



Established 1967

www.lucannewsletter.ie

Online only

Sunday 18th April 2021

Lucan Tidy Towns

The National Tidy Towns competition for 2021 is set to go ahead and will take place virtually this year. We await the official launch of the competition. Meanwhile, we continue with our activities, while restricting our work in accordance with government regulations. Weeding, digging, planting, sweeping and litter picking keep us busy.

As we all know, each year, An Taisce promotes April as National Spring Clean month. Keeping Covid awareness in mind, we would like to see we, the people of Lucan play our part. We hear that some residents' groups have found ways of organising safely, their own clean-ups. We also have been contacted by a number of individuals who want to play their part in clean ups by doing some litter picking while out walking.



We thought it might be good to dedicate one week to a concerted effort at cleaning and tidying. With this in mind, we are proposing the week beginning Monday, 26th April as Spring Clean week. As per the regulations, people from up to 2 households might decide to work together in carrying out a litter pick of their own locality or else choose a black spot in need of attention. If you are interested in participating that week, either by organising your own local clean up or would like to offer to do so around the village, we invite you to get in touch so we can arrange to coordinate, record, publicise and support your efforts.

Find us on facebook or else give us a call.

*Kevin O'Loughlin
Lucan Tidy Towns
Tel 0879468271*

Lucan Citizens Information Centre

www.citizensinformation.ie

COVID-19 has changed the service we offer to the public. Our drop-in service is not currently available, but we are taking phone calls, answering emails, and providing a call back service.



Call us on 0761 07 5090, leave a message with your name and number and an Information Officer will return your call within 2 working days.

Or you can email your query to us at dscis@citinfo.ie and someone will reply.

Citizens Information Phone Service (CIPS) **0761 07 4000** operates on Monday to Friday 9 am to 8 pm.

MABS The Money Advice and Budgeting Service is the State's money advice service, guiding people through dealing with problem debt for over twenty years. MABS Clondalkin, phone 0761 07 2270 or email clondalkin@mabs.ie



PLEASE NOTE:

We are **NOT operating from the Newsletter Office at the moment**, but leave your ads, queries or notices in the **letter box at St. Mary's Parish Centre, before 10pm on Wednesday night**, and we'll collect and look after them.

Alternately email any of the following:

marylucannewsletter@gmail.com

annalucannewsletter@gmail.com

roselucannewsletter@gmail.com

catherinelucannewsletter@gmail.com

Due to present restrictions, we will continue publishing online only for the next few weeks, when we will review the situation.

Our weekly block and small ads, which are not normally carried online, may be viewed on our **'Community' Page** at www.lucannewsletter.ie

Know Your Rights: Parent's leave - What's New

This news item was posted on April 8, 2021

I am due to have a baby in three months and have arranged to take Maternity Leave. Am I entitled to any more paid leave to look after the baby?

Parent's leave is a statutory entitlement for parents that allows each parent 5 weeks paid leave for a child born or adopted on or after 1 November 2019. It aims to let working parents spend more time with their child.

It must be taken within 2 years of the birth of a child or in the case of adoption, from the date of placement of the child. If you have enough PRSI contributions, you get a weekly Parent's Benefit payment of €245 from the Department of Social Protection during parent's leave.

You can take parent's leave in one 5-week block or in 5 one-week periods. You can visit citizensinformation.ie to find more about parent's leave.

Parent's leave is different to parental leave. Parental leave is unpaid and can be taken up until the child's 12th birthday.

Summary of leave available for parents

Maternity leave - Female employees, 26 weeks and up to 16 unpaid weeks.

Yes, Maternity Benefit is paid for 26 weeks.

Adoptive leave - One parent of an adopting couple or a parent adopting alone. 24 weeks and up to 16 unpaid weeks.

Yes, Adoptive Benefit is paid for 24 weeks

Paternity leave - A parent of a child under 6 months of age (usually the father or partner of the mother, or in the case of adoption, the parent who is not taking adoptive leave), 2 weeks.

Yes, Paternity Benefit is paid for 2 weeks

Parental leave - Parents and guardians of children under 12 26 weeks.

No, it's unpaid

Parent's leave - Parents of children under 2 years of age (or in first 2 years of adoption placement), 5 weeks.

