We're launching the Lucan-Palmerstown Branch of CATU on Wednesday 23rd February 6:00 to 8:00pm at The Bush Resource Centre K78 VP97, it would be great to meet you there.

Lucan Senior Citizens

Wednesday 9th was our first day back in the Parish Centre. There was a great air of excitement and delight at meeting up with friends and catching up on all the news.



Pat and her team provided us with tasty sandwiches and delicious home baking (no one diets on Wednesdays). This was followed by Valentines Bingo – prizes of chocolates and flowers. A lovely morning was enjoyed by both members and committee.



Wednesday 16th – Social Morning in the Parish Centre 10.30 to 12.30.

New members are always welcome. Just call in for a chat and a cup of tea/coffee.

Parish Notes



St Mary's, Lucan

www.lucanparish.com

Sunday Mass Times

Saturday Vigil: 6.30pm

Sunday: 9am, 10.30am, 12 noon and 7pm.

Weekday Masses: Monday to Saturday 10am

Important: We must continue to **wear face coverings in the church and use the hand sanitizer on the way in.**

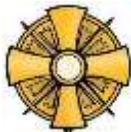
For all Masses, please **enter the Church via the Main Door** and **exit via the other 2 doors.**

Masses will continue to be live-streamed on

www.lucanparish.com

HOLY HOUR

There will be a Holy Hour every Sunday from **4pm to 5pm** to pray for the success of the Synod in Rome in 2023



Christian Meditation:

Good News at last!

Mediation has resumed every Tuesday at **7.30pm** in the Bungalow.

All welcome, Sr Geraldine.

Bethany Bereavement Support Group:

Mondays at 10.45am and **Thursdays at 8pm** in the Bungalow. We are available to listen to or just be there for anyone who is feeling lonely or lost following the death of a loved one.

Sr Geraldine.

Praying with Scripture:

Praying with scripture via zoom. If interested please contact Cheryl Murphy at 086 8343754 to register.

Visits to the housebound:

If you are housebound you can call Deirdre at the parish office (01 621 7041) we will be happy to call on a monthly basis.

Confessions – Nuns' Chapel:

After Saturday Morning 10am Mass and Saturday Evening 6.30pm Mass.

Baptisms:

Dates are bookable on line up to the end of **April 2022**. If you need to cancel a booking contact: secretary@lucanparish.com

St. Patrick's Esker/ Dodsboro/Adamstown

www.stpatrickslucan.ie

Sunday Masses:

Vigil Saturday 7pm,

Sunday: 9am, 10.30am and 12 noon.

The 10.30am Family Mass is aimed at younger parishioners and their families; it is an accessible liturgy for children and enables them to participate more fully in the Sunday Mass.

Weekday Masses:

Monday to Friday at 10am.

All Masses continue to be livestreamed at stpatrickslucan.ie

Important:

We must continue to **wear face coverings in the church and use the hand sanitizer.**

View the following on www.stpatrickslucan.ie

Mass Readings for the week

Morning Prayer – Lauds

Evening Prayer – Vespers

Take five at 10 - Reflections–Weekdays: 10am

Taizé – Watch and Pray

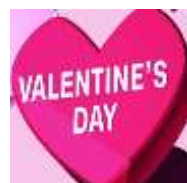


The Annual Collection for **ACCORD** Dublin, the Diocesan Agency for Marriage and the Family will be made at all Masses **THIS** Weekend **12th and 13th February 2022**

This collection will replace the Share collection.

(Please do **NOT** use Card machines for this special collection)

Accord Dublin needs your support this year more than ever.
Please give generously



Divine Mercy, Lucan South

www.lucansouthparish.net

Sunday Mass Times:

Saturday Vigil 6:30pm,

Sunday 10:15am and 12:15pm

Weekday Masses:

Mon.-Fri. 9:15am. Sat. 10am

Important: We need to be diligent in continuing with the wearing of face coverings and hand sanitising upon entering the church.

All Masses will be livestreamed on

www.lucansouthparish.net



Adoration and Holy Hour:

Exposition of the Blessed Sacrament:

Monday: 7.30pm

Thursday: 7pm

Friday: 2-3pm

Visitation team for Holy Communion:

Pastoral care of the Sick is provided for all who suffer in any way in our communities. When a person becomes ill, receives a serious diagnosis or because of frailty is no longer able to attend Mass, our Ministers facilitate visitation of the sick at home or in a care setting when this is requested by families and permitted by public health authorities. Please contact the Parish Office to arrange a visit.



February is the month where we say goodbye to Winter and hello to Spring. Walk the ground around the Church and you will see the first sign of Spring with the break of bud on the trees; bulbs such as

Snowdrops and Daffodils begin to emerge. With the beginning of the growing season imminent the work in the garden really gets back into full swing. Soon the amazing work of the Divine Bloom group will bring colours around the Church. If you enjoy gardening or enjoy learning about plants and flowers. Or if you want to enjoy some quality family and friends' time. Join the group on Saturday after Mass!