Yes, Parent's Benefit can be paid for 5 weeks

You can read more about family leave and benefit on citizensinformation.ie





Tune into Liffey Sound 96.4FM this weekend for a very different mix of music and chat!

Saturday

10am - Blast from the past - 50's, 60's & 70's music presented by Terry Callaghan

4pm - Hot Hits - Kelly Darcy keeps us up to date with the latest from the Irish Hip Hop scene

8pm - Sarah C's Electro house session - Sarah Cahill plays an hour of the greatest DJ's

Sunday

10am - Out of this world - Religious based programme with music & interviews presented by Pat Quinn

11am - Bookline - Teresa Quinn interviews local & national authors about their new releases

12pm - Operaworks - Michael Bourke presents an hour of Opera & classical music

2pm - Cracklin' Country - An hour of the best of Country music with Mick Roche

4pm - Down Penny Lane - Colm Grogan takes a nostalgic trip past strawberry fields and down Penny lane

5pm - Music Parade - Join Pat McGee for a 2 hour mix of music and chat

8pm - Country Sounds - Country & Western music as well as ballads from around the counties with Pdraig McGarrigle

Liffey Sound 96.4FM- Lucan's Community Radio Station

www.liffeysoundfm.ie or catch up on Facebook



Palmerstown Camera Club

Palmerstown Camera Club invites all adults, who are interested in photography, to our monthly Wednesday night meetings. We currently meet by Zoom from 8pm until 9.30pm.

On Wednesday April 21st, Palmerstown Camera Club will have presentations from Robert and Sharon Prenton who are based in North Wales. They are best known for combining their studio work with the waterfalls, lakes, castles, mountains and beaches that are a short drive from their home. They are both multi award winning national and international photographers whose images are exhibited all over the world.



To visit, free of charge, for one or two meetings, and to see how you can benefit please visit <https://www.palmerstowncameraclub.com>.

See you on Wednesday nights.



Age Action are offering five hours tutoring, remotely, to anyone who needs support using their smartphone, tablet or laptop. Covering topics like how to set up an email, how to download an app, how to use video calling to see your loved ones etc.

For more information, please call 01 4756989 or email gettingstarted@ageaction.ie

Parish Notes

St Mary's, Lucan

www.lucanparish.com

During Level 5 Masses will be livestreamed on
www.lucanparish.com

Sunday Masses: Vigil Saturday: 6.30pm,
Sunday: 11am

Weekday Masses: Monday to Saturday 10am

Praying with Scripture:

Praying with scripture is continuing on zoom. If interested please contact Cheryl Murphy at 086 8343754 to register.

Private Prayer:

The Church will be open daily for private prayer on weekdays from 10.30am to 6pm (funerals permitting) and on Sundays from 12 noon to 6pm. Please enter by the Main Porch Door and exit by the side door (near the Nun's Chapel). Please ensure social distancing when visiting the church and use hand sanitizers provided when entering and leaving.

St. Patrick's

Esler/Doddsboro/Adamstown

www.stpatrickslucan.ie

**All Masses are now streamed live on the Parish
You Tube channel during Level 5**

Sunday Masses: Vigil Saturday 7pm, 9am,
10.30am Family Mass and 12 noon.

Weekday Masses:

Monday to Friday at 10am.

Private Prayer:

Church is open for private prayer, weekdays from 10.30 to 12.30 and access through church door at the bell tower.

View the following on www.stpatrickslucan.ie

Mass Readings for the week

Morning Prayer – Lauds

Evening Prayer – Vespers

Take five at 10 - Reflections–Weekdays: 10am

Taizé – Watch and Pray



Divine Mercy, Lucan South

www.lucansouthparish.net

All Masses will be livestreamed only on
www.lucansouthparish.net

Sunday Mass:

Sunday 10:30am

Weekday Masses:

Monday to Friday 9:15am

Saturday 10am

Daily Readings on website:

Under our Welcome menu you will find links for the Daily Mass Reading which updates every day as well as Sunday Mass Reading for the following Sunday's Mass. It is a great way to be able to read along during Mass if you so wish or take time to reflect on the passages during the week and see what message they have for you. One quick note is that if it is a Sunday and you want to see the Gospel for today then click on the Daily Mass Reading link as the Sunday listing will be for the following week.