Please note that the obligation to attend Sunday Mass remains suspended by Pope Francis



Lucan Presbyterian Church

Sunday Morning Worship: 11am.

You will need a face covering (unless exempt) and your own Bible.

Services will be streamed online and available on Youtube

St. Andrew's Church of Ireland

St Andrew's, Lucan:

Sunday 10am. Wednesday: 10am

St Mary's, Leixlip:

Sunday: 11.30am. Tuesday: 10am

Services are available on our parish Facebook pages: [St. Andrew's Church, Lucan](#) or [St Mary's Church, Leixlip](#)

Pilgrimages

Knock Shrine

Fully

escorted Pilgrimage to Knock

Shrine, 21st February 2022.

€549.00 per person sharing.

Price includes return bus

transfer from Dublin, 4 nights in Knock House

Hotel with Full Board. All entertainment and

excursions. Wheelchair accessible rooms. Single

supplement €60.00.

Contact Patricia on 087 1890 236 or

email knockpilgrimages@gmail.com.



Medjugorje 2022

11 Nights - 7th May, Dublin to Split

18th May, Split to Dublin. €795.00

8 Nights - 10th May, Dublin to Split

18th May, Split to Dublin. €745.00

6 Nights - 19th October, Dublin to Mostar

25th October, Split to Dublin. € 685.00

8 Nights - 19th Oct Dublin to Mostar

27th October, Split to Dublin. €745.00

Fatima

5 Nights – 7th September, Dublin to Lisbon

12th September, Lisbon to Dublin

Book early to avoid disappointment.

Pat 087 223 8911

Anniversaries



BYRNE (FREDA)

46th Anniversary - 17th

February

Masses offered.

We close our eyes and see your face
Smiling at us from a beautiful place
You tell us you are never far away
And that we will meet again some day
We ask if you could stay a while
We miss your laugh
We miss your smile
Then you whisper sweetly into our ear
I never leave
I'm always here.

*Loved and remembered always by your husband
Dick and your family, Elaine, Richard and Emily
xxx*

BYRNE (FREDA)

46th Anniversary - 17th February

R.I.P.

May the winds of Heaven blow softly
And whisper in your ear
How much I love and miss you
And wish that you were here.

*Remembered and loved always by your sister
Tessie xx*



CONDON (PAULINE)

1st Anniversary

Always remembered by Lucan Senior Citizens

CONNOLLY (MAY nee Downes)

1st Anniversary - 16th February

Late Sarsfield Park.

In loving memory of May, a wonderful mother,
grandmother, sister, sister-in-law, aunt and friend.
We will love you always and forever
Till we meet again
Rest in peace.

*Very sadly missed and loved by her children,
grandchildren, sisters, brother, sister-in-law,
brother-in-law, and extended family*

R.I.P.



O'KEEFFE (CRISTY)

Late of Arthur Griffith Park, Lucan.
Passed away on 4th February 2022 in Perth,
Australia.
May he rest in peace.

Birthday Remembrance

McMORROW (TOM - THOMAS)

14th February

4th Birthday Away from Home

Though we miss you always
We miss you most today
Because it's your birthday
And you are far away
On this day we reminisce
With smiles and frequent tears
As we think about your memories
And wish you were still here.

*Happy Birthday our darling Tom and Dad from
your loving wife Lena, daughters Breda, Fiona,
sons David, Paul, John, Stephen, Thomas,
Terence, sons-in-law, daughters-in-law,
grandchildren and great grandchildren xx*



Koins for Kids

Koins for Kids have

a target of €1,000,000 to
raise funds for equipment
in the New Children's
Hospital!

We accept all types of coinage and all types of
notes, old money, new money, old notes, pre
decimal, foreign, anything you no longer have a
use for and that might be lying in a drawer or a
lint filled pocket of an old coat. We can make
good use of it.

**Contributions can be left in St. Mary's Parish
Centre, Lucan or the sacristy in St. Mary's
Church.**

Many thanks, Damien Douglas, 0879519222.

Accord Marriage Care

Relationship and Marriage Counselling

**"If you can't talk to one another talk to
us"**

**Accord Marriage Care, Lucan,
Phone 6010844**





Happy Valentine's Day to all our Readers!

It's a lovely opportunity to pay homage in a special way to those we love.

We searched out Valentine

verses, and found the following anonymous lines dedicated to grandparents:



My Hands

Sometimes you get discouraged
Because I am so small
And always leave my fingerprints
On furniture and walls.

But every day I'm growing
I'll be grown up some day
And all those tiny handprints
Will simply fade away.

So here's a final handprint
Just so you can recall
Exactly how my fingers looked
When I was very small.



Early Daffs at St. Mary's.....

Someone suggested they must be using Holy Water on the plants, as these are certainly early blooms!

Very shortly we'll be spotting the golden blooms all over the place, with plenty just about to open out.



Changing times..... Between a new Village Plan and not knowing where to get a bus to where you want these days, many Lucanians are very perplexed. Make sure to look at these plans and get your say in not later than 3rd March, at <https://consult.sdublincoco.ie/en/consultation/part-8-proposed-works-lucan-village-green-and-main-street>

Dog dirt! Witnessed a child slipping on the substance on the way to school this past week. There really is a lot of dog fouling around, and a lot of owners not picking up after their animal. Shame on those people!

Palmerstown Camera Club

At Palmerstown Camera Club we hold a weekly meeting online at present, every Wed from 8 pm to 10 pm. People interested in joining the club or even attending one or two meetings FREE of charge to see how their photography could benefit from being a member can do so by contacting secpcc@gmail.com

Next week's guest speaker in the club is David Cantor a street photographer based in the East End of London. His passion for street photography shines through in his work. It should be a fantastic talk.

Some weeks ago we had our monthly competition themed "Inanimate objects" below we have two of the winning images from that competition.



Ciaran O'Rourke won the intermediate open competition with this image titled "Hello There".



And Suzanne McMahon won in the advanced colour section for her image titled "Matchstick Flowers". Suzanne also won image of the month for this image. Both stunning images and well-deserved winners, congratulations to both.

Lucan Planning Council

1. Feedback re proposed work at Lucan Village and Main St.

The reaction to the news that SDCC plan to radically reduce the number of existing car parking spaces in the Lucan Village Green area from 40 to 13 has been one of shock and anger throughout the community. Added to this is dismay and anger that there was little or no discussion with the local community prior to the preparation of this plan. This is compounded in our view by the fact that the LPC plan to improve traffic flow has already been circulated to local Cllrs.

SDCC plan is short on detail, vague and in our view misleading by dividing the proposed work into part 8 consultation and separately a proposed one-way traffic trial of much of the Main St to apparently accommodate a cycleway.

Furthermore, a parking survey carried out during the Covid restrictions in May 2021 when businesses were closed said that 54 car parking spaces in the village can be removed without significant impact on current usage. This is a cause of much outrage locally. In fact, finding a space to park has become more difficult since the restrictions were lifted.

SDCC include existing car parking spaces in the Demesne Park Entrance as part of the proposed spaces to access the village which are too far from the village for elderly and disabled on the one hand, and on the other hand they plan to remove these spaces which are essential to park users and replace with a smaller number on the opposite side of the road beside McDonalds. These and other dubious proposed parking sites in our view are unlikely to be ever delivered as we believe they would be refused by the SDCC Roads Department. There is much anger at this apparent deception too.

Unlike many other villages around the country, Lucan is now a thriving and lively village with a variety of shops and services. Removal of car parking spaces could be a disaster resulting in closure of essential services.

LPC is strongly of the opinion that no changes whatsoever should be finalized until a comprehensive and transparent discussion takes place with the Lucan community. We urge all residents concerned for the future of Lucan to engage by making a submission **REJECTING** current proposals. Please note you must make it clear you are **OBJECTING** and these words should be included.

Submissions can be made in writing to Senior Engineer, SDCC, City Hall, Tallaght, Dublin 24 Or you can make a submission on SDCC website. Closing date is Thursday, March 3rd 2022.

2. C-spine submission of LPC proposed solutions to difficulties.

LPC have hand delivered to NTA head office proposed solutions to the problems identified by local users. The NTA are still working remotely and we are awaiting their specific response to the solutions given.

Caitríona McClean
Secretary Lucan Planning Council

St. Mary's Bridge Club

We will be holding an early
**A.G.M. on Tuesday 22nd
February**

in Lucan Golf Club at 10:30a.m.
re: returning to live bridge play.

Please let myself, or any other
committee member know if you
do not wish to remain a member
of St. Mary's Bridge Club.
Looking forward to seeing you all
there.

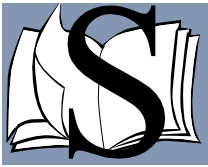
Marguerite Cunningham
Club Secretary.



Anam Cara
South Dublin, the
organisation that
supports bereaved
parents, is holding

its monthly Parent Evening for bereaved parents
on **Monday 14th February at 7:30pm** in the
Maldron Hotel, Whitestown Way, Tallaght.

This event is free and open to all bereaved parents
regardless of the age your child died, the
circumstances of their death, or whether their
death was recent or not.



CHOOL NEWS



St. Joseph's College

Mock Exams: Best of Luck to our 3rd and 6th year students who begin their Mock Exams this week, the exams will run in the school from the 7th until the 18th of February

Transition Year: Our Transition Years are doing work placement over the next two weeks; this is great experience for the students to get and insight into the world of work. We would like to Thank all of the businesses and organisations who have opened up their doors to allow our students to have this invaluable experience.