Private Prayer:

While the Church is not open to parishioners for Mass, the Faustina Chapel is open for private prayer from 10am to 12 noon Monday to Friday.



Dublin Diocese Virtual Pilgrimage to Knock

The Dublin Diocesan
Pilgrimage to Knock
will take place
on **Saturday April**

24th with a programme of online workshops from Our Lady of Victories Church, Ballymun Road via webcam commencing at 12pm.

From 2.30pm, we will switch to the Knock Shrine webcam for the rosary, the Pilgrimage Mass at 3pm and opportunity for quiet time in the Apparition Chapel.

For more information check out the
[Dublin Diocese website](http://www.dublin-diocese.ie)

Acknowledgement

Ó MIACHÁIN (CATHAL)

We, the family of the late Cathal Ó Miacháin, Hillcrest Walk Lucan, wish to thank most sincerely all our dear friends and neighbours in the estate and beyond, for their wonderful support on the day of the funeral; to see so many positioned along the footpaths to pay their respects as we took him back to pass his home for one last time was deeply appreciated.

We also wish to express our gratitude to everyone who posted their condolences online; reading all those lovely expressions of sympathy during the days that followed was both comforting and uplifting.

The Holy Sacrifice of the Mass has been offered for your intentions.



Anniversary

COMERFORD (ELIZABETH - BETTY)

20th Anniversary - 23rd April



Late of Kew Park, Lucan.

Sadly missed by your loving family, your husband Bill, daughters Lorraine, Sinéad and Fiona and The Hanly family of Herbertstown, Co. Limerick
Remembrance Mass in St. Mary's Church, Lucan, Saturday 24th April at 6.30pm.

The Mountain

If the mountain seems too big today
then climb a hill instead.

If the morning brings ou sadness
it's ok to say in bed.

If the day ahead weights heavy
and your plans feel like a curse,
there's no shame in rearranging,
don't make yourself feel worse.

If a shower stings like needles
and a bath feels like you'll drown,
if you haven't washed your hair for days,
don't throw away our crown.

A day is not a lifetime
a rest is not defeat,
don't think of it as failure,
just a quiet, kind retreat.

It's ok to take a moment
from an anxious, fractured mind,
the world will not stop turning
while you get realigned.

The mountain will still be there
when you want to try again,
you can climb it in your own time,
just love yourself til then.

by Laura Ding-Edwards

Thank you to the reader who sent us the above thoughtful poem!



You can use
#FixYourStreet to
report non
emergency issues
to the Council.

Categories covered are: Graffiti, Leaks and Drainage, Litter and Illegal Dumping, Road or Path Defects, Street Lighting, Tree and Grass Maintenance

How to Report

By sending an email to reports@fixyourstreet.ie
By sending a tweet with the hashtag/s #fysic
Fixyourstreet.ie



Stumbling all the way, but getting there, is probably a good description of life at the moment.

Here at Lucan Newsletter we can't wait for the day we are



back in hard copy, as some of us now have access to the miracle vaccines. Watch this space!

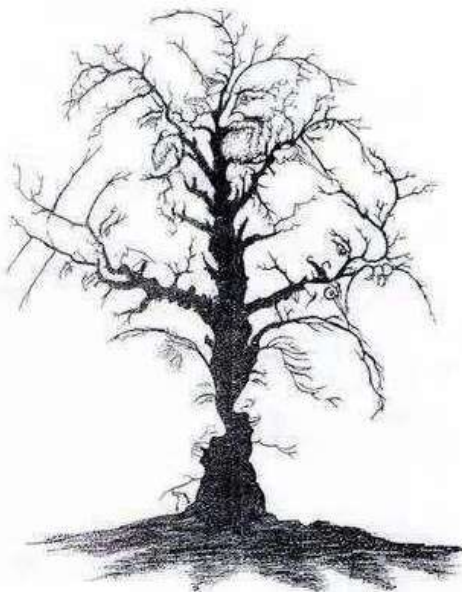
Hope all are enjoying the nice mild weather after the very cold snap last weekend. Great to see and hear people out in their gardens regularly again.