Taize Prayer Service: Our 6th year students took part in the TAize Prayer service on Friday prior to the commencement of their Mock examinations. This annual tradition is an important day in our school calendar. A huge Thank you to the Religion Department for all of their work in organising this service and to Fr. Tom for allowing the use of the Church for this service.

2nd Year Parent Teacher Meeting: We held our 2nd Year Parent Teacher meeting on Thursday last via zoom. It was great to finally meet the Parents/Guardians of our second year albeit virtually after not having the opportunity last year.

1st Year Parent Teacher Meeting: Our 1st Year Parent Teacher Meeting will take place Thursday the 17th of February via zoom. Parents will receive a full list of appointments and relevant zoom links prior to the meetings.



5th Year Art Trip: As part of the Leaving Certificate course, 22 5th Year Art students visited the National Gallery of Ireland to view the 'Zurich Portrait Prize' and the 'Zurich Young Portrait Prize' exhibitions. Back in the classroom,

students will be developing and creating a portrait based on a person that is meaningful to them.

Sport: Well done to our under 15 soccer team who had a great victory over Kishoge Community College on Tuesday. The girls eventually won the game comfortably, well done to all the players and the coaches. On Friday our Under 17 team lost out to a very strong Kishoge team in their league fixture.



Well Walk: After our inspirational launch last Thursday our students have been inspired and excitement has already started to build for our whole school Well Walk which takes place on the 3rd of March. Every student has received a sponsorship card and are eagerly seeking sponsorship. We would be grateful if you would sponsor our students for this walk or donate via the Go-Fund Me page. The Go Fund Me link is available on the School Website Homepage, just click on the Go Fund Me icon in the top right hand corner or by clicking on the following link <https://gofund.me/ba72c006>. All of the funds raised will go directly to pay for the cost of

'Joey's Outdoor Classroom and the improvement of the outdoor space for all students. Pictured below are members of our Parents Association and Student Council at the launch.



School Website: <https://stjosephslucan.com>
Follow us on Twitter: @STJosephs3

Coláiste Phádraig CBS

LCVP: The 6th yr LCVP classes completed their recorded interviews last week in the school with Mr. O' Carroll. The Recorded Interview is an ideal opportunity to prepare students for the world of work or further education whilst being an innovative form of the LCVP assessment. The students had prepared questions about themselves and about some of the LCVP activities, experiences and skills gained throughout the two years. The feedback was very positive as the students talked about the skills they developed such as Communication and Planning skills. The Recorded Interviews, worth 12% of their Portfolios, lasted approximately 5 minutes and they will now be submitted for external correction. The students are working towards a deadline of 4th March for the completion of their LCVP Portfolios of Coursework, which is worth 60% of the overall marks available. The written part of their exam is worth the other 40% and this will be held in early May.

English: As part of the English Department's literacy programme, a *Drop Everything And Read* (DEAR) week was held in the school last week. All Junior Cycle students took part and the principal announced the 20 minute periods every day where the students stopped working in their classroom and took the time to read quietly a book that they had brought in. The main focus of the week was to remind students of the importance of reading simply for pleasure. If reading is to become a life-long habit then young people need to see themselves as participants in a school community that views reading as a significant and enjoyable activity. Some of the more popular titles read by students included *Skulduggery Pleasant*, *Artemis Fowl: Lost Colony*, *The Boy in the Striped Pyjamas*, *Diary of a Wimpy Kid*, *The Da Vinci Code*, *Private Peaceful* and *Charlie and the Chocolate Factory*. Some other students preferred such literature classics as *1984*, *The Great Gatsby*, *The Catcher in the Rye*, *To Kill a Mockingbird* and *Heidi* so it was great to see such an eclectic mix of reading material throughout DEAR week.

Hurling: Congratulations to 5th yrs Liam Garrigan and Joseph Dunne who both played for Dublin South Colleges in their victory over St. Kieran's Kilkenny in the Corn Uí Dhúill Leinster Schools Senior Hurling semi-final at the end of January. Dublin South trailed by seven points early in the 2nd half, but staged a remarkable comeback to win 2-13 to 1-13 and book their place in the final against Wexford's Good Counsel New Ross which is being held in

Kilkenny on Saturday. Joseph, playing left full forward, scored the winning goal from distance deep into injury time to seal a brilliant win for the young Dubs. Well done also to Luke Walsh, from the LC Class of 2018, on helping Dublin claim the Walsh Cup recently to give Mattie Kenny his first silverware as Dublin boss. Luke came on in the 2nd half, replacing the experienced Cian O' Callaghan, and impressed with an accomplished display in defence to help ease the Dubs to a well-deserved victory.