Have you had property stolen? – After obtaining a search warrant, it's been reported that Gardaí seized various items of stolen property in the Lucan area this week. The find included 15 bicycles and thousands of Euros worth of tools and building equipment. Efforts are underway to trace owners of the property.



If you wish to make any enquires you should email Lucan.Community@garda.ie

EXERCISE YOUR BRAIN!



FIND 10 FACES in the tree!

Old Photographs! Just to let people know, we are not forgetting about some of the older photographs sent to us in the past few months, but we think it wiser to hold on to them until we are back in print, and they will be accessible for all to enjoy.

Litter and Dumping continues to be a problem!

If you witness dumping contact

014149000/wasteregulation@sdblincoco.ie

We must keep Lucan looking lovely, so if the litter bins are full, take that wrapper or coffee cup home with you!

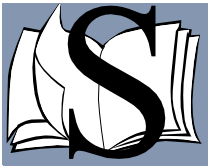


What a lovely welcome back for the pupils of St. Mary's Boys School. No doubt all the boys and girls of Lucan were rushing back to their classrooms last Monday morning. Please God, all will go well.

Don't fear pressure, for pressure is what turns rough stones into diamonds!

Irish Bands Quiz Answers from last week:

- 1 Aslan,
- 2 The Coronas,
- 3 Hot House Flowers,
- 4 The Chieftains,
- 5 The Script,
- 6 The Frames,
- 7 Strypes,
- 8 Rip Tide Movement,
- 9 Bell X1,
- 10 Emotional Fish.



SCHOOL NEWS



Coláiste Phádraig CBS

School news: We were delighted to welcome back all of our students on Monday for the 1st time this year. It has been a particularly challenging time for our 1st, 2nd and 3rd yrs, as well as our TY students, who had been engaged in remote learning up until the Easter holidays so it was fantastic to see our students reconnecting with their school friends and re-engaging with their teachers in-person in the classrooms this week for the 1st time since before Christmas. They all looked really happy to be back in school (although some of them might deny it!) and hopefully schools will remain open for all from here on in.

Awards: The end of term award winners were announced this week with eight main awards given out. For the Online Engagement Term award, students were nominated by their subject teachers based on their engagement levels with remote learning since the schools were closed at the start of January. Teachers took into account the students' attendance at Zoom classes, their active participation in the lessons as well as the timely completion of the homework assignments on Google Classroom throughout what was challenging and demanding term for teachers and students alike.

The winners of the **Online Engagement Term award** were as follows: 1st yr- **Joel Emmanuel**. 2nd yr: **Ethan Krstinic** 3rd yr: **Jack Griffin**. Senior: **Eoin Shorten**. Each winner received a 20euro voucher plus a framed certificate in recognition of their fine achievement.

The following students won **Gaeilgeoir na téarma** awards: **Evan Whelan** (1st yr) **Michael Casey** (2nd yr). **Jaime Miguel Sales** (3rd yr) **Mark Beagan** (Senior). These students greatly impressed their Irish teachers with their efforts to speak Irish online over the past three months and also their exceptional diligence with regards to their homework assignments. Comhghairdeas ollmhór a dhaltaí agus coimeád suas an sár-obair. Ba chóir go mbeadh sibh uilig fíor-bhródúil as an sár-iarracht a rinne sibh le linn na dianghlasála an Ghaeilge a úsáid agus a labhairt. Mar a deir an seanfhocal "*Beatha teanga í a labhairt*". (A language lives through being spoken)



Separately, Mr. Lyons arranged for weekly engagement awards for each 1st yr class. Each winner received a 5euro lunch voucher on Monday. The winners were as follows; 1Shaw: **Cian Butler** and **Matthew Byrne**. 1Joyce: **Colin McSherry**, **Christopher Sheriff**. 1Behan: **Jamie Bateman**, **Eamon Jaber**. 1Beckett: **Darragh Kane**, **Dara Reilly**. 1Yeats: **Efrin Abi**, **Adam McMahon**.

Well done to the winners and we commend the 1st yrs especially on their fantastic engagement with remote learning over the past three months.

Cont'd over.....



Coláiste Phádraig *cont'd*

Their excellent attendance, punctuality, attentiveness, enthusiasm, good manners, initiative, impressive motivation levels, positive attitudes and timely submission of homework assignments in an extremely challenging period in their education has been truly uplifting and inspiring.

Coláiste Phádraig has a very proud tradition of presenting awards to deserving students and the following beautiful Irish proverb perhaps best encapsulates the school's philosophy: "*Mol an óige agus tiocfaidh siad. Cáin an óige agus titfíth siad*" (Praise the youth and they will flourish, criticise the youth and they will fall).

Wellbeing: Just a correction to the title of the Wellbeing book mentioned in the Lucan newsletter before the Easter break. The title should have read "**My Busy Popcorn Mind**" (rather than "popping" mind) and the book is being self-published by Jackie Farrell, a teacher in the school.

DCG: Our 6th yr DCG students were busy just before the Easter Break putting the final touches to their Leaving Cert projects and portfolios that they have been working on throughout school year. These form 40% of the overall marks with the written exam in June worth the remaining 60%. The extended deadline was Friday 19th March this year and this day witnessed the usual final few stragglers and procrastinators staying around late after school in a desperate last minute rush to complete their projects on time! We've all been there!

Their brief was to carry out a design investigation of existing dash-cams (dashboard cameras) that can be bought in shops, in graphic form and then develop and graphically communicate a new concept design for a dash-cam based on a selected theme or target market. The students had to take inspiration from something in the real world with some ideas being inspired by iguanas, retro cameras and air fresheners.

Once they sketched up their final design they then had to make them on Solidworks (a 3D software package used in DCG Classrooms that allows students to model every-day objects). They then had to put together a portfolio showcasing all of their work and submit it for assessment by external examiners. Hopefully they will all be rewarded with high grades!

St Joseph's College

Our school reopened on Monday to all year groups. It was wonderful to see all of our students back in the classroom again!

Into the YSI Final!

After winning the regional finals for South Dublin in the student enterprise awards programme in March, three of our Transition Year students are now going forward to the national finals which will be held in May. It is a super achievement to have come so far in the competition and we wish them every success in the final!

The groups name is 'Pawtastic Pals' and the students are Tara Hollowed, Neha Joice and Leah Graham.



'Pawtastic Pals'

Young Social Innovators

A group of TY students who are entering the Young Social Innovators competition were outside the school library during breaktime this week with their '**Secret Postboxes**'. Students were invited to place letters of appreciation for their friends into the boxes as a random act of kindness. The letters would then be delivered to the intended recipients. The students have called their group '**It's Hard For Me To Say**' and they aim to bring more focus on mental health issues. The group have also produced a fabulous student website containing information on anxiety, depression, eating disorders, links to meditations, phone numbers to helplines, activities, yoga, and YouTube videos.

Cont'd over.....



Taylor Costigan and Ellen Lynch with their 'Secret Postboxes'

5th year student **Aoife Stoneham**, displaying her artistic expression of gratitude for teachers. We have a group of students from 5th Year who have made it into the Finals of the Construction Industry Federation (CIF) Competition. The students are **Caoimhe Farrell, Leah-Kennedy Carney and Muskaan Khalid**. The students' project was to design "**A Home For Everyone**" and they have been working on it for a number of months. There are 3 projects in the final round that will be showcased at a virtual awards ceremony on 30th April 2021. The winning team will be announced at the event. Well done to all! Dermot Bannon watch out!!



Muskaan Khalid

Concern Debating Team

Our **Concern Debating Team** competed in the Shield Semi Final of the league this Wednesday! The motion for debate was "**To end hunger, the world must embrace GMOs**"

Our team also included three researchers: **Arwen Kennedy-Carney, Róisín Tigerford and Frances Winter**.



Team members: Ashling Sharry (captain), Sandra Joseph, Hannah Farrelly and Seba Joseph.

The semi-final was completed online and we were competing against Friends' School Lisburn. Well done to Friends' School, who won the event and will proceed to the final. Well done to Mr Smyth and our debaters on their exceptional efforts in reaching this advanced stage of the competition!



Our senior Concern Debaters with Mr Smyth

Non-Uniform Days

Our **Parents' Association** are organising two non-uniform days to raise funds for an Outdoor Classroom! and 'Rosie's Garden' on the 27th April and 11th May.