Maths: Our 2nd yrs are currently working on their CBA 1 (Classroom Based Assessment) which involves a mathematical investigation. The students have come up with some innovative ideas such as a weekend trip to England for a football match, building a house and a shed, buying a new car, comparing the cost of a takeaway meal with the cost of cooking the same meal at home or going to a restaurant, a bedroom makeover and even opening a coffee shop! Whatever investigation they decide to do, they must work within a budget, plan the whole operation, do the relevant research and compare prices etc. They have until Friday 18th February to complete and submit their investigations. All the work submitted will be judged to fit one of the four following descriptors by their teachers: 1- Exceptional 2-Above expectations 3-In line with expectations 4-Yet to meet expectations.

TY: The TY students visited Leisureplex in Blanchardstown for a fun filled (and highly competitive!) afternoon of bowling last week. Trips like these are important for the mental health of the students as they afford them the chance to mix and mingle with their school friends in a safe environment, supervised by teachers, and focus on being young, switching off for a few hours and enjoying some light-hearted banter with their mates.

The students have also completed a "Raise Your Game" coaching module run by Emerald Soccer Coaching. The sessions were run by Cian Fadden, an FAI qualified coach, and they were specifically designed to improve a player's technique, skill, tactical awareness and understanding of the game. Cian also worked on the mental aspects of the game to increase confidence, perform better under pressure and to develop strong self-belief. The sessions were fun, educational and demanding and everyone was treated the same, regardless of ability. At the end of the practical module the students were presented with awards. Patrick Ryan won the Player of the Team, Sean Teehan won the Most Improved, Frank Nwoke won the Goalkeeper Award while Sean Fullam won the penalty shoot-out.



Lucan Library

The Brand New Lucan Junior Book Club

For ages 9-12. Meetings through Zoom. Book using Eventbrite.

This month's book is Sea by Sarah Driver.

About this Event: This month's book is a fantasy adventure book about a girl named Mouse (yes, really) who must explore the magical world of Trainukka to discover the mystery of the tribes. She is able assisted by her brother Sparrow and their ship – The Huntress. This book club is recommended for children aged between 9 to 12 years old. We have several special copies of the book behind the desk ready to give out to our junior book club members. You will take them out the same way as you would a normal book. So bring your library card to the desk and ask for the Junior Book Club book.

The Library Assistant will scan it out for you.

Book your place in the group before **Monday 17th**

February using Eventbrite. There will be space for 8 members only. Because this is an online event, it will be necessary for an adult to also be present with the child during the discussion session. You can collect the book in Lucan Library from Tuesday 18th onward.

The discussion session on Zoom about the book will take place on Tuesday 1st March at 3.30pm.

<https://www.eventbrite.ie/e/lucans-junior-book-club-session-5-sea-by-sarah-driver-tickets-246005698667>



Acceptance of a Diagnosis for You and /or a Family Member.

Tuesday 15th February at 7pm.

With Counsellor/Psychotherapist Michael Ryan. Booking via lucanlibrarydublin.eventbrite.ie About this event. An online talk by Michael Ryan (MIACP). 'Labels are jars not for people' – but the school system requires 'labels' in order to provide services. This talk will explore the ways in which Children/Teenagers can handle their diagnoses. We will look at ways to boost their self-esteem and confidence and allow them to come to a place of ownership and acceptance of their diagnoses – while ensuring that they do not define themselves by their 'labels'. We also look at what happens if we deny/reject our true selves and explore the paths towards inner harmony with whatever life throws at us.

Michael Ryan (MIACP) is a Counsellor/ Psychotherapist and Author who works with children in teenagers in primary and secondary

schools as well as having a private practice for adults in West Dublin. He occasionally provides training and hosts workshops/webinars on positive Mental Health. He regularly contributes to media debate on these subjects and has spoken at regional and national conferences on topics related to Mental Health, Wellness and Autism Spectrum (AS) as well as other hidden conditions.

Arts & Crafts

Workshop for Children ages 8-12 with Shauna Daly McGrath. Thursday 24th February at 3.30pm.

This will be an in-person library event. Booking from Thursday 19th February 10am through Eventbrite.

www.eventbrite.ie/e/arts-and-crafts-workshop-tickets-261280596297



Snap Circuits

Workshop for 9-12 years olds on Tuesday 22nd February at 3.30pm.

Booking via lucanlibrarydublin.eventbrite.ie Electronics Workshop for 9-12 year olds.

About this Event. Snap Circuits teaches basic engineering, electronics and circuitry concepts by using building components with snaps to assemble electronic circuits on a simple "rows-and-columns" base grid. This workshop takes place in the library.



Mary Wollstonecraft at 15 Henrietta Street

On Thursday 24th February at 7pm Lucan Local History presents an online talk by historian Fergus Whelan who will discuss the life of the writer, philosopher, and advocate of women's rights Mary Wollstonecraft who arrived in Ireland to take on the role of governess to 14-year-old Margaret King.