It was super to see past pupil **Niamh Farrelly** perform so well for her team Glasgow City, scoring a goal and being named Glasgow City 'Player of the Match' after her game against Celtic on Sunday. Well done Niamh!!!

School website <https://stjosephslucan.com>
Follow us on Twitter: @STJosephs3

Political Notes

Cllr. Shane Moynihan – Fianna Fáil

Email: smoynihan@cllrs.sdublincoco.ie

Ph: 087 7840898. www.shanemoynihan.ie

[facebook.com/cllrshaneMoynihan](https://www.facebook.com/cllrshaneMoynihan)

Twitter: @shanemoynihan

Instagram: cllrshaneMoynihan

Cycle South Dublin: Councillors received an exciting briefing this week on plans to double to total distance of cycleways across South Dublin County, over the next 8 years. There is good news for new routes (near many schools) in Lucan, as well as improvements to existing routes. Please contact me to know more or check out the information on my website.

Outdoor seating scheme: Funding under this recently announced scheme is available for purchase or upgrade of additional outdoor equipment to increase the outdoor dining capacity for the summer of 2021. The scheme will provide for up to 75% of the ex-VAT cost of equipment purchased/installed with a maximum allowable contribution of up to €4,000 per applicant. Further information can be found along with the online application form on the Council website <https://www.sdcc.ie/en/services/business/enterprise/business-support/outdoor-seating-and-accessories-scheme/>.

Caitriona McClean

086-3898327, cmaemcclean@hotmail.com, twitter:

@cmaemcclean

Vaccination: Anyone I have spoken to who has received their vaccine has expressed huge relief and optimism. It makes a noticeable difference to outlook and wellbeing. Those aged 65 to 69 can book by registering on hse.ie using a PPS number and Eircode, or call HSE live 1850 24 1850 from April 15th.

Scam alert: There is a very sophisticated scam doing the rounds. Department of Social Protection staff will never ask you over the phone for bank details. Be extraordinary cautious if you receive a call.

Playing our part: Easing of restrictions this week allowed me to see my daughter whom I had not seen since Christmas. Sometimes playing our part can be difficult, it remains so hugely important now that we remain calm, and encourage each other as the path of the pandemic twists and turns bringing hope and sometimes new frustrations.

Cllr. Liona O'Toole – Independent

0872795274. lotoole@cllrs.sdublincoco.ie

www.lotoole.com

Car Park relocation: Lucan demesne car park forms part of the wider Lucan Village enhancement scheme. The design team appointed is at very early stages. The process will involve a briefing to Cllrs and then a public consultation will be carried out in due course.

Lucan Swimming Pool: Construction of the pool is locked down again, with accumulated delays. Planned opening date summer 2021 has now changed. As promised I will continue to monitor progress.

New Parks update: Tandy's Lane park and Airlie park in Adamstown are on-site but still in lockdown. Tandy's Lane is scheduled to open in Q2 2021. Airlie park is scheduled for completion in early 2022.

Additional bins: Following community clean-ups along the canal the lack of bins was brought to my attention. I've asked that council management make contact with Waterways Ireland requesting additional litter bins to be installed.

The Corned Beef of My Childhood

I remember the corned beef of my childhood,
And the bread that we cut with a knife,
When the children helped with the housework,
And the men went to work, not the wife.

The cheese never needed a fridge,
And the bread was crusty and hot.
The children were seldom unhappy,
And the wife was content with her lot.

I remember the milk from the bottle,
With the yummy cream on the top.
Our dinner come hot from the oven,
And not from a freezer or shop.

The kids were a lot more contented,
They didn't need money for kicks.
Just a game with their friends on the road,
And sometimes the Saturday flicks.

I remember the slap on my backside,
And the taste of soap if I swore.
Anorexia and diets weren't heard of
And we hadn't much choice what we wore.

Do you think that bruised our ego?
Or our initiative was destroyed?
We ate what was put on the table
And I think life was better enjoyed.

Author Unknown.



Cumann na Sáirséalaigh Leamhcáin



The U14 Hurlers Skills Challenge has attracted attention from clubs all over the country; Cork, Galway, Kilkenny, Kildare Offaly, Tipperary and of course in Dublin too. The latest update and League table us on the club website.