He will talk about her impact on Margaret's life, and the links that bound the two women, even after Wollstonecraft's untimely death. The family town house was 15 Henrietta Street.

You can book a place through Eventbrite at lucanlibrarydublin.eventbrite.ie

Political Notes

Emer Higgins TD – Fine Gael

78 The Orchard, Lucan.

Ph: 087 921 7741 emer.higgins@oireachtas.ie

Lucan Road Repair:

South Dublin County Council and Irish Water have repaired the issue with water pipes and the manhole on the Leixlip Road near the Garda Station and will resurface that area in the coming weeks.

St Joseph's College:

I was delighted to help launch St Joseph's Wellbeing Walk fundraiser in aid of Joey's Outdoor Classroom.

National Retrofit Plan:

The National Retrofit Scheme offers unprecedented grant funding to support people to make their homes warmer and cheaper to run. New grant levels will cover up to half the cost of a deep retrofit, and up to 80% of the cost of doing simpler work such as attic or cavity wall insulation. These latter grants mean that these jobs would cost only about €300 each, but together could knock about 25% off your annual heating bill.

Cllr. Derren Ó Brádaigh – Sinn Féin

Mobile: 087-2136345

Email: dobradaigh@cllrs.sdublincoco.ie

F/B: <https://m.facebook.com/CllrDerrenOBradaigh/>

Twitter: @DerrenBrady1

Web: www.sinnfeindublinmidwest.com

Tree Maintenance Works:

The Council will continue next week with works in Colthurst, Esker Lawns and Ash Park. I was delighted to see Ash Park being included following agreement of my earlier motion to have the treeline between Ash Park and Elm estates comprehensively cleaned up. I am awaiting a response from the Council regarding the replacement planting of 9 trees scheduled for removal as part of these overall works. Both myself and the Sinn Féin team did deliver an information leaflet to all homes here last week.

Bus Changes Latest:

Following a recent (Jan) meeting with officials from the National Transport Authority, I have continued to deliver an information update to homes in Dodsboro, Wentworth Apts, Woodview and Woodview Heights and will endeavour to keep all neighbouring estates updated too. For more details or queries relating to the new bus service, please get in touch!

Gino Kenny TD- People Before Profit

Phone: 085-7211574. Email: ginokenny@oir.ie

BusConnects:

Last Saturday a protest was organised by People Before Profit to draw attention to the NTA about the new arrangement for buses emanating from Dodsboro in Lucan. If you happen to live in this particular catchment area the nearest bus stop after 9am directly into the city centre is 10 to 15 minutes' walk away on the R835 opposite McDonald's. I have written to the NTA pointing to the fact that this is unfair giving the demographics of the area. I have requested that the NTA review the capacity of the new X30 which is the old 25 route into the city centre.

Cllr Vicki Casserly - Fine Gael

Email: vcasserly@cllrs.sdublincoco.ie /

Mob: 085 831 7982 /

FaceBook [facebook.com/vickicasserlylucan/](https://www.facebook.com/vickicasserlylucan/) /Twitter: @vickicasserly

Lucan Demesne/Spa Hotel Tunnel:

I have asked SDCC to examine the feasibility of re-opening the historic pedestrian tunnel running from the grounds of the Spa Hotel through to the Demesne, (This is reportedly blocked up but not destroyed during the construction of the N4 bypass) so as to connect the hotel complex with the Demesne, making it more accessible for visitors.

Hedge Cutting:

I have asked for an update on the implementation of Hedge Cutting Notices on private residential properties where hedges and vegetation are hazardous to the public, in particular on pathways in support of keeping pathways accessible for all pedestrians.

SDCC Libraries Online Universal Classes:

Are completely free and all you need is a valid library card! you can enjoy any online course you like at the touch of your fingers. You will find more information

here <https://www.sdcc.ie/en/services/sport-and-recreation/libraries/library-services/online-resources/>



Esker Active Retirement Association

Hi everyone,

We had thirty-four members at our club this week which is great to see. We're starting to come back and enjoy ourselves again whilst still taking safety precautions against Covid. We started taking our yearly subscription of €25 from all members and for anyone starting from next week, please remember to bring this with you and your €3 which is the weekly fee to cover rent and refreshments.

We have also booked our first trip of the year, we're staying at the Ballymascanlon Hotel between Dundalk and Carlingford, with day trips organised for both sides of the border for each day; one day trip is to the Ulster Transport Museum outside Belfast. Of course we will have entertainment every night. Already we have a full coach capacity but a waiting list has been started. Only fully paid up members can come along on our trips.

Today we played scrabble, bowls and whist, enjoyed our refreshments and the craic too. Great to see more new members arriving every week and our previous new members settling in really well.