Congratulations to the winners on the **Fantasy Golf** competition organised to raise funds for The Senior Hurlers, First prize of €500 went to Dominic Gildea.



Club Membership is now open via the ClubForce app or on the club website. New Members are always welcome, bear in mind that all players must be registered before we return to play/train.

Lucan Sarsfields Healthy Club Notes

More details on the below articles can be found on the online version at www.lucansarsfields.ie.

Recipes for Success - A number of Healthy Eating resources, in line with the Recipes for Success programme for clubs will be published over the next 5 weeks. These range from videos to recipe inspiration and healthy eating posters. Please keep an eye out for these on our Twitter, Instagram and Facebook.

Foróige Careers Seminars - Career Coaching Clinics will allow young people to ask mentors questions about professions they may be considering for the future. Many young people have missed out on work experience and will be considering different subjects that will guide their career choices. The aim of the Clinic is to demonstrate that career paths can vary and to allow young people an opportunity to hear different professional experiences from the same field. Real stories in an interactive platform that will inform, encourage and inspire.

Engaging Men Webinar Series: Why Men's Health? - You are invited to the first in a series of webinars focused on Engaging Men. The Why Men's Health? webinar takes place on the 29th April from 12.00 – 13.00

Grow it Forward Initiative - GIY, in partnership with Healthy Ireland and public libraries will distribute 50,000 free food growing kits as part of a new 'Grow it Forward' initiative. You can claim your free seed pack by contacting your local library.



Stress Control - As the HSCNI or HSE can't deliver our Stress Control classes in the community just now, Dr Jim White will, instead, live-stream the classes until June, free-of-charge.

Suicide Prevention Skills Online Training – START training is an introduction to suicide prevention training and a precursor to safeTalk and ASIST training. This training is for over 18s and is free of charge.

Frásaí na Coicíse

Dia dhiabh gach éinne!

It's time to show some Insta support, as Gaeilge! Ever wanted to respond to those great photos / memes / posts? Well now you can, in a super positive way, all as Gaeilge! Here are a few to get you on your way:

- Go hálainn (Gorgeous)
- Gleoite (Cute)
- Cailín álainn (Beautiful gal)
- Meas bro (Respect bro)
- Bain taitneamh as (enjoy)
- Tá cuma aoibhinn ort (you look great)
- Spéirbhean (Stunning gal)
- Comhghairdeachas (congrats)
- Tá sé tuillte agat (you deserve it)
- An-te (smokin' hot!)

Bain taitneamh as!
Michele Uí Bhuachalla
Oifigeach Gaeilge

Lucan Sarsfields GAA Club Lotto Jackpot €5800. There was no winner of the Club Lotto held on 8 April 2021 sponsored Feargal McCarthy Ltd. Painter and Decorator. The numbers drawn were **3, 5, 6, 8.**



Lucky Dip winners of €30 each:

Lorraine Byrne, Peter Somers, Clodagh & Donal Brady, Nuala Geraghty, and Columba Elliot.

The Jackpot for the next draw, to be held on Thursday 15th April, is €5800, and is sponsored by Lucan Village Pharmacy. The draw will be held behind closed doors at 9pm and live streamed on our Facebook page. Tickets can be purchased via the website, Clubforce APP or online at the following link:

<http://bit.ly/LucanSarsfieldsClubLotto>.

Thank You for supporting Lucan Sarsfields GAA Club.



Fáilte chuig an Nuachtlitir is déanaí de chuid Na Gaeil Óga, áit a gheobhaidh tú an t-eolas is déanaí faoi gach rud atá ag tarlú inár bpobal bríomhar.

Grúpa Tuistí & Leanaí

Beidh an grúpa tuistí & leanaí ag bualadh le chéile arís ar an Aoine, 16 Aibreán ar 2 p.m. leis an dtéama 'Foinsí tacaíochta, áiseanna & achmhainní úsáideacha' a phlé. Fáilte roimh bail nua i gconaí, cuir scéala chuig Michéal ar +353 85 786 7929.

The parent & baby group will be meeting again on Friday, April 16th at 2 p.m. to discuss the theme of 'Support sources, facilities and useful resources'. New members are always welcome. If interested please contact Michéal on +353 85 786 7929.