Active Retirement Clubs are a great way of meeting new people, making friends, going walking and having people to go to the cinema with once a week. Next Tuesday some of us are going to Vue Cinema to see Death on the Nile. Anyone wishing to join our club, either give me a quick call on the number below or just drop into our club on a Wednesday between 1.30 – 4pm.

We are in St Andrew's Church Hall just down from Stagg Cycles which is a blue & yellow building. There's parking in the grounds of the Church and also a bus stop outside the Church gates.

Till next time,
Marian Egan
(Club Secretary)
086 1269 043



Lucan's St. Patrick's Day Parade 2022 Entry Form



This year's theme is 'Celebrate Your Anniversary With Us'

Name of Group:

Address:

Tel Number:

Email:

Float: Walkers:

How old is your organisation?

Contact Name:

Tel Number:

Supervising Leader 1:

Tel Number:

Supervising Leader 2:

Tel Number:

If you require music to be played at the viewing stand, a CD must be supplied by Friday 4th March to the address below. No CD's etc will be accepted on the day.

PLEASE RETURN COMPLETED FORMS TO:

lucanparade@gmail.com

or Mary Meehan 174 Arthur Griffith Park, Lucan. Mobile: 085 7374645.

Closing date: 28th February 2022

No entry will be accepted after this date

Supported by Lucan Traders

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Community / Schools/ Local History

marylucannewsletter@gmail.com

Sport / Politics

roselucannewsletter@gmail.com

Parish Notes / Fund Raising

annalucannewsletter@gmail.com

Anniversaries etc. / Advertising Queries

catherinelucannewsletter@gmail.com

Reports and Ads. etc may also be left at the usual addresses:

St. Mary's Parish Centre

Or 3 Hillcrest Walk, Lucan.

Remember 10pm, Wednesday is the deadline.



Lucan Citizens Information Centre

From 1 January 2022, our telephone number is 0818 07 5090.

www.citizensinformation.ie

COVID-19 has changed the service we offer to the public. Our drop-in service is not currently available, but we are taking phone calls, answering emails, and providing a call back service.



Call us on 0818 07 5090, leave a message with your name and number and an Information Officer will return your call within 2 working days, or you can email your query to us at lucan@citinfo.ie and someone will reply.

Citizens Information Phone Service (CIPS)
0818 07 4000 operates on Monday to Friday 9 am to 8 pm.

MABS – the Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over 20 years.
MABS Clondalkin phone 0818 07 2270

COVID-19 rental protections: On 12 January 2022, COVID-19 rental protections expired. These protections were for tenants who had fallen into rent arrears due to COVID-19 and were at risk of losing their tenancy.

Fuel allowance: A Fuel Allowance is a means tested payment to help with the cost of heating your home during the winter months.

You can get the Fuel Allowance, if you are getting a long-term social welfare payment and you are unable to provide for your heating needs from your own resources. See 'How to qualify for Fuel Allowance' below.

Only one Fuel Allowance is paid to a household.

Fuel Allowance is generally paid with your social welfare payment on the same day. You can choose to get Fuel Allowance paid weekly or paid in 2 lump sums.

The 2021-2022 Fuel Allowance season started on Monday 27 September 2021 and is expected to run for 28 weeks.

From the 12 October 2021, the Fuel Allowance increased from €28 to €33 per week.

In Budget 202 People getting Jobseekers Allowance or Supplementary Welfare Allowance may qualify for Fuel Allowance after 12 months (down from 15 months), if all other qualifying conditions are met (September 2022).

To get the Fuel Allowance you must be living alone (or with certain people listed below), living in Ireland

and getting one of the qualifying social insurance payments or social assistance payments

You must live alone or only with:

A dependent spouse, civil partner or cohabitant and/or dependent children

A person who is getting Carer's Allowance or Carer's Benefit and is caring for you or for your dependent spouse, partner or cohabitant on a full-time basis

A person getting COVID-19 Pandemic Unemployment Payment (PUP), short-term Jobseeker's Allowance or basic Supplementary Welfare Allowance

Other people who are getting the qualifying payments and who would also be eligible for a Fuel Allowance in their own right

And

You and other members of your household are unable to provide for your heating needs from your own resources.

Further information is available on the following link: https://www.citizensinformation.ie/en/social_welfare/social_welfare_payments/extra_social_welfare_benefits/fuel_allowance.html

Covid and returning to work safely: Since Monday, 24 January 2022, workers can return to the workplace on a phased basis. Guidance for employers on the return to work

This page on our website summarises the work safely protocol published by the HSA, the HSE, the Department of Health and the Department of Enterprise, Trade and Employment.

The latest work safely protocol (the Transitional Protocol) was issued on 31 January 2022. It reflects the Government announcement on the easing of public health measures and places a greater emphasis on supporting the safe return to physical attendance in the workplace.

Employers should review their existing advice and guidance to make sure it is in line with the updated guidance.