Cara Comhrá

Beidh tús á chur le scéim nua 'Cara Comhrá' go luath - buddy scheme nua chun cabhrú le daoine atá ag iarraidh Gaeilge a fhoghlaim ach atá gann s teagmháil le Daithí ar 0833058326.

A new conversational buddy scheme will be starting soon to help anyone who is learning Irish but lacks confidence. We have over 25 people registered so far and more spaces are available for anyone who is interested. If interested send Daithí a message on 0833058326.

Cóitseáil 101

Beidh tús á chur go luath le cúrsa a chuirfidh béim ar an dtéarmaíocht atá de dhíth le bheith ag cóitseáil. Tosnóidh sé i mí Bealtaine agus mairfidh sé ar feadh 8 seachtaine. Má tá suim agat clárú don chúrsa déan teagmháil le Ciara ar 0830723566.

A new course starting in May for 8 weeks will focus on the Irish terminology and phrases required for GAA coaching. If you are interested in registering for the course please contact Ciara by text on 0830723566.

Spraí le Chéile

Mar is eol daoibh, ón 12 Aibreán, tá cead ag teaghlaigh bualadh le teaghlach amháin eile taobh amuigh. Tuigimid go raibh tréimhse an-deacair ag go leor páistí le cúpla mí anuas agus gan cead acu bualadh lena gcuid cairde. Chun cabhrú leo tús a chur leis an sóisialú arís tá scéim nua darbh ainm 'Spraí le Chéile' á sheoladh ag an gcumann chun gur féidir le páistí bualadh le chéile i mbeirteanna taobh amuigh agus spraoi lena chéile. Má tá spéis agat déan teagmháil le Daithí ar 0833058326

As you all know, from the 12th April, two households are allowed to meet up outside. Obviously the last few months have been very difficult for a lot of children and their families. To help the children in their return to socialising we are launching a new scheme called 'Spraí le Chéile' which will partner children with other children of a similar age & location, enabling them to meet up and play together outside. If interested send Daithí a message on 0833058326.

Lucan Library

Autism 101 Presented by Lisa Domican, CEO and Founder of Graceapp.

Thursday 29th April at 11.00 am.

Booking via Eventbrite.

A short, to the point, helpful course helping someone with Autism.

About this Event:

This event is brought to you as part of South Dublin Libraries Toys, Technology & Training (TTT) Programme and is supported by the Social Inclusion Unit. Further information on South Dublin TTT Programme can be found via the following link:

<https://www.sdcc.ie/en/services/sport-and-recreation/libraries/library-projects/>

The training course will cover:

- What is Autism?
- Flags for Autism
- Autism as a Sensory Disability
- Techniques that help
- Using Visual Supports
- Motivation and Reinforcement
- Inappropriate Behaviour
- Social Services

When you attend this course, you will learn what autism is (according to the Mother of two young adults with Autism) and how it affects their children or students in the learning environment. You will learn ways to help support your pupils to attend, to organise and to communicate when they need help utilising simple and affordable techniques such as picture schedules, token rewards, and visual aids.

Please Note: A valid address is required to register for this event as the Zoom links to the event will be emailed to the supplied address by the facilitator. One ticket per device, one device per household.

St. Mary's Camera Soirée

Pride of place this week must go to Rose's photograph of the grey heron, who normally can be seen on the river in the vicinity of the weir and well away from humans, standing on the dividing wall of houses at Weir View.

These photos are amongst the best that members of the group have taken over the past year. It is amazing that Rose was able to get anyway close to the bird but clearly the creature has become comfortable being near humans during lockdown.

As Rose said – “no need for a burglar alarm with this guy around!” Conor tells me that it is very difficult to tell the difference between a male and a female!





Apart from Rose's photo this week we had a number with beautiful blue skies that were wonderfully caught in the reflection of the river Liffey.

Some of our photographers were out in the early morning and captured nice misty scenes along the river bank.

The group longs for the rollout of the vaccines to the an extent that there will be a prospect of being able to meet outdoors during the summer, even in small groups, in accordance with whatever public health guidelines may be in force then. Of course, given recent developments, by the time you read this those of us who have been "half" vaccinated may find that we have to wait significantly longer to get the second dose.



*Until next week
stay safe!*