The Transitional Protocol: Describes the steps that employers and employees should take before a workplace reopens to make sure they can return to work safely

Sets out infection prevention and control measures to allow a safe return and a continued safe operation of the workplace

You can get more detailed information in the Transitional Protocol (pdf).

The Health Safety Authority (HSA) website has checklists and templates on ventilation, rapid antigen testing and returning to the office.

Return to the workplace

Since Monday, 24 January 2022, workers can return to the workplace on a phased basis.

As a phased return to the workplace begins, some workers may be particularly concerned about returning to the physical workplace. Employers should consult and address concerns. Further information Link: Returning to work safely (citizensinformation.ie)

SPORTS

LUCAN HARRIERS A.C.

Dublin Juvenile Indoors Day 1 - U15-U19

There were big number of Lucan Juveniles in attendance at the fabulous Abbotstown indoor arena on Saturday 5th and Sunday 6th for the Dublin Indoor Championships. It was great to see so many competing with large numbers reaching finals.



Saturday saw Kate O Connell continue her winning ways with a very dominant 1st place in U19 200m. Maggie Jez made her debut in U17 200m with a 3rd. Oisín Mullally was a close 4th U17 200m. Grace Byrne had a great throws series earning her a 2nd in u16 Shot. Charlie Hughes went straight from his 800m (4th place) final and pulled a 2nd place in long jump out of the bag. The red and black of Lucan featured prominently in the 800m. Eve Clarke in her first indoor race was 4th in U15. Ferdia McDonagh led a 5 strong group of U15 Lucan Harriers who qualified for the final and finished 2nd. Cillian Murphy, U17 was 4th in his first indoor race. Aisling Fitzpatrick U17, had probably her best race yet finishing 2nd. Eve Noctor 1st and Milly Hughes 3rd, U18 have shown their class today. The highlight was girls U16 where we had 4 in the final- with 3 taking to the podium, Saoirse Fitzgerald 1st, Izzy Cuffe 2nd and Sadhbh Ní Bhuachalla 3rd. Well done to all who competed both on track and in the field.

Lots more success stories on Sunday for day 2 of the Championships. The day started where the

previous day left off. In the 400s we had Aisling Fitzpatrick get silver in the U17 Girls and Oisín Mullally in the U17 boy's races. Eve Noctor had a fantastic run breaking 60secs and getting silver in the U18 girls and Kate O'Connell won the U19 girls comfortably. It was then onto the 1500m. In the U16 girls Saoirse Fitzgerald won in a quick 4.46 with Izzy Cuffe running a great race to pick up her 2nd medal of the weekend in 3rd. In the U17 Girls Maggie Jez ran a really strong 2nd half of the race to get 2nd with Aisling Fitzpatrick getting 3rd after only getting her breath back from the 400m! Eve Noctor did similar in the U18 girls and took gold with a blistering last 200. In the U18 boys Benjamin Caullier ran a very composed race and got up for silver in a big pb of 4.07. In the U18 60m Hannah Moriarty showed a real return to form taking silver and Davis Quinn took gold in the u15 1000m walk. In the field events Cian Gavin and Killian O'Connor took gold and bronze in the U16 Boys shot respectively and Hannah Moriarty won the U18 High jump. It was great to see so many out again from the club with many making their indoor track debuts. Well done to all. From this report you can see so many names and events, lots of medals and very strong performances. Many athletes competed in numerous events and goes to show their great multi discipline ability



Well done to one and all on a fantastic weekend. The future looks bright for Lucan Harriers and it's athletes

Their Coaches and parents also deserve great credit for their dedication and preparation of the athletes for this weekend and all other events they have had success in.



Thanks to Eoin Fitzgerald for the report and photos

St. Mary's Camera Soirée

The number of viewings of our 9th photography exhibition has now exceeded 200 viewings. The group is very appreciative of the nice comments received about the exhibition.



We were back in the Parish centre Coffee Dock again last week with a pretty full attendance. Everybody was delighted to be able to physically meet again and we devoted ourselves to revising the basic processing steps involved in using Photoshop. (It's a real case of "use it or lose it"). This Friday we are exploring the world of Portrait photography, a difficult genre but the results can be extraordinarily beautiful if you get everything right. It does require patience – something that is short supply as far as I am concerned!

This week it was the turn of Josie to be out of town and she shared some photographs taken in Adare, Co. Limerick, including photos of Adare Manor Hotel. We have yet to find out if she was staying there. There were some more photos of Connemara, taken by Donal and of Dublin Bay taken by Paddy. Conor submitted an Irish version of the blockage of the Suez Canal by the "Ever Given" back in March 2021 when he captured a canal barge appearing to block the Royal Canal.



On a serious note, this week the group with sadness called to mind their fellow member and friend Greg Beegan who died this time last year. May he rest in peace.

Until next week stay safe!

